

2016 Camp Long Adventure Camps

Any young person has the opportunity to participate in “Adventure Camp”: Each excursion will engage minds, bodies and character through the physical activities, environmental curriculum, and teamwork related task. The purpose of these camps are to expose youth to fun outdoor activities, environmental topics, leadership and teamwork development. Come learn about the environment, meet students from different schools, and have some FUN!

What do Adventure Camps do?

At each specific Adventure Camp, you will try a new outdoor activity such as kayaking, rock climbing, Challenge Course and Tennis. You don’t need any special equipment to do our activities, and no experience necessary (except a FLOAT TEST pg.3). A free float test will be conducted during the week of orientation prior to Terra Aqua Camp. We will cover the cost and provide transportation to and from Camp Long to the aquatic center.

Dates	Camp Name	Location	Age	Times	Cost	Barcode
July 11-15	Terra Aqua	Camp Long	11-13	M-F 9AM - 5 PM	\$375	145036
Aug 15-18	Tennis Adventures A*	Camp Long - M & T Amy Yee - W & Th	11-14	M- Th 9 AM - 2 PM	\$300	145035
Aug 15-18	Tennis Adventures B*	Amy Yee - M & T Camp Long - W & Th	11-14	M- Th 9 AM - 2 PM	\$300	146537
Aug 29- Sept 2	Rock Climbing	Camp Long	11-13	M-F 9AM - 5 PM	\$375	148697
See detailed descriptions of Adventure Camps on the next page						

Have additional questions? Please feel free to contact Camp Long

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Terra Aqua-

Any young person has the opportunity to participate in “Terra Aqua Camp”: consisting of Challenge Course experiences, rock climbing, kayaking, and canoeing. Each excursion will engage minds, bodies and character through the physical activities, environmental curriculums, and teamwork related task. These activities will take place in the city of Seattle and certain recreation destinations less than 1 hour away. Terra Aqua Camp is located out of Camp Long. Each morning we meet at Camp Long around 9:00 AM until the day is over at 5:00 PM. For each day we have different adventure destination. We will explore all over the Seattle area for 5 consecutive days; Monday through Friday.

Tennis Adventures-

This is a Four day Tennis Camp. Two days of Challenge Course experiences at Camp Long Environmental Learning Center (5200 35th Ave. SW Seattle, WA 98126) and two days of Tennis related training and competition at Amy Yee Tennis Center (2000 Martin Luther King Jr. Way S. Seattle, WA 98144). Join us for a new kind of experiences in Seattle, WA. “Tennis Adventures” combines experiential education with the sportsmanship of tennis. Youth will build confidence, leadership skills, and solid friendships, while introducing use of two unique lifelong activities in this dynamic camp. The excitement included two days at the Camp Long Environmental Learning Center’s Challenge Course and two days at Amy Yee Tennis Center (AYTC).

Participants should be dropped off at the location they signed up for depending on either A or B session. Session A will start at Camp Long for the first two days then Amy Yee Tennis Center for the Wednesday Thursday of the week. Session B will start out at Amy Yee Tennis Center then onto the CLELCCC for the Wednesday and Thursday. The Challenge Course experiences include a day of low course activities and one day on our high course element (Mt. Challenger). The 4-H Challenge Course at Camp Long is the newest course in the state, has one of the largest assortments of both low and high elements. The sequences of low course activities and high course activity day are tailored to reaffirm AYTC programming. Challenge Courses are a valuable youth development tool and are effective vehicles in lowering personal barriers, promoting reflection, and developing compassion for others. Challenge courses (aka ropes course) are specifically designed to challenge students emotionally, physically, and socially in group setting where activities are educationally framed and debriefed for student success and growth, not only in tennis but in everyday life decisions and experiences. The exposure to different low course activities will vary from Team A and B. The sequences of both activity days will be the same but the outcomes could be completely different depending on the accomplishments of the groups and individual inputs.

Rock Climbing-

Any young person has the opportunity to participate in “Rock Climbing Camp”: consisting of Challenge Course experiences Low and High, rock climbing, at Schurman Rock– located at Camp Long, the Mountaineers Club, Seattle Bouldering Project, and the trestle at Exit 38 in Oallie State park in North Bend. Rock Climbing Camp is located out of Camp Long. Each morning we meet at Camp Long around 9AM until the day is over at 5:00 PM. We will explore the Seattle area for 5 consecutive days; Monday through Friday