



CLASSES, ACTIVITIES, CAMPS, SPECIAL EVENTS, AND MORE!
SOUTHEAST COMMUNITY CENTERS
SPRING/SUMMER 2016

**COMMUNITY
CENTERS**

GARFIELD
INTERNATIONAL
DISTRICT/
CHINATOWN
JEFFERSON
RAINIER
RAINIER BEACH
VAN ASSELT

POOLS

RAINIER BEACH

REGISTER
SPRING: 3/8
SUMMER: 5/24

EXPLORE MORE!

register online:
seattle.gov/parks



Dear Neighbor,

Summer is one of the best times for parks and recreation. Our beaches are dotted with volleyball players and sand castles, our lawns are full of picnic blankets and laughing children and our pools are inundated with swimming kids and seasoned divers. For those reasons, summer is also one of our busiest times of the year.

Due to unprecedented high temperatures and beach attendance in 2015, we'll be opening two swimming beaches early this year. Madrona Beach and East Green Lake Beach will open on May 28, weather permitting, while all other beaches will open for the season on June 25.

2016 is also the first year that the department will start collecting property tax through the Seattle Park District. Seattle Parks and Recreation will collect \$47 million annually to support programs and initiatives.

For 2016, some Park District highlights include:

- » **Programs for People:** More staffing and services at community centers, teen programs, lifelong recreation programs and special populations programs that began in 2015.
- » **Fix it First:** \$25 million to reduce our major maintenance backlog and restore our urban forests.
- » **Maintaining Parks and Facilities:** Increased park maintenance and preventative maintenance.
- » **Building for the Future:** Planning and development for five of the 14 park sites acquired and "land-banked" with 2008 Levy funds.

We appreciate your support of Seattle Parks and Recreation throughout the year. I look forward to seeing you exploring our parks this season and hope to do some exploring of my own. Follow me at @SPRSupt on Twitter to watch my summer unfold and share your adventures with me!

Sincerely,
Jesús Aguirre, *Superintendent*

REGISTER
SPRING: 3/8
SUMMER: 5/24

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

Thank you for your continued support of Seattle Parks and Recreation.



BEST CHOICE

Stop by your local recreation center to register for programs and meet the staff. Take a peek at the recreation center and the program space. Staff welcomes face-to-face interaction! *Please note hours of operation, as they vary across community centers.*



FIRST CHOICE

Online registration using the SPARC system by going to seattle.gov/parks and clicking on SPARC. Please note that you will need to set up an account prior to having access to the online SPARC system. This may take up to a week to process. We do our best to set up accounts for registration within 48 hours.



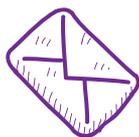
SECOND CHOICE

Call your local recreation center during our hours of operation at the phone number listed at: seattle.gov/parks/centers.asp. All staff can assist you with registration during their operating hours listed on their home page linked from the above web address.



THIRD CHOICE

Register by phone with our Business Service Center at 206-684-5177. The Business Service Center is open Monday through Friday between 8:30 am and 6 pm. Questions may be emailed to ParksBSC@seattle.gov.



FOURTH CHOICE

Mail in or drop off registration requests with payments and/or required forms to your local community center. For the address of your local community center, please visit: seattle.gov/parks/centers.asp.

IN THIS BROCHURE:

10
NEW PROGRAMS

94
FREE PROGRAMS

WE ALSO HAVE YOUR FAVORITE DANCE, TENNIS, POTTERY, BASKETBALL, KARATE, ART, SOCCER, YOGA, AND PIANO CLASSES AND SO MUCH MORE AT YOUR LOCAL COMMUNITY CENTER!

INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the following Assistant Recreation Coordinators with your programming idea(s) for Southeast Seattle.

Staci Doan: staci.doan@seattle.gov

Britt Lord-Jacobsen: britt.lord-jacobsen@seattle.gov

Tia Scott: tianna.scott@seattle.gov

LaShawn Street: lashawn.street@seattle.gov

Classes are scheduled approximately six months in advance.



CITY WIDE ATHLETICS	13-14
DROP IN	9-12
SPECIAL EVENTS	6-8
POOLS	44-45
PRESCHOOL	15-16
GENERAL INFORMATION	47
RENTAL INFORMATION	46
SCHOOL AGE CARE	17-19
TEEN PROGRAMS	20-28

GARFIELD	29-31
Tots	29
Youth	29
Teen	23
Adults	29

INTERNATIONAL DISTRICT	32-33
Tots	32
Youth	32
Teen	23
Adult	33

JEFFERSON	34-27
Youth	34
Teen	24
Adult	35

RAINIER	36-39
Tots	36
Youth	37
Teen	25
Adult	39

RAINIER BEACH	40-42
Multi-Generational	40
Youth	41
Teen	37
Adult	42

VAN ASSELT	43
Youth/Adult	43
Teen	28

GARFIELD CC

2323 E. Cherry St. / Seattle, WA 98122
PH: 206-684-4788 **Fax:** 206-684-4380

HOURS

Mon-Fri 10 a.m.-9 p.m.
 Saturday 10 a.m.-5 p.m.
 Sunday (Closed In Summer) Noon-5 p.m.

GARFIELD TEEN LIFE CENTER

428 23rd Ave. / Seattle, WA 98122
PH: 206-684-4550 **Fax:** 206-684-4324

SPRING/SUMMER HOURS

Mon-Thu 2:30-8 p.m.
 Friday Noon-7 p.m.
 Sunday Closed

LATE NIGHT (FOR AGES 13-19 ONLY)

Fri/Sat 7 p.m.-Midnight

ID/CHINATOWN CC

719 8th Ave. S. / Seattle, WA 98104
PH: 206-233-0042 **Fax:** 206-233-5036

SPRING/SUMMER HOURS**FLOOR CLOSURE 8/27-9/5**

Mon/Fri 11 a.m.-9 p.m.
 Tuesday 3-6 p.m.
 Wednesday Noon-9 p.m.
 Thursday 11 a.m.-2 p.m.
 Sat/Sun Closed

JEFFERSON CC

3801 Beacon Ave. S. / Seattle, WA 98108
PH: 206-684-7481 **Fax:** 206-684-7483

SPRING/SUMMER HOURS

Mon-Fri 9 a.m.-9 p.m.
 Saturday (5/21) 9 a.m.-5 p.m.
 Sunday Closed

GREAT NIGHT

Ages 19 and Older
 Saturday 7 p.m.-Midnight

RAINIER CC

4600 38th Ave. S. / Seattle, WA 98118
PH: 206-386-1919 **Fax:** 206-386-1904

SPRING/SUMMER HOURS

Mon/Wed 9 a.m.-9 p.m.
 T/Th 10 a.m.-9 p.m.
 Friday 9 a.m.-6 p.m.
 Saturday 9 a.m.-5 p.m.
 Sunday (available for rent) Closed

LATE NIGHT PROGRAM

Ages 13-19
 Fri/Sat 7 p.m.-Midnight

RAINIER BEACH CC

8825 Rainier Ave. S. / Seattle, WA 98118
PH: 206-386-1925 **Fax:** 206-386-1510

SPRING/SUMMER HOURS

Mon-Thu 10 a.m.-9 p.m.
 Friday 10 a.m.-7 p.m.
 Saturday 8:30 a.m.-7 p.m.
 Sunday 9 a.m.-6:30 p.m.

LATE NIGHT PROGRAM

Ages 13-19
 Fri & Sat 7 p.m.-Midnight

VAN ASSELT CC

2820 S. Myrtle St. / Seattle, WA 98108
PH: 206-386-1921 **Fax:** 206-386-1894

SPRING/SUMMER HOURS

Mon-Fri 3-8 p.m.
 Sat/Sun Closed

LATE NIGHT PROGRAM

Ages 13-19
 Saturday 7 p.m.-Midnight

MEDGAR EVERS POOL

500 23rd Ave / Seattle, WA 98122
PH: 206-684-4766

RAINIER BEACH POOL

8825 Rainier Ave. S. / Seattle, WA 98118
PH: 206-386-1925 **Fax:** 206-386-1510

CLOSURES

5/30 Memorial Day
 7/4 Independence Day
 9/5 Labor Day

PARKS MANAGEMENT

Jesús Aguirre, Superintendent
 Christopher Williams, Deputy Superintendent
 Kelly Guy, Recreation Director
 Katie Gray, Deputy Recreation Director
 Kathy Whitman, Aquatics Manager
 TBA, Recreation Manager

COORDINATORS

Andre Franklin, Garfield CC
 Lori Van Norman, IDCCC
 Doreen Deaver, Jefferson CC
 Darin Olsen, Rainier CC
 Martha Winther, Rainier Beach CC
 TBA, Van Asselt CC

ASSISTANT COORDINATORS

Staci Doan,
staci.doan@seattle.gov
 Britt Lord-Jacobsen,
britt.lord-jacobsen@seattle.gov
 Tianna Scott,
tianna.scott@seattle.gov
 LaShawn Street,
lashawn.street@seattle.gov

ASSOCIATED RECREATION COUNCIL

 For 40 years, the Associated Recreation Council (ARC) has provided recreation, lifelong learning programs and community-driven leadership in partnership with Seattle Parks and Recreation. With a goal of providing equitable access to citywide programs for Seattle residents of all ages, ARC works through 37 volunteer Advisory Councils to fulfill its mission of "building community through citizen engagement and participation in recreation and lifelong learning programs." ARC is a 501c3 nonprofit organization. For more information, go to www.arcseattle.org.

DISCLAIMER NOTE

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

- 1) GARFIELD CC
- 2) INTERNATIONAL DISTRICT/CHINATOWN CC
- 3) JEFFERSON CC
- 4) RAINIER CC
- 5) RAINIER BEACH CC
- 6) VAN ASSELT CC



EXPLORE THE WILD SIDE OF SEATTLE THROUGH YOUR ENVIRONMENTAL LEARNING CENTERS!



Many Seattle parks now have programs for adults and families focusing on the natural and cultural history of Puget Sound and your role in that history. Contact an environmental learning center to learn more about these unique programs.

DISCOVERY PARK

206-386-4236
 3801 Discovery Park Blvd.
discover@seattle.gov
 » located 5 miles northwest of downtown Seattle
 » 8 miles of trails
 » ponds, saltwater beaches, forests, and meadows

CAMP LONG

206-684-7434
 5200 35th Ave SW
camplong@seattle.gov
 » located in West Seattle
 » 68-acre forested park with hiking trails
 » climbing rock with instructors
 » rustic cabins for rent
 » wetlands loaded with frogs and salamanders
 » campfire programs

CARKEEK PARK

206-684-0877
 950 NW Carkeek Park Road
carkeek.park@seattle.gov
 » located in North Seattle
 » roam the trails
 » play at the playground
 » explore the historic Piper's Orchard



Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at www.seattle.gov/parks. Click on the Environmental Learning link.

↘ RECURRING EVENTS

FREE TAX PREP

FREE!

United Way is offering free tax preparation services in locations throughout the county, including Rainier Beach Community Center from January 14-April 18. Come prepared with your Social Security Card, Photo ID, and your tax documents (W2s, 1099 forms, Social Security documents, etc.). You can also bring your bank account information, only if you would like your refund directly deposited into your account (recommended). Lastly, bring a copy of your tax return from last year. United Way Tax volunteers can also prepare back taxes for up to three years. Along with all this, tax volunteers are trained to connect clients to public benefits, health care, and other financial services.

For more information, please visit www.uwkc.org/taxhelp or call 2-1-1.

Location: Rainier Beach CC

Wed 5-7:30 p.m.
Sat 10 a.m.-1:30 p.m.
Sun 11 a.m.-2:30 p.m.

Location: Rainier CC

Tue-Thu 5:30-8:30 p.m.
Wed 10 a.m.-1 p.m. and 5:30-8:30 p.m.
Sat 11 a.m.-3 p.m.

COMMUNITY KITCHEN

FREE!

All Ages

International District/Chinatown Community Center will host Community Kitchens once a month for lunch through a partnership with International Community Health Service. Please call 206-233-0042 for more information.

Location: IDCCC

3/24 Thu 11 a.m.-1 p.m.
4/28 Thu 11 a.m.-1 p.m.
5/26 Thu 11 a.m.-1 p.m.
6/23 Thu 11 a.m.-1 p.m.

ART IN THE PARK

All Ages

Art in the Park activities will be held weekly in the International District/Chinatown Children's Park during the summer season. Call for date and time 206-233-0042.

Location: IDCCC

CSI BEES SEATTLE

WILDBEESENSE BIODIVERSITY PROJECT

FREE!

Ages 8 and Up

Citizen Science Initiative for Bees! The foundation of food ecology as we know it relies upon pollinators and the valuable pollination services they provide. Join Elias Bloom, a WSU pollinator entomologist, in our citizen science initiative that explores the relationship between plants, pollinators, and the tools we can use to save these precious organisms. Class attendees will receive a free guide on how to identify and observe wild bees, hands-on instruction in pollinator identification and monitoring, and the skills necessary to join a growing network of bee observers that seek to conserve and restore bees in Washington State. Citizen scientists will be connected to the project leader, Elias Bloom, through our online forum which allows the citizen scientist to report their findings. This course is our flagship citizen science class which seeks to connect, empower, and inform all people through science-based community action! Youth under 14 should participate with an parent. Please register to reserve your spot. Max. 15

Instructor: Elias Bloom

Location: Garfield CC

5/21 Sat 1-3:30 p.m.

Location: Rainier Beach CC

5/28 Sat 9 a.m.-11:30 a.m.

Location: Van Asselt CC

7/8 Fri 5-7:30 p.m.

JEFFERSON COMMUNITY CENTER SUMMER OUTDOOR MOVIE NIGHT

All Ages

Jefferson Community Center invites you to enjoy family-friendly outdoor movies Friday nights in Jefferson Park. Bring your blankets and chairs, movies begin at dusk.

Movies are subject to change.

Location: Jefferson CC

7/8 The Princess Bride
7/22 Labyrinth
8/5 Muppet Movie
8/19 Despicable Me
9/2 Despicable Me 2

BACKYARD BARTER MEET-UP

All Ages

Calling all food, Garden and Craft DIY people do you have extra homegrown, handmade or craft items? things like Preserves, pickles, baked goods or amazing stuff? come Barter with us! this no cash event is fun to watch, but better if you can come with handmade items to trade! Sign up and set up 3-3:45 p.m. Trading starts at 4 p.m.

Location: Garfield CC

Date TBA

Sat 3-5 p.m.

FREE!

➤ SPECIAL EVENTS

PANCAKE BREAKFAST AT THE BEACH

Come join the Rainier Beach Community Center and its advisory council for its Annual Pancake Breakfast at the Beach! Join us for some delicious pancakes, turkey sausage, and beverages while mingling with members of your Rainier Beach community. Tickets will be sold in advance and at the door. All proceeds will go to support the Rainier Beach Advisory Council in its efforts to provide families with scholarships to participate in Rainier Beach Community Center programs.

Location: Rainier Beach CC

2/27 10 a.m.-1 p.m.

Adults (16-64)	\$5
Youth/Seniors (3-15/65+)	\$3
Families (5+)	\$20
2 years & under	Free

➤ MARCH 2016

FLASHLIGHT EGG HUNT

Ages 12-18

Looking for a new twist on an egg hunt? Try finding the loot in the dark. Bring a flashlight and a bag, but don't be late, because the hunt goes quick. Meet in the gym. Rain or shine, we will be outside, so dress for the weather.

Location: Van Asselt CC

3/25 Fri 7 p.m.

Location: Jefferson CC

3/25 Fri 8 p.m.

THE BEACH EGG-STRAVAGANZA

Ages 2-10

Bring your bag or basket to hold your goodies. Arrive at the Rainier Beach Community Center Gym by 9:45 a.m. to grab your spot! Don't miss out on this EGGstordinary event. Join us after the egg hunt for more fun-filled activities. This event is co-sponsored by the Seattle International Dream Center.

Location: Rainier Beach CC

3/26 Sat 10 a.m. sharp!!!

SPRING EGG HUNT

Ages 10 and Under

Join your neighbors for the quickest special event of the year; the Spring Candy and Egg Hunt! Plan enough time to park and find your age group's hunt area. This event runs rain or shine. Make sure to bring a basket or bag to put all of your goodies in! We will also be collecting non-perishable food items for the local food bank. Volunteers needed.

Location: Van Asselt CC

3/26 Sat 10 a.m. sharp!

SPRING EGG HUNT

Ages 11 and under

Come run around and hunt for eggs and possibly other activities; check with center for more details.

Location: Jefferson CC

3/26 Sat 10 a.m. sharp!

Location: Rainier CC

3/26 Sat 10 a.m. sharp!

SPRING EGG HUNT

Join the fun, collaboration with Garfield, Montlake, Miller and Yesler Community Center, big fun for all at our annual egg hunt! The egg hunt begins at 10 a.m. sharp. Bring your own bag/basket. Donations gladly accepted.

Location: Cal Anderson Park

3/26 Sat 10 a.m. sharp!

➤ APRIL 2016

SPRING FAMILY NIGHT

All Ages

Join us for games, crafts, and treats. Children, teens, parents, and grandparents are all welcome to attend this fun event. We'll have fun activities for everyone.

Location: IDCCC

4/15 Fri 6-8 p.m. \$1

AARP – SCAM JAM WORKSHOP

Ages 18 and Older

Find out about today's leading scams that are tearing through the nation. Plus hear some tips learned straight from the con artists themselves about who they target and why. The event is free of charge.

Location: Rainier Beach CC

4/27 10 a.m.-Noon

SCHOLARSHIP INFORMATION AND APPROVAL EVENT

Ages 18 and Older

Here is your chance to learn about scholarship process, apply and get approval all in one hour! Our scholarship staff will be on hand to assist you through the steps from start to finish. Bring your most recent 1040 or SSI paperwork and picture ID.

Location: Garfield CC

4/12 Tue 11 a.m.-Noon

YOUTH EMPLOYMENT, EDUCATION AND CAREER FAIR

Ages 16-24

Come prepared or not to this event to find a summer job, create a resume, talk to professional and get resources for your future.

Location: Garfield CC

4/12 Tue 1:30-4:30 p.m.

➤ MAY 2016

ANNUAL MOTHERS DAY EVENT

FREE!

All Ages

This yearly event is designed to bring the Community together and pay tribute to those special woman who have been instrumental in our lives. The event will feature food, live entertainment, a raffle and Mother's Day affirmations. Volunteers hours and vendors booths available contact for more Information call 206-684-4788.

Location: Garfield CC

5/7 Sat 1-3 p.m.

➤ JUNE 2016

BEACON HILL FESTIVAL

All Ages

The Jefferson Community Center is hosting the 24th Annual Beacon Hill Festival! The event will feature a range of entertainment, local food, carnival games, bounce toys, and silent auction. All proceeds of the event go to support the Jefferson Advisory Council in its efforts to provide scholarships for families to participate in programs at Jefferson Community Center. Don't miss out; bring the entire family to this fun event!

6/4 Sat 11 a.m.-4 p.m.

Business/Commercial/Merchandise Booth: \$65

School/Non-Profit Booth: \$35

Arts and Crafts Booth: \$40 (art must be handmade)

Late Registration Fee: \$10 after 5/23.

FATHER/DAUGHTER DANCE

Ages 5 and Up

Fathers, mentors, etc., join us at Rainier Community Center for our second annual "Father Daughter Dance", Mardi Gras style! Come join the fun! There'll be food, dancing, games, music, and much more! You don't want to miss this! We encourage you to purchase your tickets now!

Location: Rainier CC

6/12 Sunday 5-8 p.m.

Father + 1 Daughter \$30, 2 Daughters \$50, 3+ Daughters \$60

ANNUAL FATHERS DAY EVENT

FREE!

All Ages

This event is designed to bring the community together and pay tribute to the special men who have been instrumental in our lives and of their children. The event features food, live entertainment, a raffle, and Father's Day Affirmation as well as an award ceremony.

Location: Garfield CC

6/18 Sat 1-3 p.m.

➤ JULY 2016

RAINIER BEACH MUSIC AND ARTS FEST

FREE!

(FORMALLY ART WALK RAINIER BEACH)

All Ages

Come join our annual festival to celebrate our beautiful and vibrant community and highlight the Rainier Beach business district. This FREE community event showcases local and regional musicians, artists, and dancers. For more information, please contact Maia Segura at 206-898-7090, log on to artwalkrainierbeach.com or [facebook.com/ArtWalkRB](https://www.facebook.com/ArtWalkRB).

Location: Rainier Beach CC

7/23 10 a.m.-6 p.m.

➤ AUGUST 2016

NEIGHBORHOOD NIGHT OUT

FREE!

All Ages

Join us Tuesday, August 2nd from 5:30-8 p.m. for our Neighborhood Night Out event. Meet your neighbors, have some fun, and talk about ways to keep our wonderful neighborhood safe! We'll have free BBQ, games, speakers, performances, bounce houses for the kids, a DJ playing music, giveaways, and more!

Location: Rainier CC

8/2 Tue 5:30-8 p.m.

NATIONAL NIGHT OUT

FREE!

All Ages

Come on down to the International District/Chinatown and participate in National Night Out. Call IDCCC at 206-233-0042 for more information.

Location: IDCCC

8/2 Tue

NATIONAL NIGHT OUT

FREE!

All Ages

Come on down to the Garfield Community Campus (Pool, Teen Center and Community Center) and participate in National Night Out. Call Garfield at 206-684-4788 for more information.

Location: Garfield CC

8/2 Tue

All drop-in programs require a fee of \$3 (Adults) or \$2 (ages 65+), unless otherwise noted. Drop-in activities are subject to change, based on community center activities. Call center within 48 hours prior to verify daily schedule. **Save today with a Quick Card.** **No program 5/30, 7/4, and 9/5.**

TODDLER GYM PLAY TIME

Walkers-Age 5

Play in the Bounce House, ride tricycles, play house, or blocks, and have fun on the slide as toddlers go wild at Toddler Open Gym. Participants will have the opportunity to play with other youth, develop motor skills, and have non-stop fun during this exciting drop-in session. (Parents must accompany their child at all times).

\$3 per child. We now have Quick Cards. Stop by and we'll explain the ways to save!

GARFIELD COMMUNITY CENTER (ENDS 6/24)

M/W/F 10 a.m.-1 p.m.

JEFFERSON COMMUNITY CENTER (ENDS 6/9)

Tue/Thu 10 a.m.-2 p.m.

RAINIER COMMUNITY CENTER (ENDS 6/10)

Wed/Sat 10 a.m.-1 p.m.
Friday 10 a.m.-2 p.m.

RAINIER BEACH COMMUNITY CENTER (ENDS 6/10)

Mon/Fri 10 a.m.-1 p.m.



PLAYSPACE ROOM

Ages 1-5

Our new Playspace Room is a smaller version of our Toddler gym. We have turned our Childcare room into a fun area for toddlers to explore books, musical instruments, trains, trucks, balls and more! Parents or guardians must be with your child at all times but this is a great place for parents to enjoy meeting other families and children while getting out of the house or out of the Rain! **Ends 6/24.**

Location: Garfield CC

Mon-Fri 10 a.m.-8:30 p.m. \$3

Sat/ Sun Noon-5 p.m. \$3

(However this may vary if we have a rental.

Please Call 206-684-4788)

SAVE SOME CHANGE! WITH OUR DISCOUNT QUICK CARD – NEW OPTIONS AVAILABLE!

QUICK CARD IS A PREPAID DISCOUNT ADMISSION CARD THAT PROVIDES ACCESS TO MANY RECREATIONAL CHOICES AT SEATTLE PARKS AND RECREATION.

To purchase a discount quick card, visit any center. A photo is taken at the time of purchase. Cards are issued to individuals and are not transferable.



TODDLER PLAY 10 ADMISSIONS: \$24

DROP-IN GYM 10 ADMISSIONS: \$27 (Adults), \$18 (Seniors)

FITNESS ROOM 10 ADMISSIONS: \$27 (Adults), \$18 (Seniors)

PUNCH CARD 30 DAY UNLIMITED: \$20 (Adults), \$13 (Seniors)

Contact your community center for more information.

SUMMER FOOD SERVICE AND EXPANDED RECREATION PROGRAMS FREE PROGRAMMING AND MEALS FOR SEATTLE'S YOUTH!

WHAT'S AVAILABLE?

DROP-IN PROGRAMS FOR KIDS AND TEENS, AGES 5-14!
ACTIVITIES MAY INCLUDE ARTS AND CRAFTS, BOARD GAMES, ORGANIZED RECREATIONAL GAMES AND SPORTS.

- » Tentatively 6/29-8/26 (Monday-Friday, Rain or Shine)
- » 10 a.m.-4 p.m.

LUNCH AND SNACK FOR CHILDREN AGES 0-18!

- » Lunch: Noon-1 p.m.
- » Snack: 3-3:30 p.m.

LOCATIONS

DROP-IN PROGRAMS AND MEALS:

- » Othello Playground: 4351 S Othello St
- » Maplewood Playfield: 4801 Corson Avenue S
- » Judkins Playground: 2150 S Norman St
- » Pratt Park: 1800 S Main St
- » Lakeridge Playground: 10145 Rainier Ave S
- » Little Brook Park: 140th and 32nd Avenue NE
- » Highland Park: 1100 SW Cloverdale St
- » Georgetown Park: 750 S Homer St
- » North Acres Park: 12718 1st Avenue NE
- » Beacon Hill Playground: 1902 13th Avenue S
- » Beer Sheva Park: 8650 55th Avenue S
- » Brighton Playground: 6000 39th Avenue S
- » Peppi's Playground: 3233 E Spruce St
- » EC Hughes Playground: 7907 30th Avenue SW
- » Powell Barnett: 352 MLK Jr Way
- » Cal Anderson: 1635 11th Avenue
- » Roxhill: 2850 SW Roxbury St

MEAL ONLY:

- » Sandel Park: 9053 1st Avenue NW
Lunch ONLY Noon-1 p.m.
- » Yesler CC: 917 E Yesler Way
Lunch Noon-1 p.m.
- » Van Asselt: 2820 S Myrtle St
Breakfast 8-9 a.m., Lunch Noon-1 p.m.
- » IDCC: 701 8th Avenue S
Lunch ONLY Noon-1 p.m.

Locations and times are subject to change



All drop-in programs require a fee of \$3 (Adults) or \$2 (ages 65+), unless otherwise noted. Drop-in activities are subject to change, based on community center activities. Call center within 48 hours prior to verify daily schedule. **Save today with a Quick Card.**
No program 5/30, 7/4, and 9/5.

CENTRAL AREA READING CLUB

FREE!

Mature Teen – or 18 and Older

Books are the Foundation of Knowledge – come join Facilitators Reverend Harriett Walden & Erik Stark of the The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical and African American topics. For more information Call 206-380-1710.

Location: Garfield CC

1st and 3rd Tuesday of the Month

6-8 p.m.

NEW

SENIOR GAMES

FREE!

Ages 50 and Older

Come and enjoy Mah Jong and table tennis every Tuesday and Friday afternoon.

Location: IDCCC

Tue 3:30-5:30 p.m.

Fri 2:30-5:30 p.m.



YOUR ADVISORY COUNCIL

Most classes, workshops, sports and swim programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

JOIN US!

Citizen direction and participation is essential to our success. Monthly meetings are held to talk about programs, policies, and financial issues. Our advisory councils always are looking for new members. If you would like to get involved, please contact the facility staff for further information.

FITNESS ROOMS

Ages 18 and Older

GARFIELD FITNESS ROOM

No matter what your level of fitness, you can set and meet your goals in our friendly, non-intimidating fitness room. We are into fitness, not fashion - so put on that old pair of sweats grab your sneakers and join us. It's time for you to commit to get fit!

Mon-Fri 10 a.m.-9 p.m.

Sat 10 a.m.-5 p.m.

IDCCC FITNESS ROOM

Focus on your fitness. We have several cardio machines, a five-in-one weight machine, and hand weights to help you reach your goals. Cable TV allows you to catch your favorite show while you burn calories.

Mon/Fri 11 a.m.-9 p.m.

Tue 3-6 p.m.

Wed Noon-9 p.m.

Thu 11 a.m.-2 p.m.

RAINIER FITNESS ROOM

Find 30 minutes to work on cardio and strength training. We offer stationary bikes, ellipticals, treadmills, universal machines, and free weights.

Mon/Wed 9 a.m.-8:45 p.m.

Tue/Thu 10 a.m.-8:45 p.m.

Fri 9 a.m.-5:45 p.m.

Sat 9 a.m.-4:45 p.m.

RAINIER BEACH FITNESS ROOM

Take a little time to get a work out in our Fitness Room. We offer a variety of weight and cardio options to meet your fitness needs.

Sun 9 a.m.-6:15 p.m.

Mon-Thu 10 a.m.-8:45 p.m.

Fri 10 a.m.-6:45 p.m.

Sat 8:30 a.m.-6:45 p.m.

VAN ASSELT FITNESS ROOM

It might be small, but it can pack a wallop, from traditional cardio machines to free weight and other workouts!

M-F 3:30-7:30 p.m.

Stay tuned for teen workouts and women-only workouts!

All drop-in programs require a fee of \$3 (Adults) or \$2 (ages 65+), unless otherwise noted. Drop-in activities are subject to change, based on community center activities. Call center within 48 hours prior to verify daily schedule. **Save today with a Quick Card.**
No program 5/30, 7/4, and 9/5.

	GARFIELD	IDC/CC	JEFFERSON	RAINIER	RAINIER BEACH	VAN ASSELT
BADMINTON			T/F 6-8:45 p.m.			
BASKETBALL Ages 18 and under Free!	M/F 1:30-2:30 p.m. T/Th 10 a.m.-2 p.m. Sat 2-5 p.m. <i>Additional times vary call to confirm.</i>	TEEN Mon 3-5 p.m. Fri 3-8:45 p.m. FAMILY (kids under 12 + parent) Wed 3-5 p.m. ADULT M/F 11:30-1:15 p.m. Wed Noon-1:15 p.m.	M/F 2:30-4 p.m.	YOUTH M-F 2:30-5 p.m. ADULT Mon 10 a.m.-2:30 p.m., 7-9 p.m. T/Th/F 1-2:30 p.m. Wed 10 a.m.-2:30 p.m. Sat <i>Call for availability.</i>	YOUTH SPRING M/W/Th/F 2:30-4:30 p.m. SUMMER <i>Hours vary – call for availability.</i> ADULT Sunday call for availability, (206) 386-1925.	All Ages M/W 6-8 p.m. Tue 3-6 p.m.
COMPUTER LAB	8 PC computers Available for public Use Call 206-684-4788 for availability FREE	Open during operating hours FREE!		Hours vary depending on computer lab programs. Call for availability, (206) 386-1919. Normally open M-F Noon-7 p.m.	Varies based on lab programs. Call for availability. Normally open M-F, 1-7 p.m. Closed Tuesdays and weekends. We have FREE WiFi available anytime we are open	
DANCE	WEST AFRICAN DANCE Sat 2:30-3:30 \$15	LINE DANCING M/F 11-12:30 p.m. CHINESE DANCE Thu 11-12:30 p.m.	WORLD DANCE Mon 6:45-8:45 p.m. BALLROOM DANCING Wed 1-3 p.m.	CHICAGO STYLE STEPPIN 4th Sat of the month 2:30-4:30 p.m. \$12 MIXED FIT M/W 6-7 p.m. \$7		

All drop-in programs require a fee of \$3 (Adults) or \$2 (ages 65+), unless otherwise noted. Drop-in activities are subject to change, based on community center activities. Call center within 48 hours prior to verify daily schedule. **Save today with a Quick Card.**
No program 5/30, 7/4, and 9/5.

	GARFIELD	IDC/CC	JEFFERSON	RAINIER	RAINIER BEACH	VAN ASSELT
FITNESS		GENTLE YOGA Wed 3-4:15 p.m. KRIYA YOGA Thu 7:30-8:45 p.m.		MIXXED FIT® M/W 6-7 p.m.		
MARTIAL ARTS	YOUTH DEVELOPMENT TAEKWONDO Ages 5-18 M/W 6-7 p.m. <i>Free</i>	KUNG FU Tue 7-8 p.m. \$10 (adults) \$7 (youth)		CAPOEIRA Thu 7-8:30 p.m. \$9 ADULT TAI CHI Wed 3-3:45 p.m. Sat 9:30-10:15 a.m. \$3 KUNG FU EXERCISES W/F 9:15-10 a.m. \$2		AMERICAN KENPO T/Th 6-7:30 p.m. SELF-DEFENSE W/F 6-8 p.m. <i>FREE!</i>
PICKLEBALL		Mon 6-8:45 p.m.	Mon 9:45-12:15 p.m.	T/Th 10 a.m.-1 p.m.		SENIORS W/F 10 a.m.-Noon
TABLE TENNIS (PING PONG)		ADULT M/W/F 6-8:45 p.m. YOUTH Mon 3-5:30 p.m. Wed 4:30-6 p.m.		Available during operating hours.	Call for availability, (206) 386-1925.	M-F 4-8 p.m.
VOLLEYBALL	Sunday 1-4 p.m. (Spring only)	Wednesday 6:15-8:45 p.m.			Sunday Call for availability, (206) 386-1925.	

↘ SPRING YOUTH SPORTS

REGISTRATION BEGINS FEBRUARY 2, 2016
REGISTER ONLINE (SPARC) OR IN PERSON
AT YOUR COMMUNITY CENTER

Fee: \$35

BOYS VOLLEYBALL LEAGUE

Age Groups: 10-11, 12-13, and 14-17

(age as of August 31, 2015)

Minimum: 5 Boys per team

The Citywide Boys Volleyball League provides players the opportunity to develop and solidify fundamental skills, team play and sportsmanship. Players may sign up online or at their local community center. For registration materials please go to <http://www.seattle.gov/parks/Athletics.htm>. Practices take place at the community center or nearby school gym and begin as early as the first week of March. Games are played on Saturdays and begin April 18 and conclude on June 6th. PRACTICE TIMES VARY...CHECK WITH YOUR LOCAL CENTER FOR SPECIFIC DATES AND TIMES. If your local community center does not have enough kids or a coach to form a full team, you will be given the option of transferring to a nearby center's team if a spot is available or withdrawing with a full refund. Register early for your best chance of securing a spot on a team.

Teams will be forming at the following Community Centers:

Alki, Ballard, Bitter Lake, Delridge, Garfield, Green Lake, Hiawatha, High Point, Jefferson, Laurelhurst, Loyal Heights, Magnolia, Magnuson, Meadowbrook, Miller, Montlake, Northgate, Queen Anne, Rainier Beach, Ravenna-Eckstein, South Park, and Yesler.

TRACK AND FIELD (GIRLS AND BOYS)

Age Groups: 5-17 (Age is determined by birth year. For example: girls born in 2005 run against girls born in 2005)

Minimum: Approximately 10 kids

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Running events include the 50, 100, 200, 400, 800, and 1600 Meter races as well as the 400 Meter(4 X 100) Relay. Field events include Long Jump, Turbo Javelin, Softball Throw, and Shot Put. Runners register at their neighborhood community center and practices occur at their home track. Track meets will be held at Nathan Hale Stadium and West Seattle Stadium.

Track meets begin the week of April 21 and practices generally begin in late March.

Teams will be forming at Community Centers in NE, NW, Central, West, and South Seattle. If you need help finding a team call 684-7091.

Please consider volunteering as a coach or helping with recruitment of coaches.

Our low cost leagues can't operate without the dedication of our awesome coaches!

↘ FALL YOUTH SPORTS

REGISTRATION BEGINS MAY 19, 2016
REGISTER ONLINE (SPARC) OR IN PERSON
AT YOUR COMMUNITY CENTER

Fee: \$35

GIRLS VOLLEYBALL LEAGUE

Age Groups: 10-11, 12-13, and 14-17 (Age as of 8/31/16)

Minimum: 5 Girls per team

The Citywide Girls Volleyball League provides players the opportunity to develop and solidify fundamental skills, team play, and sportsmanship. Players may sign up online or at their local community center. For registration materials please go to <http://www.seattle.gov/parks/Athletics.htm>. Practices take place at the community center or nearby school gym and begin in early September. Games are played on weeknights and begin in mid-September and conclude with a weekend jamboree in mid-November. PRACTICE TIMES VARY...CHECK WITH YOUR LOCAL CENTER FOR SPECIFIC DATES AND TIMES. If your local community center does not have enough kids or a coach to form a full team, you will be given the option of transferring to a nearby center's team if a spot is available or withdrawing with a full refund. Register early for your best chance of securing a spot on a team.

Teams will be forming at the following Community Centers:

Alki, Ballard, Bitter Lake, Delridge, Garfield, Green Lake, Hiawatha, High Point, IDCCC, Jefferson, Laurelhurst, Loyal Heights, Magnolia, Magnuson, Meadowbrook, Miller, Montlake, Northgate, Queen Anne, Rainier, Rainier Beach, Ravenna-Eckstein, SWTLC, South Park, Van Asselt and Yesler.

YOUTH FLAG FOOTBALL LEAGUE (COED)

Age Groups: 6-7, 8-9, 10-11, 12-14

Minimum: 5 players per team

Players learn basic skills, team play, and sportsmanship in this citywide league. Players may sign up at their community center and are placed on teams. Games are played in accordance with NFL flag football rules and field dimensions. League play begins the last week in September and concludes in mid November. Teams practice at their local community center. **Teams will be forming in NE, NW, Central, South and West Seattle.**

YOUTH CROSS COUNTRY (GIRLS AND BOYS)

Age Group 8-17

Registration & more info: www.raincityflyers.com or (206-523-4233).

Practices begin in early September at Woodland Park. Dress for the weather.

YOUTH SUMMER SPORTS CAMPS

Our low cost and **FREE** sports camps offer a fun and positive experience for your child's inner athlete. We will divide kids into groups based on age/ability level, and have a great time working on age-appropriate fundamentals that will incorporate fun competitions, games, races and scrimmages. Our camps are designed for kids ranging from the very beginner to the seasoned athlete. All kids can expect to improve their skill level! Please bring a sack lunch, snacks, water bottle, sunscreen and dress appropriately for the weather (layers). Space is limited in these camps so register early. E-13 and signed concussion form due at registration and must be sent to the Youth Athletics office.

YOUTH SPORTS GENERAL INFORMATION

I WANT TO PLAY...HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) **you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.** Call for more information. For some sports (Track & Field, for example) all you need to do is go into your community center to get registered.
2. **Get registered!** (Paperwork is at community centers).
3. **Start practices and get ready for fun** honing your skills and competing against other neighborhood community centers!

If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

For full Citywide Youth Summer Sports Camps lineup see **Summer Camp Brochure** or go to www.seattle.gov/parks/athletics/youthsummer.htm

Register online at www.seattle.gov (using your SPARC account) beginning February 2, 2016 at Noon or at your neighborhood Community Center.

ADULT SPORTS AND ACTIVITIES

SEATTLE PARKS AND RECREATION IS OFFERING AFFORDABLE AND FUN ADULT SPORTS AND ACTIVITIES!
ENJOY BOWLING, ROLLER DERBY, WOMEN'S VOLLEYBALL, COED DODGEBALL, MEN'S BASKETBALL AND GET OUT AND GO GROUPS FOR FALL. MEET NEW FRIENDS, BOND WITH OLD FRIENDS AND GET MOVING TOGETHER!

GET MORE DETAILS AT
WWW.SEATTLE.GOV/PARKS/ATHLETICS
OR CALL 206 684-7092

LOVE THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

Our low-cost leagues can't operate without the dedication of our awesome coaches!

I WANT TO COACH... HOW DO I GET STARTED?

1. Talk to community center staff about applying for a coaching position.
2. Fill out a Volunteer Packet.
3. Work with community center staff to form your team rosters.
4. Request practice times and confirm that all kids are registered prior to the first practice.
5. Attend coaches meeting/training and get ready for a rewarding experience!

↘ SPRING 2016

PRESCHOOL PROGRAM

Seattle Parks operates half-day preschool programs in 12 neighborhood community centers. Our school-readiness program meets the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills to prepare children for success in school and in life. Classrooms are set up with safe and nurturing environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

- » For children ages 3-5 years
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
- » Children need to be fully potty trained (no diapers or pull-ups permitted)
- »

During the school year, our Preschool Programs are based on *The Creative Curriculum for Preschool* from [Teaching Strategies](#). Children attending at least three days a week will be observed and assessed using *The Creative Curriculum* developmental objectives.

Register NOW at your local community center!

A non-refundable \$25 deposit is required during registration, and the remaining monthly fees are due one week before the program start date.

IMPORTANT DATES*

Spring Break**	4/11/2016-4/15/2016
Memorial Day	5/30/2016
Last Day of Preschool	6/22/2016
Independence Day	7/4/2016

*Check with your local community center preschool for any additional closures.

**Jefferson Preschool will be operating during Spring Break.

CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

Ages	Days	Time	Price/month
JEFFERSON COMMUNITY CENTER			
3-4	T/Th	9 a.m.-Noon	\$195
	M/W/F	9 a.m.-Noon	\$291
	M-F	9 a.m.-Noon	\$426
4-5	T/Th	9 a.m.-Noon	\$195
	M/W/F	9 a.m.-Noon	\$291
	M-F	9 a.m.-Noon	\$426
3-5	T/Th	12:30 p.m.-3:30 p.m.	\$195
	M/W/F	12:30 p.m.-3:30 p.m.	\$291
	M-F	12:30 p.m.-3:30 p.m.	\$426

\$3/day multiplied by the number of days the 'class' meets per week sibling discount can be applied.

Details could be subject to change. Please contact your local community center if you have any other questions.

↘ FALL 2016

PRESCHOOL REGISTRATION IS OPEN NOW!

A non-refundable \$25 deposit is required during registration, and the balance of September fees is due August 1, 2016. The remaining monthly fees are due one week before the program start date. The 2016-17 fee schedule is listed below:

Ages	Days	Time	Price/month
JEFFERSON COMMUNITY CENTER			
3-4	T/Th	9 a.m.-Noon	\$207
	M/W/F	9 a.m.-Noon	\$310
	M-F	9 a.m.-Noon	\$457
4-5	T/Th	9 a.m.-Noon	\$207
	M/W/F	9 a.m.-Noon	\$310
	M-F	9 a.m.-Noon	\$457
3-5	T/Th	12:30 p.m.-3:30 p.m.	\$207
	M/W/F	12:30 p.m.-3:30 p.m.	\$310
	M-F	12:30 p.m.-3:30 p.m.	\$457

Times and prices may change. Please check with your local community center for details closer to the registration date.

Fee increases are based on an annual adjustment to ensure continued delivery of quality services. Monthly fees are inclusive of Seattle Public School (SPS) breaks and pre-scheduled all-day closures. There are no additional fees or separate registration for all-day camps during the SPS school-year.

↘ PRESCHOOL CAMPS

Preschool summer day camps meet the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills to prepare children for success in school and in life. Classrooms are set up with safe and nurturing environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

Preschool summer camps may be offered in weekly sessions for up to 8 weeks at certain locations. New themes each week! Visit <http://arcseattle.org/programs/programs-for-children-ages-3-5/break-camp/preschool-summer-break-camp-2016/> and/or check with your local community center for more information, including a detailed description of the various offerings.

DETAILS:

- » **Ages 3-5 years**
- » Low teacher-child ratio of 1:8
- » Staff is trained in Early-Childhood curriculum, CPR/First Aid, and safe food handling practices
- » Children need to be fully potty-trained (no diapers or pull-ups permitted)
- » Please speak with the program director regarding available food options. No refrigeration or microwave/oven will be available.
- » Sibling discount: \$15/week (\$12 for week of July 4)

REGISTRATION INFO:

- » Registration begins February 2. Register early, as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration & waiver forms PRIOR to the start of program, including the medical release form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration, a \$15 non-refundable deposit per week will be collected that is applied to the balance. The balance of the fee, for all weeks, is due TWO weeks prior to the registered week.

Please note: Summer Day Camp programs, activities and themes could be subject to change.



JEFFERSON COMMUNITY CENTER

Week	Monday-Friday 9 a.m.-12:30 p.m. \$131 per week
7/5-7/8*	LITTLE CHEFS
7/11-7/15	"TO INFINITY AND BEYOND"
7/18-7/22	SPORTS SPECTACULAR
7/25-7/29	THE QUEST
8/1-8/5	ADVENTURES AT SEA!
8/8-8/12	OOEY GOOEY SCIENCE
8/15-8/19	SUPERHEROES UNLEASHED
8/22-8/26	OUTDOOR ADVENTURES

*Short Week due to July 4: \$105

➤ SPRING 2016

BEFORE AND/OR AFTER SCHOOL PROGRAM AND DAY CAMPS AT A REASONABLE COST!

Do you want your child to have **fun, engaging opportunities that support continued learning and personal growth outside of school?** The focus of our program is to provide children with opportunities to develop socially, emotionally and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support and more.

- » For children 5 years through 12 years
- » We ensure quality and consistent care with qualified staff
- » We welcome all members of the community
- » A morning and afternoon snack will be provided
- » Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

Before	After	Number of Days
JEFFERSON COMMUNITY CENTER		
N/A	3-6 p.m.	5 days only
RAINIER COMMUNITY CENTER		
7-9 a.m.	3-6 p.m.	5 days only
RAINIER BEACH COMMUNITY CENTER		
7-9 a.m.	3-6 p.m.	5 days only
VAN ASSELT COMMUNITY CENTER		
7-9 a.m.	3-6 p.m.	3, 4, and 5 days

Details could be subject to change. Please contact your local community center if you have any other questions.

CHILD CARE HOTLINE: 206-684-4203

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 a.m. and as needed.

MONTHLY FEES

	5 Days/Wk	4 Days/Wk	3 Days/Wk
Before-School	\$230	\$207	\$196
After-School	\$320	\$288	\$272
Before & After	\$500	N/A	N/A

**A Sibling Discount is offered for all FULL TIME participants from a single family in School-Age Care Before and After-School programs. The 'per additional child/ per program month' discount is \$15 based on a 5-day-a-week registration.*

Register NOW at your local community center! A non-refundable \$25 deposit for each program (before and after-school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

IMPORTANT DATES*

Spring Break	4/11/2016-4/15/2016
Memorial Day	5/30/2016
Last Day of School	6/24/2016
Independence Day	7/4/2016

**Check with your local community center for any additional closures.*

SPRING BREAK CAMPS: (7 A.M.-6 P.M.)

4/11/2016-4/15/2016

FEES:

- » \$200/week or \$45/day at select sites
- » \$3/day sibling discount can be applied

EARLY DISMISSALS

6/1/2016: 2-HOUR EARLY DISMISSAL

FEES:

- » Before and After School Combo and After School only participants: No additional fee
- » Before School only participants: \$24/day (1 hour), \$30/day (2 hours)
- » Not currently enrolled: \$28/day (1 hour), \$35/day (2 hours)

Note: *Not all sites offer the camps mentioned above. Please check with your local community center for more details.*

TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS

Seattle Public Schools will transport children within the district's busing zones (see the Seattle school district web site for specific schools). If a child comes from outside the Seattle Schools' busing zones, or if a child will be coming from a private school, the family is responsible for transportation.

↘ 2016-2017 SCHOOL YEAR

FALL 2016 REGISTRATION BEGINS ON MAY 10, 2016!

Program days and times are under development in response to Seattle Public Schools' bell time changes and the change in class sizes. Program days will follow the 2016-17 Seattle Public Schools general calendar which typically operate Monday-Friday, excluding holidays. We thank you for your patience while we adjust our program offerings to meet the changes being implemented by Seattle Public Schools.

2016-2017 MONTHLY FEES BEFORE AND AFTER SCHOOL SITES

	5 Days/ Week	4 Days/ Week	3 Days/ Week	2 Days/ Week
Before-School	\$249*	\$225	\$212	\$199
After-School	\$346*	\$288	\$272	\$256
Before & After	\$540*	N/A	N/A	N/A

AFTER SCHOOL ONLY SITES

	5 Days/ Week	4 Days/ Week	3 Days/ Week	2 Days/ Week
After-School	\$467*	\$420	\$397	\$374

*A Sibling Discount is offered for all FULL TIME participants from a single family in School-Age Care Before and After-School programs. The 'per additional child/ per program month' discount is \$15 based on a 5-day-a-week registration.

Details could be subject to change. Please contact your local community center if you have any other questions.

REGISTRATION INFORMATION

A non-refundable \$25 deposit for each program (before and after-school) is required during registration, and the balance of September fees is due 2 weeks prior to first program day. The remaining monthly fees are due by the 25th of the preceding month. No service is provided if full payment is not made by the first program day of the month.

YOU CAN BE A
SUPER HERO
TOO!



AS PART OF OUR COMMITMENT TO WATER SAFETY, Seattle Parks and Recreation – in partnership with Seattle Children's Hospital, Tulalip Tribes and the support of many caring individuals – is offering Learn to Swim Scholarships to offset the cost of swim lessons for youth ages 4 to 16.

HOW TO DONATE: To make a contribution to the Learn to Swim Scholarship Fund, visit any Seattle Parks and Recreation pool or donate online to <https://donatenow.networkforgood.org/learntoswim>. For more information, call your local pool or 206-684-7185. **Be a hero and help every child become a super swimmer!**

DO YOU KNOW A CHILD WHO NEEDS A SCHOLARSHIP? For more information on applying or to receive a low-income scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16) and Advanced Swimmer lessons (ages 6 to 16).



<https://donatenow.networkforgood.org/learntoswim>

↘ SAC SUMMER DAY CAMP PROGRAM

Do you want your child to have fun, engaging opportunities that will support continued learning and personal growth over the summer months? The atmosphere at camp is one that emphasizes community relationships, but also recognizes individual achievement, creativity and original thinking. Our trained staff works daily to offer enrichment activities in areas such as: arts and culture, environmental stewardship, health and fitness, field trips, swimming and more.

Our summer day camps will be offered for up to 10 weeks, with new themes available each week! Visit <http://arcseattle.org/programs/programs-for-children-ages-5-12/break-camp/summer-break-camp-2016/> and/or check with your local community center for more information, including a detailed description of the various offerings.

DETAILS:

- » **Ages 5-12 years**
- » Operating Hours: 7 a.m. to 6 p.m.
- » **Cost:** \$205/week (\$164 for 4-day week of July 4)
- » \$15 Sibling Discount (\$12 Sibling Discount week of July 4)
- » **First day of Summer Day Camp:** June 27, 2016
- » A morning and afternoon snack will be provided daily. Parents are to provide a daily well-balanced lunch. No refrigeration or microwave/oven for lunches will be available.

REGISTRATION INFO:

- » **Registration begins February 2.**
Register early as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration & waiver forms PRIOR to the start of program, including the medical release form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration, a \$15 non-refundable deposit per week will be collected that is applied to the balance. The balance of the fee, for all weeks, is due TWO weeks prior to the registered week.
- » Scholarship applications may be picked up at your local community center. DSHS child care subsidies are also accepted.

Week	GARFIELD	JEFFERSON	RAINIER	RAINIER BEACH	VAN ASSELT
6/27-7/1	SAFARI ADVENTURES	WHERE IN THE WORLD AM I FROM	WELCOME ABOARD TO SUMMER	ALOHA SUMMER	ALOHA SUMMER
7/5-7/8*	OUR INDEPENDENCE	RED, WHITE AND BLUE	PARTY IN THE USA!!!	RED, WHITE AND THE BLUES	RED, WHITE AND THE BLUES
7/11-7/15	ALL AROUND THE WORLD	RHYTHM AND RHYME	GAME SHOW MANIA	WASHINGTON ADVENTURES	WASHINGTON ADVENTURES
7/18-7/22	SHARK ATTACK	EXPLORE SERIES	LIGHTS, CAMERA, ACTION	BUGS AND BOTANICALS	BUGS AND BOTANICALS
7/25-7/29	ART IN MOTION	SPORTSACULAR	SUPER SOAKIN' WATER WEEK	THE MIGHTY JUNGLE	THE MIGHTY JUNGLE
8/1-8/5	PIRATE WEEK	IT'S SHOWTIME	TRAINS, PLANES, MONORAIL, TROLLEY, WALK, BIKES...	SURVIVOR	SURVIVOR
8/8-8/12	SPACE IS THE PLACE	FOOD FRENZY	IF YOU BUILD IT... THEY WILL COME	CULTURAL HERITAGE	CULTURAL HERITAGE
8/15-8/19	SUPERHEROES	SPLASH BASH	THROUGH OUR EYES	ENTREPRENEURSHIP	ENTREPRENEURSHIP
8/22-8/26	H2O MANIA	SPY ACADEMY	CAMP OLYMPIAD	MUSIC	MUSIC
8/29-9/2	SPORTS OF ALL SORTS	IMAGINATION STATION	FAREWELL TO SUMMER	CELEBRATE GOOD TIMES!	CELEBRATE GOOD TIMES!

*Short week due to July 4

Please note: Summer Day Camp programs, activities and themes could be subject to change.



Southeast Teen Life Program

Citywide Teen & Young Adult Programs

TEEN LATE NIGHT

FREE!

Ages 13-19

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7 p.m.-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required.

Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society.

Contact your local neighborhood specialist for more information.

NORTH - (206) 684-7523

Meadowbrook Teen Life Center
Bitter Lake Community Center

CENTRAL - (206) 684-4550

Garfield Teen Life Center

SOUTHEAST - (206) 551-7316

Rainier Community Center
Rainier Beach Community Center
Van Asselt Community Center

SOUTHWEST - (206) 684-7438

Southwest Teen Life Center
High Point Community Center
Delridge Community Center
South Park Community Center*

*contact Cindy Sandino-Chang at 206-551-7316

SOUTHEAST RECREATION PROGRAM

SPECIALIST:

Cindy Sandino-Chang

Contact #: 206-684-5421/ 206-551-7316

RAINIER COMMUNITY CENTER

Mon-Thu 3-7:30 p.m.
Friday 3-6 p.m. Reopen 7 p.m. - Midnight
Saturday 7 p.m. -Midnight
@ Rainier Beach Late Night
Fri-Sat 7 p.m.-Midnight
@ Van Asselt Late Night
Saturdays 7 p.m. - Midnight

*All programs and activities that take place during Fridays and Saturdays after 7 p.m. are considered Late Night Recreation. Photo Identification is required to enter the facility during this time as the program is intended for young adults between 13-19 years of age. If a participant is in need of any assistance obtaining photo ID please refer them to Late Night Staff for information to obtain an ID.

AMERICAN SIGN LANGUAGE

FREE!

Ages 6th-8th Grade

In this world communication is the key to building successful relationships. Teens will learn the development of visual and expressive skills necessary for effective communication with deaf and hard-of-hearing individuals. Youth will also get an understanding of the deaf culture.

Location: Rainier Teen Classroom

4/5-6/9 T/Th 4:30-6 p.m.

Location: Rainier Beach Teen Room

Ages 13-19 w/ID

7/9-8/20 Sat 7:30-9:30 p.m.

FIRST AID AND ADULT CPR

FREE!

Ages 6th - 12th Grade

Whether you need it to get that job you want or the ability to respond with safety in mind. Come join us and learn how to handle first aid emergencies. This training is hands-on and extremely beneficial.

Location: Rainier Teen Classroom

4/12-4/13 T/W 1-5 p.m.
5/4-5/25 Wed 5:30-7:30 p.m.
6/28-7/19 Tue 5-7 p.m.

Location: Rainier Late Night-Teen Center Classroom *Ages 13-19 w/ID

6/3-6/24 Fri 8-10 p.m.

BABYSITTERS CERTIFICATION**FREE!**

Ages 6th-12th Grade

Parents want a babysitter who is dependable and responsible. This certification teaches you how to be a dependable and responsible babysitter while also providing you the opportunity to learn how to operate your business as a caregiver. Participants also come out of this program with a 2-years certification in First Aid/CPR/AED.

Location: Rainier Teen Center Classroom

4/5-4/26 Tue 5-7 p.m.

6/28-7/19 Tue 5-7 p.m.

Location: Rainier Beach Meeting Room

Ages 13-19 w/ID

4/9-4/30 Sat 7:30-9:30 p.m.

MIXXEDFIT® FOR TEENS**FREE!**

Ages 13-19

Are you tired of the same old work out? Try something NEW! MixedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and boot camp-inspired toning. The music selection is young, fresh, upbeat, and familiar. MixedFit® has repetitive moves that are easy to follow, maximizing workouts rather than focusing on complicated dance steps to help tone and sculpt the body. This program caters to all shapes, ages and skill levels.

Location: Van Asselt Multipurpose Room-Late Night

4/9-9/3 Sat 8-9 p.m.

Location: Rainier Beach CC

4/8-9/2 Fri 10-11 p.m.

CONVERSATIONAL SPANISH**FREE!**

Ages 6th – 8th Grade

This class is for those who consider themselves beginners or low-intermediate level. It is not necessary to have taken Spanish in the past. This course is designed to teach you the basics of holding a conversation, whether it's in a restaurant or on vacation.

Location: Rainier Beach Teen Room

4/8-6/3 Fri 7:30-9:30 p.m.

7/9-8/20 Fri 7:30-9:30 p.m.



**PLEASE REGISTER
EARLY TO AVOID
DISAPPOINTMENT.**

**SOMETIMES COURSES ARE
CANCELED BECAUSE PEOPLE
WAIT TOO LONG TO REGISTER!**

COPING AND SUPPORT TRAINING (CAST)**FREE!**

Ages 13-19

CAST emphasizes three primary goals: to decrease emotional distress and suicide-risk behaviors, increase drug use control, and increase school performance. This program combines skills training and small group work together to learn and practice skills to enhance self-esteem, decision making, anger management and reinforcement of coping and help-seeking behaviors, and increased access to social support.

Location: Rainier Teen Classroom

4/9-6/25 Fri 5:30-7 p.m.

Location: Rainier Beach Meeting Room

7/8-9/23 Fri 8-10 p.m.

FOOD SAFETY TRAINING**FREE!**

Ages 13-19 w/ID

Do you want to get a job in the food service industry? This training will assist you in completing the requirement that mandates you successfully complete the Food Safety Training and obtain a Washington State Food Worker Card. This is an online training that is hosted by the Computer Labs at various Late Night Sites.

Location: Rainier Computer Lab-Late Night

Every 3rd Saturday 7-10 p.m.

Location: Rainier Beach Computer Lab-Late Night

Every 2nd Saturday 7-10 p.m.

COOKING WITH MS. P**FREE!**

Ages 13-19

Join us in gaining culinary skills, gain team work and independent work skills while having fun. This cooking program will have young culinary chefs feeling more confident in their cooking skills giving them life skills they can use in and out of their learning environment.

Location: Van Asselt CC-Kitchen

4/5-6/18 T/F 5-7 p.m.

6/30-9/2 T/F 5-7 p.m.

STRENGTHENING AND CONDITIONING**FREE!**

Ages: 9th-12th Grade

Strength training is not about bulking up but about developing your body's core muscle. The use of free weights, weight machines, and rubber resistance bands along with your body weight will develop a physique no mass amount of weight can accomplish. With resistance the muscles have to work harder to move which makes the muscle grow stronger and more efficient.

Location: Rainier CC-Fitness Room

4/5-6/17 T/Th 4-5 p.m.

6/28-9/1 T/Th 4-5 p.m.

**PRE - LIFEGUARD
CERTIFICATION TRAINING****FREE!**

Ages 13-19 w/ ID

Teens come and learn the proper techniques of swimming and water safety including the ability to save someone's life that is in a water crisis. *One piece swimsuits are required for young ladies. Participants are not required to know how to swim at all. *E-13 must be on file.

Location: Rainier Beach Swimming Pool-Late Night
4/4-9/2 Fri/Sat 8-9:30 p.m.

LINKS-2-LEADERSHIP**FREE!**

Ages 13 - 19 w/ID

Whether it's finding a job or getting into school it takes skills and experience. The Links-2-Leadership program is designed to be a resource for developing a wide range of skills necessary to be equitable in attaining those dreams. We offer workshops from Resume Writing to Interview Etiquette; we teach skills including how to work with different Microsoft products and Customer Service basics.

Location: Rainier Beach Computer Lab
4/9-9/3 Fri 7-12 a.m.

*For a schedule of workshops stop by during Late Night.

AVIATION NATION CLUB**FREE!**

Ages 11-19

This program provides its members an opportunity to fly model helicopters as well as practice during off time with flight simulators. This club also serves as a mentoring opportunity for youth. This is a great opportunity for youth who have an interest in planes and/or becoming a pilot.

Location: Van Asselt CC
4/9-6/18 Sat 1-4 p.m.
7/9-9/3 Sat 1-4 p.m.

VERSES AND FLOW**FREE!**

Ages 13-19

Tap into your lyrical and musical fire. Inspired by the hit TV show Verses and Flow young people will have a chance to express themselves in their chosen art form of Slam Poetry and Lyrical Writing. This form of creative writing is very influential in musical genres like R&B and Hip Hop.

(Stay tuned for the #NoFilter Poetry Slam to be hosted during Late Night Cafe)

Location: Rainier Meeting Room
4/9-6/18 Fri 8-10 p.m.
7/2-9/3 Sat 8-10 p.m.

VOCAL TRAINING**FREE!**

Ages 6-12th Grade

Many people are born with a natural singing ability whether your desire is to entertain with you gift or for personal enjoyment. It's important to protect your best asset and increase its full potential.

Location: Rainier Music Studio
4/4-5/23 Mon 5:30-7:30 p.m.
7/11-8/29 Mon 5:30-7:30 p.m.

**DIFFERENT WALKS OF LIFE:
REAL TALK PANEL****FREE!**

Ages 13-19 w/ID

Joins us as we have different community members speak to youth about their life choices, the obstacles they have overcome and how it has shaped them to who they are now. We will have different panel members speak on different social issues and have the opportunity to have round table discussions. Every 3rd Saturday of the month.

Location: Rainier CC
4/9-6/18 Sat 8-9:30 pm.
7/9-9/3 Sat 8-9:30 pm.

*For a schedule of workshops stop by during Late Night

NEW**YOUTH APPRECIATION WEEK****FREE!**

Ages 12-19

It's the time of the year that Seattle Parks and Recreation pays homage to the many contributions that our Teens dedicate to the betterment of their communities. Youth Appreciation Week is an opportunity to celebrate with different activities, showcases and events throughout the city. That shed a spotlight on the many talents and the work they do in the community daily. For more information please talk to staff at your local community center or Teen Life Center.

Location: Various Locations
4/11-4/15

**YOUTH CAREER
TRAINING PROGRAM****FREE!**

This program is designed to provide young adults between the ages of 14-19 an opportunity to gain hands on career experience in various fields of expertise. YCTP applications are accepted on an ongoing basis as we have internships that begin every quarter. For information about existing or upcoming internship opportunities please contact our office.

YOUTH CAREER TRAINING PROGRAM SPECIALIST

Monique Miller: Contact #: 206-225-0082

➤ GARFIELD TEEN

IMPACT DANCE TEAM

Age 12-19

IMPACT is a dance/performing arts program that provides youth 12-19 with an opportunity to participate in an activity that furthers and helps develop sportsmanship, character, competitiveness and Compassion for their craft peers and community's. Participation in this program is a privilege, not a right. As a member of this program you represent your Instructor(s) your parents/guardians and the arts program your enrolled your conduct and actions at home in the classroom, on the practice floor, on stage, and in the community should not deviate from the regulations and code of conduct set forth in our Code of Conduct. Team members must show determination, dedication, and desire to be a productive member of this team. Must have E-13 to participate.

Instructor: Dwayne Jackson

4/13-6/22 Wed 5-6:30 p.m. (Advanced Group)

6/29-8/31 Wed 6-7 p.m. (Advanced Group)

LET'S COOK

Age 12-18

This teen cooking class will consist of menu planning, learning how to bargain shop, food prep, nutritional value, and hands on experience for teens in completing a project from start to finish. All teen participants must sign up in advance and fill out and return the E-13 Authorization Form. Maximum is 10 participants per class.

Instructor: Dwayne Jackson

Mon 4-6 p.m.

YOUNG MENS GROUP

Age 12-18

BUILD Young Men's Group will give young men a safe place to discuss issues they face such as race and social justice, police harassment, youth violence, and social norms. The purpose of the group is to give the young men the ability to navigate these issues through documentaries, guest speakers, and facilitation exercises.

Instructor: Andre Franklin and George Yasutake

GIRL TALK

Age 12-18

Our focus is joining together as girls with the common goal of being mentally and physically fit. We will discuss hot topics including arts and culture, future education, health, and much more. We will have guest speakers from the community that will cover health, finances, and education.

Tue 4:30-6 p.m.

TEEN ADVISORY COUNCIL

FREE!

Age 12-18

Teen Council is open to all teens willing to get involved in making a difference in teen programs and making their community a better place. All teens are encouraged to come and join us. Volunteer hours can be earned by being a part of this group! Meetings are held the third Wednesday of the month. For more info please contact Traci Grant Rec Leader at 206-684-4788.

Wed 4-5 p.m.

➤ INTERNATIONAL DISTRICT/CHINATOWN

SERVICE LEARNING

Do you need service learning hours to graduate? Come help organize a neighborhood clean-up or can food drive, lend a hand at Community Center special event or many other projects. Whether it's to fulfill community service requirements for school, or just to lend a helping hand to those in need, give us a call 206-233-0042.

ID/C TEEN ADVISORY GROUP (CCC-TAG)

FREE!

Held monthly every third Wednesday. This is your opportunity to get more involved and have a say in what effects teens in the ID/C area. Come share your thoughts and ideas, help plan programs, and stay informed on what's coming up in your community.

3rd Wed/Month 4-6 p.m.

DROP-IN DODGEBALL

FREE!

Ages 13-18

Time to kick it old school! Come play the game of dodgeball all you need to know is the three D's of dodgeball; duck, dive, dodge. This is a great way to have fun with friends and burn some calories. So put on your game face and join the fun.

Tue 3-5 p.m.

DROP-IN TABLE TENNIS

FREE!

Ages 13-18

Every Thursday afternoon is the time to practice your table tennis skills or challenge your friend to a match. Open to all youth and teens. We also offer paid table tennis lessons.

Mon 3-5 p.m.

Wed 4:30-6 p.m.

**DROP-IN PICKLEBALL/
BADMINTON****FREE!**

Ages 13-18

Pickleball is a racquet sport which combines elements of badminton, tennis, table tennis, and ping-pong. The sport is played on a court with the same dimensions as a badminton court. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Badminton courts will also be available.

Mon 3-6 p.m.**DROP-IN BASKETBALL****FREE!**

Ages 13-18

Come get your game on and play full court with some of Seattle's best high school players.

Fri 3-9 p.m.**↘ JEFFERSON****TEEN ADVISORY COUNCIL****FREE!**

Ages 12-18

Be part of a team in organizing, planning, fundraising for special events. Be a leader, learn teamwork and problem solve.

Thu 4-6 p.m.**PEER TUTORING CLUB****FREE!**

Ages 12-18

Teach others and work together on homework, meet new friends.

Tue 4-6 p.m.**GARDENING/COOKING****FREE!**

Ages 12-18

Learn to grow and harvest your food. Work on the garden and learn about healthy nutrition.

M/W 4-6 p.m.**MYSTERY/GAME TRIP****FREE!**

Ages 12-18

Learn to grow and harvest your food. Work on the garden and learn about healthy nutrition.

M/W 4-6 p.m.**TEEN ADVISORY COUNCIL****FREE!**

Ages 12-18

Be part of a team in organizing, planning, fundraising for special events. Be a leader, learn teamwork and problem solve.

Thu 4-6 p.m.**MT. BAKER ROWING
AND SAILING****FREE!**

Ages 12-18

Meet new friends and learn how to kayak, canoe and more. Float test will be needed and E13 permission slip is needed.

Tue 2-4 p.m.**DRAMA WORKSHOPS****FREE!**

To promote student involvement and community growth through hosting events meant to inform the public on legal matters and build interest in the law. Live performance will be held by the Jefferson Mock Trial member and public interactions to determine the case outcome.

NEW**"KNOW YOUR RIGHTS" ~LEGAL KNOWLEDGE**

All Ages

Learn about your rights! Jefferson Mock Trial Team members will be presenting an interactive case. Public will be about to interact and determine the case outcome.

4/8 Fri 5-7 p.m.**"SPEAK UP" ~PUBLIC SPEAKING**

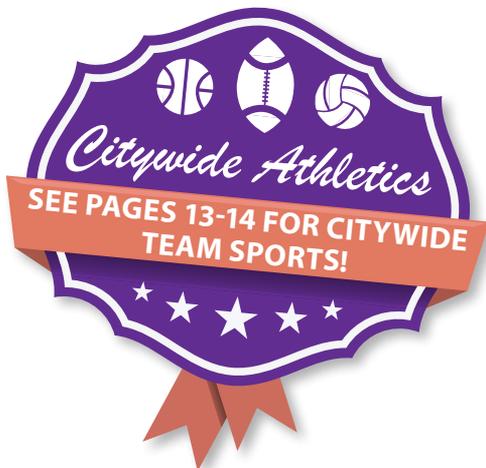
All Ages

Learn to how to speak up! Use your voice and learn about public speaking. Performance by the Jefferson Mock Trial Team members will interact with the audience. Have fun!

5/20 Fri 5-7 p.m.**"PROBLEM SOLVING" ~ANALYSIS**

All Ages

Learn to analyze the case and problem solve. Jefferson Mock Trial Team members will be performing a mini case and the public participates and discuss about the case analysis.

6/17 Fri 5-7 p.m.

OUTDOOR MOVIES**FREE!**

Ages 12-18

Complete your community service hours, by setting and cleaning up for our annual summer outdoor movies.

Friday TBD

WILD WAVES THEME PARK

Ages 12-18

First 10 teens to complete 30 summer service hours through Jefferson CC sponsored events can earn this FREE trip to Wild Waves. Must have E-13 on file.

Select Day TBD

CITYWIDE YOUNG ADULT PROGRAM
presents

GREAT NIGHT
IT'S BACK

AGES 19+ / SATURDAY / 7 PM-12 AM
LEARN LIFE SKILLS THROUGH RECREATION
JEFFERSON COMMUNITY CENTER

THIS PROGRAM PROVIDES:
WORKSHOPS | TRAININGS
CERTIFICATIONS | SPORTS | FREE FOOD

POWER OF PLACE™
Parks Youth Violence Prevention Team

SEATTLE PARKS AND RECREATION

JOB TRAINING OPPORTUNITIES VARY AND REQUIRE ADVANCED ENROLLMENT, PLEASE ASK FOR THE SCHEDULE AT THE FRONT DESK.

FOR MORE INFO PLEASE CONTACT:
Cindy Sandino-Chang
206.551.7316 or
cindy.sandino-chang@seattle.gov

RAINIER TEENS

All Rainier Teen Programs listed are free of charge for youth. We will be offering Leadership and Life Skills programs when speakers are available. Look for information around the Center about these great events!

REEL TALK**FREE!**

Ages 11-19

Teens come together to discuss issues or concerns whether at school, at home or in their neighborhood. Then as a group we encourage, we support or find a solution to the issue or concern.

Mon 4-6 p.m.

TACO TUESDAY**FREE!**

Ages 11-19

Rub a Dub Dub come and cook your Grub!

Tue 4-6 p.m.

MAKE ART NOT VIOLENCE**FREE!**

Ages 11-19

Make art using positive creative expressions of the mind, soul and feelings.

Tue 4-6 p.m.

TECH WORLD**FREE!**

Ages 11-19

Speakers come and talk to teens to empower them to pursue careers in science and technology industries.

Wed 4-6 p.m.

PIZZA THURSDAYS**FREE!**

Ages 11-19

Teens will prepare recipes revolving around various themes. All steps will be video recorded which will then be edited and uploaded to their own channel on youtube.

Thu 4-6 p.m.

TEEN COUNCIL**FREE!**

Ages 11-19

Join us the last Thursday of each month. Together we will plan a calendar for the month and discuss events we will attend or implement.

Thu 6-7 p.m.

FIELD TRIP/GAME DAY**FREE!**

Ages 11-19

The Rainier Teen Program will explore Seattle to places they have not experienced before and/or play video games. Be on the lookout for Family Game Night!!

Fri 3-6 p.m.

*Join the fun and help us celebrate
some special days this year!*

Please call Rainier Community Center to register and help celebrate these special days! A completed E-13 form is required to participate.

PATRIOT'S DAY

FREE!

Teens will make flags in honor of those whose lives were lost in 9/11/01 attack.

4/21

EARTH DAY

FREE!

Teens discuss earth's environment and learn ways they can help keep the air clean.

4/22

NATIONAL READING MONTH

FREE!

Teens will read books every week to Rainier School Age Care participants for the whole month.

May

JUNETEENTH DAY

FREE!

Teens will discuss and celebrate freedom for the first free settlement of Africans in America and what freedom means to them in 2016.

Date TBA

PARENT'S DAY

FREE!

Teens will write a letter to their parent(s) and make a gift to show their appreciation for all the love and support they display in their lives daily.

7/27

HAPPINESS MONTH

FREE!

Everyday teens will share what brought them happiness for the day and how they paid it forward.

August

INTERNATIONAL YOUTH DAY

FREE!

Teens will try and identify a teen group they do not know and become pen pals through social media.

8/12

KAYAKING

FREE!

Join us this summer as we explore Lake Washington with one week of Kayaking date and time TBA.

COMMUNITY SERVICE/ SERVICE LEARNING HOURS

FREE!

High school students seeking community service hours can earn them by helping out with special events, tutoring teens after school, and other service opportunities. Please ask the Rainier Staff for a volunteer packet.

VOLUNTEER OPPORTUNITIES: TUTORS NEEDED!



AMY YEE TENNIS CENTER

2800 MARTIN LUTHER KING, JR. WAY S / SEATTLE, 98144 | PH: 206-684-4764

SUMMER CAMPS

IMAGINE THIS SUMMER WHEN THEY ARE ALL FULL! ARE YOU IN?

YOUTH SUMMER CAMPS

For 2.5+ players (Ages 8-16)
9 a.m.-12:30 p.m. or 1-4:30 p.m.
5 weeks | Mon-Thu



www.seattle.gov/parks/athletics/tenniscct.htm
www.facebook.com/amyweetenniscenter



↘ RAINIER BEACH TEENS

Rainier Beach Community Center Recreation Leader

Derryn Anderson: (206) 386-1925

derryn.anderson@seattle.gov

COMMUNITY SERVICE/SERVICE LEARNING HOURS

High school students seeking community service/service learning hours can earn them by helping out with special events, tutoring teens after school, and other service opportunities. Please ask the Rainier Beach Staff for a volunteer packet. Contact us at (206)386-1925 or Derryn.Anderson@seattle.gov for more information.

TEEN/TWEEN CENTER DROP

Ages 11-18

Hangout and plug in with your friends try and win at any Xbox game such as Madden, NBA 2K16, Dance Central, Wipe Out, or at the traditional board games like Dominoes, Uno, Checkers, Jenga, Pictionary, and Ping Pong. No drop-in on 5/30, 7/4

3/28-8/31 **M-Th** **4-7 p.m.**
Fri **4-6:30 p.m.**

Schedule subject to change.

TEEN LATE NIGHT SWIM PROGRAM

Ages 13-19

Looking to learn marketable skills that could lead to future employment? We will teach swimming to teen's ages 13-19 years old for FREE, no experience necessary! Teen Late Night Swim Program is every Friday and Saturday evening, 8 -9:30 p.m. Our program is focused on a three tiered progression: swimming, Red Cross Lifeguarding Skills, and then lifeguard job skills. Please bring a picture ID and ask for an E-13 Participation Form. This program requires parental signature to participate.

Location: Rainier Beach Community Center Pool

4/1-8/27 **Fri/Sat** **8-9:30 p.m.**

YOUR HOUSE BOXING

Ages 12-18

YHBCC was developed to meet the needs of youth at risk and provide a safe place to develop and execute a life plan. YHBCC will achieve its goals through a three house system: boxing, education, and community support. Each "house" provides a point of emphasis for youth enrolled in the YHBCC program. Students must fulfill commitments to education and community while learning discipline through boxing and training their minds and bodies. The three house system was developed by YHBCC founder and Executive Director, Chris Cates-Lopez. Registration paperwork required.

3/29-9/1 **T/W/Th** **4-6 p.m.**

Summer hours subject to change.

COOKING AT THE BEACH

Ages 11-18

Our Center's cooking program focuses on teens finding healthy alternatives to what they normally eat. Youth research recipes and are responsible for every element of cooking. This program helps in familiarizing teens with basic cooking instructions and preparation. This cooking program is hands on under the supervision of center staff.

4/6-6/15 **Wed** **4-6 p.m.** **Free**

PIZZA PROJECT THURSDAY

Ages 11-18

The goal of these projects is doing research on a decided topic and youth are encouraged to come up with points on how these topics relate to them. After the work is done we have pizza and discuss what ideas they come up with.

4/7-6/16 **Thu** **4-6 p.m.** **Free**

WHERE THE PARKS AT?

Ages 11-18

There are over 400 parks in greater Seattle and our youth might just see them all. Teens will visit places like Discovery Park and Seward Park. Every park visit will have an activity to see what parks has to offer. Youth must have E-13 Participation Form on file.

Location: Various Parks in Seattle

6/28-8/30 **Tue** **2-4 p.m.**

TEE OFF

Tee Off will focus on the introduction to golf and it's techniques to the inexperienced and beginners. Our program will hold practice session and follow up with driving and putting sessions. Youth must have E-13 Participation Form on file.

Location: Various Golf facilities

6/29-8/31 **Wed** **2-4 p.m.**

(No Program on 8/24 due to Mariners Trip)

PUBLIC SWIM

Ages 11-18

Our teen programs cover the cost of admission to pool. Admission requires an E-13 Participation Form and Beach Pledge on file. For any extras like goggles, food, towel rental, or lockers we ask that parents provide money for youth to purchase these items. Space is limited to first 10 teens signed up with forms on file.

Location: Rainier Beach Pool

7/7-8/25 **Thu** **2:45-3:45 p.m.**

MARINERS' HOME GAME**FREE!**

Ages 11-18

Our teen programs cover cost of tickets and transportation to games. For any extras like food or souvenirs we ask that parents provide money for youth to purchase these items. Youth must have E-13 Participation Form on file.

8/24 Wed 11:30 a.m.-5 p.m.**SUMMER BOATING****FREE!**

Ages 11-18

Just Add Water! A complete boating experience is available for youth throughout the City of Seattle and the Region. We provide the instructional boats and safety equipment, and you provide enthusiasm and a willingness to learn fun recreational boating with a high level of water safety mixed in. This activity requires a Deep Water test and E-13 Participation Form on file. The test can be conducted at any City of Seattle Parks and Recreation Pool or Beach.

Location: Mount Baker Rowing and Sailing Center**Please call (206) 386-1925 for more information****SUMMER ROCK CLIMBING TRIP****FREE!**

Ages 11-18

Each rock climbing program will take place in the North Bend area at a climbing location called Exit 38. During this day, students will practice basic rock climbing techniques, learn how to tie knots and experience a true outdoor rock climbing environment. Youth must have E-13 Participation Form on file.

Location: Exit 38 Outdoor Climbing Site**Days and Times to be determined after Spring****COOKIE WARS****FREE!**

Ages 11-14

Come join our community center coordinator in the ultimate cookie challenge. You eat what you bake while competing in weekly challenges focusing on teamwork and creativity while learning different baking and decorating techniques. E-13 form required

7/8-8/12 Fri 4-6 p.m.**DRILLS AND SKILLS****FREE!**

Ages 11-18

The Aaron Brooks Foundation Basketball Drills and Skills Program are working collaboratively with the community to develop a comprehensive youth development strategy for youth in underserved communities. The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball skills, academic, social, and leadership skills. Drills and Skills Application, E-13, and Concussion Form required.

3/29-6/21 Tue 3-6 p.m.**➤ VAN ASSELT TEENS****COMMUNITY SERVICE/SERVICE LEARNING HOURS**

High school students seeking community service/service learning hours can earn them by helping out with special events, tutoring teens after school, and other service opportunities. Please ask the Rainier Beach Staff for a volunteer packet. Contact us at (206)386-1921 or clay.hughes@seattle.gov for more information.

TEEN LATE NIGHT SWIM PROGRAM**FREE!**

Ages 13-19

Looking to learn marketable skills that could lead to future employment? We will teach swimming for FREE, no experience necessary! Teen Late Night Swim Program is every Friday and Saturday evening, 8-9:30 p.m. Our program is focused on a three tiered progression: swimming, Red Cross Lifeguarding Skills, and then lifeguard job skills. Please bring a picture ID and ask for an E-13 Participation Form. This program requires parental signature to participate.

Location: Rainier Beach Community Center Pool**Fri/Sat 8-9:30 p.m.****DRILLS AND SKILLS****FREE!**

Ages 10-19

The Aaron Brooks Foundation Basketball Drills and Skills Program are working collaboratively with the community to develop a comprehensive youth development strategy for youth in underserved communities. The Drills and Skills mission is to empower youth to become successful citizens by providing a safe, nurturing environment where they can develop basketball skills, academic, social, and leadership skills. Drills and Skills Application, E-13, and Concussion Form required.

Fri 3-7 p.m.**SUMMER OF SAFETY****FREE!**

Ages 11-14

The Summer of Safety program will focus on environmental stewardship, team building, outdoor activities, art and music, cooking projects, field trips, and much more. Registration is required, limited space available. For additional information, please contact Clay Hughes at 206-386-1921.

COOKING WITH MS. P**FREE!**

Ages 13-19

Join us in gaining culinary skills, gain team work and independent work skills while having fun. This cooking program will have young culinary chefs feeling more confident in their cooking skills giving them life skills they can use in and out of their learning environment.

Location: Van Asselt CC-Kitchen**4/5-6/18 T/F 5-7 p.m.****6/30-9/2 T/F 5-7 p.m.**

VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, (206) 684-4788

↘ TOTS

PRE BALLET AND CREATIVE MOVEMENT

Ages 2-3

In this class, we'll super-charge our minds and imaginations through creative movement and the basics of ballet. Throughout each class, we will use music, stories, and games to explore the foundational concepts of dance and introduce students to the shapes and patterns of classical ballet. NO Class 5/30

Instructor: Ciara McCormack

4/18-5/9	Mon	4:30-5:15 p.m.	\$38
5/16-6/20	Mon	4:30-5:15 p.m.	\$48

PRE-BALLET

Age 3-4

This class teaches the basics of correct body alignment and proper ballet technique in a creative, fun environment. By teaching and introducing students the basic shapes, patterns, and traditions of classical ballet, the Beginning Ballet curriculum enhances both cognitive and physical development at this important time. NO Class 5/30

Instructor: Ciara McCormack

4/18-5/9	Mon	5:30-6:15 p.m.	\$38
5/16-6/20	Mon	5:30-6:15 p.m.	\$48

MESSY ART FOR TODDLERS

Ages 2-5

Hands on experience with arts and crafts you might not want to try at home. The joy of creative thinking and self-expression are brought to life using mixed media. Parents act as child's assistant. Dress appropriately.

Instructor: Jocelyn Rombough

4/4-5/9	Mon	12:45-1:15 p.m.	\$48
5/16-6/20	Mon	12:45-1:15 p.m.	\$48
6/27-7/25	Mon	12:45-1:15 p.m.	\$40
8/1-8/29	Mon	12:45-1:15 p.m.	\$40



↘ YOUTH

ACROBATICS AND CIRCUS ARTS CLASS

Ages 5-8

This beginning circus class will keep you moving! Instructors from the School of Acrobatic & New Circus Arts will teach tumbling, wire walking, juggling, trampoline, rolling globe and acrobatics. Don't miss out on the fun and sign up now. An additional \$5 annual insurance fee will be required prior to registration for all gymnastics, tumbling, and cheerleading classes at Seattle Parks and Recreation facilities. This non-refundable fee covers a child's participation for one year from the date purchased. This fee is not available for online purchase at this time. Please contact your local recreation center to purchase this insurance if you are registering on-line.

Instructor: SANCA instructors

Ages 5-6

4/5-5/10	Tue	5-5:45 p.m.
5/17-6/21	Tue	5-5:45 p.m.

Ages 7-8

4/5-5/10	Tue	6-6:45 p.m.
5/17-6/21	Tue	6-6:45 p.m.

GUITAR LESSONS

Ages 5 and Up

Ever hear an amazing song and want to learn to play it on the Guitar? We can help! Come learn on electric or acoustic all styles of music. Our instructor will help teach students in the best way for them, wither its sight reading, by sound or with pictures we can make it work for you! Want to take a class with a friend, sibling of parent we can do semi-private lessons also.

Instructor: Tommy Hoag

\$11 dollars per class for Semi-private

\$22 dollars per class for Private

4/6-5/11	Wed	5-8 p.m.
5/18-6/22	Wed	5-8 p.m.
4/9-5/14	Sat	10 a.m.-1 p.m.
5/21-6/25	Sat	10 a.m.-1 p.m.
7/16-8/28	Sat	10 a.m.-1 p.m.



PIANO LESSONS

Ages 6-18

Learn the basics of piano and move into advanced instruction as you progress through this 30-minute private instruction. Participants must register at least three days before first class.

Instructor: Ahra Yoo

4/22-5/27	Fri	4-7 p.m.	\$83
6/3-7/15	Fri	4-7 p.m.	\$97
7/22-8/26	Fri	4-7 p.m.	\$83

BUSY BEE BASKETBALL

Ages 3-5 / 5-7

Busy Bees puts the "FUN" in sports fundamentals. The Busy Bees basketball program is a fun and easy way for your child(ren) to learn the great sport of basketball including skills, sportsmanship, and teamwork in a low pressure atmosphere. Classes will be divided into age groups of 3-5 and 5-7.

Instructor: Randy Gibson

4/5-5/12	T/Th	6-6:45 p.m.	\$36
5/17-6/23	T/Th	6-6:45 p.m.	\$36
6/28-7/26	T/Th	6-6:45 p.m.	\$30
8/2-8/30	T/Th	6-6:45 p.m.	\$30

BALLET 1

Ages 4-6

Starting with the foundations we learned in Level 1, this class gives growing students a chance to expand their horizons and learn new skills while gaining strength and refining their technique. As the class progresses, students will be introduced to the principals of the ballet barre and combine movements to make dances. NO Class 5/30

Instructor: Ciara McCormack

4/18-5/9	Mon	6:30-7:15 p.m.	\$38
5/16-6/20	Mon	6:30-7:15 p.m.	\$57

YOUTH DEVELOPMENT TAE KWON DO

FREE!

Ages 5-18

This course uses the Korean Art of Tae Kwon Do, as a catalyst to promote soft and hard life skills, focus on educational achievement and behavior change. Registration can occur throughout session with instructor approval. No class 5/30, 7/4.

Instructor: Master Leon Preston

4/4-6/22	Mon	6-7:30 pm	
	Wed	6-7 p.m.	
6/26-8/31	Mon	6-7:30 pm	
	Wed	6-7 p.m.	

MIXED ART

CHECK OUT MIXED FIT FOR PARENTS!

Ages 4-7

Designed for kids interested in all types of arts. Each week is a different theme come with your creativity and dress appropriately. Parents this class runs the same time as Mixed Fit® - we encourage you to take our fitness class while your child is in Art!

Instructor: Jocelyn Rombough

4/7-5/12	Thu	5:45-6:45 p.m.	\$56
5/17-6/21	Thu	5:45-6:45 p.m.	\$56

DRILLS AND SKILLS

FREE!

Ages 7-18

The Drills and Skills concept was first envisioned in 1991 by James Hampton, the Recreational Specialist for the Rainier Community Centers Late Night Program. While working predominantly with Middle and High School aged youth in the South District of Seattle, Mr. Hampton noticed a large number of students who wanted to get involved in positive activities but who didn't connect with the programs the community currently offered them. If these youth were given the option to either participate in an after school enrichment program or just hang out on the corner the students would almost always choose the corner- even though they knew it was not a safe or smart thing to do.

James felt that if he could connect these students' recreational interests while at the same time engaging them in structured, curriculum-based activities, they could gain successful life skills. Thus the model for Drills and Skills was created, connecting the dots between recreation and education as a model for success with at-risk youth.

Instructor: James Hampton

4/6-5/25	Wed	3-4:30 p.m.
----------	-----	-------------

ADULT

STRESS REDUCING ART FOR ADULT

Ages 18 and Older

New research shows adults coloring is as good as meditation for blood pressure, relaxation and health. Can't hurt to try! If not for the coloring enjoy socialization and health in a fun environment.

Instructor: Jocelyn Rombough

4/7-5/12	Th	7-8 p.m.	\$56
5/17-6/21	Th	7-8 p.m.	\$56

PRENATAL YOGA

Ages 16 and Older

Classes are tailored to the needs of the pregnant body with traditional yoga breath, mindfulness & philosophy adapted so that it is safe and helpful to the pregnant woman. All movement is offered in multiple levels (stepped levels) of challenge so that you can find the level of work that is beneficial to you on any given day.

Instructor: Alicia Essers

4/6-5/11	Wed	10-11 a.m.
5/18-6/22	Wed	10-11 a.m.

OUTDOOR YOGA FOR ALL

Ages 16 and Older

Open to all levels Stretch your muscles and gain strength, flexibility and balance as well as improve relaxation in this gentle yoga class for all fitness levels. Prenatal, and post-natal mommas welcome – modification available.

This Class meets at Madrona Shelter-Register at the Community Center

Instructor: Alicia Essers

6/29-7/27	Wed	10-11 a.m.	\$40
8/3-8/31	Wed	10-11 a.m.	\$40

WEST AFRICAN DANCE - ALL LEVELS

Ages 18 and Older

Would you like to exercise by learning West African dance to live drumming? Then this is the class for you! Beginners and intermediates are welcome to join us. You will learn basic, yet energetic dance movements with others. How exciting it will be for you to take a weekly trip to African Dance and learn so much! There will be an end of the class exhibit for your friends and family. All levels. \$ 15 Drop in available if Class is Running Call to check!

Instructor: Afua Kouyate of Adefua African Music & Dance Company

4/9-6/11	Sat	2:30-3:30 p.m.	\$80
7/2-7/30	Sat	2:30-3:30 p.m.	\$50

BEGINNING/INTERMEDIATE MARIMBA FOR ADULTS

Ages 18 and Older

Come learn traditional and contemporary marimba music from Zimbabwe and beyond. "If you can hear the sounds you can play the music". The music is inspiring, exciting and a joy to play. "Come join the fun"!!!!

Instructor: Sheree Seretse

4/16-6/8	Wed	7-8 p.m.	\$100
6/29-9/1	Wed	7-8 p.m.	\$100

ADULT BALLET

Ages 13 and Older

Beginning to Intermediate adult students will work to develop flexibility, strength, and stamina within the structure of a ballet class. We will begin at the barre to warm-up and focus on specific skills and placement before moving to the center, where we will apply the barre work to more expansive and exciting movements. No class 5/30.

Instructor: Ciara McCormack

4/18-5/9	Mon	7:30-8:30 p.m.	\$38
5/16-6/20	Mon	7:30-8:30 p.m.	\$57

MIXXED FIT®

CHECK OUT MIXXED ART FOR THE KIDS!

Ages 16 and Older

Are you tired of the same old work out? Try something NEW! MixedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and boot camp-inspired toning. The music selection is young, fresh, upbeat, and familiar. MixedFit® has repetitive moves that are easy to follow, maximizing workouts rather than focusing on complicated dance steps to help tone and sculpt the body. This program caters to all shapes, ages, and skill levels.

Parents want your kid to do something cool while you work out? Sign them up for Mixed Art®!

Instructor: Leilani Farr

4/7-5/12	Th	5:45-6:45 p.m.	\$56
5/17-6/21	Th	5:45-6:45 p.m.	\$56

HEARTSAVER® CPR AED

Age 15 and Older

This is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. This course teaches skills with AHA's research-proven Practice-While-Watching (PWW) technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. Features; Video-based course ensures consistency, Instructor-led, hands-on class format reinforces skills proficiency, Course is updated with the new science

Instructor: Jacques Johnson

4/2	Sat	10 a.m.-1 p.m.	\$30
5/7	Sat	10 a.m.-1 p.m.	\$30
6/4	Sat	10 a.m.-1 p.m.	\$30



FIRST TIME HOME BUYERS CLASS



Provided by Windermere Real Estate

Have you often thought about buying instead of renting, but don't know where to start? Let us help you! The class covers the entire buying process along with updated guidelines that have been enforced that buyer's need to be aware of. We cover down payment assistant programs, and credit repair. We address the purchase and sale contract so buyers are aware of what they are signing and we also extensively go over the lending process and guidelines. It is a very fun and informative class. Because it is a Washington state certified class there are many parts of the process that we have to address per the guidelines. Although the class is 10-3 is really does go by fast. At the end of the class all participants will receive a certificate of completing that can be used to take advantage of the down payment assistant programs that is good for two years.

6/11 Sat 10 a.m.-3 p.m.

Free with Registration spaces limited!



VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, (206) 233-0042.

↘ TOTS

PRE-BALLET

Ages 3-5

Sashay your way into the world of classical ballet. This class will teach boys and girls the basic elements of movement and ballet. Students will improve their coordination and balance, while learning terminology and ballet etiquette. Jump into class to learn what it's like to be a real ballerina! Students should wear leotard, tights or leggings and ballet shoes. Tutu's, ballet skirts, leg warmers, and ballet style fitted sweater are optional.

4/7-4/28	Thu	5:15-6 p.m.	\$36
5/5-5/26	Thu	5:15-6 p.m.	\$36
6/2-6/30	Thu	5:15-6 p.m.	\$45
7/7-7/28	Thu	5:15-6 p.m.	\$36
8/4-8/25	Thu	5:15-6 p.m.	\$36

↘ YOUTH

BALLET 1

Ages 6-12

This is a beginning class is for boys and girls. Ballet vocabulary will be used as students learn fun, energetic, and expressive dances. Elements of this class incorporate traditional ballet barre and center-floor work. Students should wear leotard, tights or leggings and ballet shoes. Tutu's, ballet skirts, leg warmers, and ballet style fitted sweater are optional.

4/7-4/28	Thu	6-7 p.m.	\$36
5/5-5/26	Thu	6-7 p.m.	\$36
6/2-6/30	Thu	6-7 p.m.	\$45
7/7-7/28	Thu	6-7 p.m.	\$36
8/4-8/25	Thu	6-7 p.m.	\$36

GYMNASTICS/TUMBLING

Ages 5-12

Learn the same skills as Olympic athletes in gymnastics, tumbling, and rhythmic gymnastics. Class includes warm up and warm down, strength and flexibility, balance, and creative floor movements. Students are asked to assist with mat set-up and takedown. A \$5 insurance fee is required in addition to the class fee. An additional \$5 annual insurance fee will be required prior to registration for all gymnastics, tumbling and cheerleading classes at Seattle Parks and Recreation facilities. This non-refundable fee covers a child's participation in all gymnastics, tumbling, or cheerleading classes for one year from the date purchased. SORRY, this fee is not available for online purchase at this time. Please contact your local recreation center to purchase this insurance.

4/5-4/26	Tue	5-6 p.m.	\$36
5/3-5/31	Tue	5-6 p.m.	\$45
6/7-6/28	Tue	5-6 p.m.	\$36
7/5-7/26	Tue	5-6 p.m.	\$36
8/2-8/23	Tue	5-6 p.m.	\$36

FINE ART DRAWING

Ages 6-12

Learn basic art techniques as well as learn how to recreate famous pieces of art work such as Monet Sunset, Van Gough Sunflowers, & Starry Night. Apron or old clothing is suggested to wear as this class sometimes uses paint that isn't easily washable. No class 5/25.

4/4-4/25	Mon	5-6 p.m.	\$36
5/2-5/23	Mon	5-6 p.m.	\$36
6/6-6/27	Mon	5-6 p.m.	\$36
7/11-7/25	Mon	5-6 p.m.	\$27
8/1-8/22	Mon	5-6 p.m.	\$36

LUCKY LIONS DANCE CLASS

Ages 6-25

Students will learn the basic movements of the lion head and body through the fundamental movements of Kung Fu. Students learn respect for others and interpersonal skills that will benefit them for a lifetime in their family lives, school, and the business world. Working together helps to build character and self-confidence and it teaches students the importance of clear and open dialogue with those around us.

4/5-4/26	Tue	6-7 p.m.	\$32
5/3-5/31	Tue	6-7 p.m.	\$40
6/7-6/28	Tue	6-7 p.m.	\$32
7/5-7/26	Tue	6-7 p.m.	\$32
8/2-8/23	Tue	6-7 p.m.	\$32

8 ANIMAL/8 METHODS KUNG FU

Ages 9 and Older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods. Drop-ins are welcome.

4/5-4/26	Tue	7-8 p.m.	\$32
5/3-5/31	Tue	7-8 p.m.	\$40*
6/7-6/28	Tue	7-8 p.m.	\$32
7/5-7/26	Tue	7-8 p.m.	\$32
8/2-8/23	Tue	7-8 p.m.	\$32

Fee is for adults. Senior/Youth \$28 (*35)

Drop-in: \$10

PIANO

Ages 5-18

Electronic keyboards are used in this 30 minute lesson and are offered month after month. Our instructor will tailor instruction to each student's needs and level. Please note: payment is required prior to the start of a session. Time slots are guaranteed upon payment.

4/4-4/25	Mon	3-9 p.m.	\$100
5/2-5/23	Mon	3-9 p.m.	\$100
6/6-6/27	Mon	3-9 p.m.	\$101
7/11-7/25	Mon	3-9 p.m.	\$75
8/1-8/22	Mon	3-9 p.m.	\$100

4/5-4/26	Tue	3-9 p.m.	\$100
5/3-5/31	Tue	3-9 p.m.	\$125
6/7-6/28	Tue	3-9 p.m.	\$100
7/5-7/26	Tue	3-9 p.m.	\$100
8/2-8/23	Tue	3-9 p.m.	\$100

4/6-4/27	Wed	3-9 p.m.	\$100
5/4-5/25	Wed	3-9 p.m.	\$100
6/1-6/29	Wed	3-9 p.m.	\$125
7/6-7/27	Wed	3-9 p.m.	\$100
8/3-8/24	Wed	3-9 p.m.	\$100

4/7-4/28	Thu	3-8:30 p.m.	\$100
5/5-5/26	Thu	3-8:30 p.m.	\$100
6/2-6/30	Thu	3-8:30 p.m.	\$125
7/7-7/28	Thu	3-8:30 p.m.	\$100
8/4-8/25	Thu	3-8:30 p.m.	\$100

ADVANTAGE BALL HANDLING AND BASKETBALL SHOOTING CAMP

Ages 6-18

Join us this summer and develop your basketball skills. Participants will build on their ball-handling and court awareness skills by learning lightning-quick, one-handed moves off the dribble, and a whole lot more. All levels and skill abilities welcome.

7/18-7/20	M-W	9 a.m.-5 p.m.	\$195
-----------	-----	---------------	-------

ADULTS

8 ANIMAL/8 METHODS KUNG FU

Ages 12 and Older

See youth section for details.

GENTLE YOGA

Ages 50 and Older

Relax using disciplined techniques of traditional yoga to enhance your strength and well-being. Class taught in Chinese with English subtitles!

Drop-in	Wed	3-4 p.m.	\$3
---------	-----	----------	-----

(\$2 ages 65 and Older)

KRIYA YOGA

Ages 18 and Older

Learn simple breathing-meditation techniques to experience more peace, calmness, and relaxation in your life. Consistent meditation practice can have a transformative effect in your life such as being more centered, grounded and energized. This class is open to individuals new to meditation, and also for those who wish to support their ongoing practice.

Drop-in	Thu	7:30-8:45 p.m.	\$5
---------	-----	----------------	-----

(\$2 ages 65 and Older)



VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, (206) 684-7481.

↘ YOUTH

BUSY BEE SOCCER

Ages 3-5

Develop your motor skills for dribbling, trapping, and kicking with an emphasis on ball control. Basics are introduced using games, obstacles, and mini-matches. Increase self-esteem and build a love for the game in a non-competitive environment with emphasis on cooperation and participation. Parental supervision required.

4/5-5/24	Tue	5-5:45 p.m.	\$56
6/28-8/23	Tue	5-5:45 p.m.	\$56

LITTLE HOOPERS

Ages 3-5

Get off to a great sporting start with your preschooler! This coed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required.

4/4-5/23	Mon	5-5:45 p.m.	\$56
6/27-8/22	Mon	5-5:45 p.m.	\$56

JUNIOR HOOPERS

Ages 6-7

Want to learn how to dribble, shoot, and play defense? Emphasis is placed on the fundamentals of ball handling, shooting techniques, and footwork while increasing endurance, flexibility, and strength all the while encouraging teamwork and sportsmanship. Parental supervision required.

4/6-5/25	Wed	5-5:45 p.m.	\$56
6/29-8/24	Wed	5-5:45 p.m.	\$56

QUICKSTART TENNIS LEAGUE

Ages 7-10

QuickStart Tennis League is designed as a FUN play-based approach to tennis for kids 7-10 yrs old. They also provide the outlet to engage parents in practices/matches...the program is not designed as a drop off activity. We want parents to be engaged as much as possible. Two divisions that use age-appropriate courts and equipment (racquets, balls and court space) will be used guaranteeing success!! Kids will be active and learn important skills, while having FUN!! League and practice play included. Local league play on Wed's. between 6 -8 p.m. Volunteer Managers wanted! For more info on Quickstart goto10andundertennis.com/parents.htm (Note: this is the National Site as is only for informational purposes). Volunteers wanted..

Ages 7-8

6/27-8/10 M/W 6-7 pm \$40

Ages 9-10

6/27-8/10 M/W 7-8 pm \$40

TRADITIONAL JAPANESE KARATE

Ages 5 and Older

Learn classic Japanese karate techniques and traditions of this ancient form of the martial art. Class is open to students of all skill levels.

4/7-6/9	Thu	5-6 p.m.	\$85
	Sat	10-11 a.m.	
		(last Saturday class 5/28)	
6/30-8/3	Thu	5-6 p.m.	\$55

PIANO LESSONS

Ages 5-12

One-on-one piano lessons for beginners to advanced students. One half-hour lesson per week for this 10-week session.

4/7-6/9	Thu	4-8 p.m.	\$220
6/30-9/1	Thu	4-8 p.m.	\$220



ADULTS

INTRO TO TAI CHI

Ages 18 and Older

Tai Chi promotes a well-balanced body and mind while gently increasing the body's range of motion. The meditative movements improve relaxation, stress reduction, posture, circulation, and more. Instructor practices a calming, patient demeanor which allows her to adapt to the needs of men and women of all ages and levels.

4/6-4/27	Wed	9-10:30 a.m.	FREE
5/4-5/25	Wed	9-10:30 a.m.	FREE
6/1-6/29	Wed	9-10:30 a.m.	FREE
7/6-7/27	Wed	9-10:30 a.m.	FREE
8/3-8/31	Wed	9-10:30 a.m.	FREE

ADULT BEGINNING/ INTERMEDIATE WHEEL

Ages 18 and Older

Never taken a wheel class before or it's been a while since you have? Jefferson Community Center pottery room is the place to be! Learn how to make cups, bowls, and more in this relaxed and supportive environment. Come and express your creativity!

4/4-6/6	Mon	5:30-8:30 p.m.	\$315
6/20-8/8	Mon	5:30-8:30 p.m.	\$252

ADULT HANDBUILDING

Ages 18 and Older

This is the perfect chance for you to unwind and get your hands in clay! Designed for all levels, even if you haven't had the chance to release your creative side! A perfect way to relax from your day and be creative from the soul! The class teaches the basics of coil pots, molds, slab building, attaching, and much more!

4/5-6/7	Tue	5:30-8:30 p.m.	\$315
6/21-8/9	Tue	5:30-8:30 p.m.	\$252

ADULT ADVANCED WHEEL

Ages 18 and Older

Continue your ceramic evolution in this wheel throwing class designed for intermediate through advanced levels. Handbuilding techniques will be integrated as well. Students will expand their technical skills and gain a greater understanding of the aesthetics of form, with one-on-one guidance and extensive individual attention by an experienced instructor. Prerequisite: Previous wheel experience with ability to center clay and throw independently.

4/6-6/8	Wed	5:30-8:30 p.m.	\$315
6/22-8/10	Wed	5:30-8:30 p.m.	\$252

PILATES

Ages 18 and Older

Looking for a class that will help build your core? Pilates demonstrates that our body can achieve fitness all on its own without any equipment. Using only your own body weight and gravity, the mat work will tone, strengthen, and lengthen your entire body! Please bring your own mat and water bottle.

4/5-6/7	Tue	9-10 a.m.	\$60
6/28-8/30	Tue	9-10 a.m.	\$60

KUNDALINI YOGA

Ages 18 and Older

Kundalini Yoga is a physical and meditative discipline, comprising a set of techniques that use the mind, senses, and body to create a communication between mind and body. No class 5/30.

4/4-6/13	Mon	6-7 p.m.	\$60
6/27-8/29	Mon	6-7 p.m.	\$60

ZUMBA®

Ages 16 and Older

Are you tired of the same old work out? Try something NEW! Inspired by Latin dance and music, Zumba® uses a variety of styles in its routines, including cumbia, merengue, salsa, reggaeton, hip-hop, pop, mambo, rumba, flamenco, calypso, and salsaton. Music selections include both fast and slow rhythms to help tone and sculpt the body.

4/5-6/7	Tue	7-8 p.m.	\$60
4/7-6/9	Thu	7-8 p.m.	\$60
6/28-8/30	Tue	7-8 p.m.	\$60
6/30-9/1	Thu	7-8 p.m.	\$60

MIXED FIT®

Ages 16 and Older

Are you tired of the same old work out? Try something NEW! MixedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and boot camp-inspired toning. The music selection is young, fresh, upbeat, and familiar. MixedFit® has repetitive moves that are easy to follow, maximizing workouts rather than focusing on complicated dance steps to help tone and sculpt the body. This program caters to all shapes, ages and skill levels.

4/6-6/8	Wed	7-8 p.m.	\$60
6/27-8/31	Wed	7-8 p.m.	\$60

VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer to teach a program, assist in general at the Center, help with special events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with Darin Olsen at (206) 386-1919.

↘ TOTS

SPORTY TOTS

Ages 2-3

Children will begin to develop coordination through new skills such as throwing, catching, kicking/punting, and agility using balls and hoops as they learn to communicate and follow directions. Participation with other kids will increase social development, language skills and self-esteem. Parental supervision required. No class 8/13.

Instructor: Sandra Jackson-James

4/9-5/14	Sat	9:45-10:15 a.m.	\$42
5/21-6/25	Sat	9:45-10:15 a.m.	\$42
7/2-7/30	Sat	9:45-10:15 a.m.	\$35
8/6-9/3	Sat	9:45-10:15 a.m.	\$28

DOODLE BUG AND ME

Ages 2-5

Doodle Bugs is geared toward helping children develop social and sensory skills while learning about color, texture, and experimenting with new materials. Each week the class will start with story time followed by an art project incorporating key characters or concepts straight from the story book. Dress for mess!

Instructor: Katelyn Durst

4/1-5/13	Fri	11 a.m.-Noon	\$56
5/20-6/24	Fri	11 a.m.-Noon	\$48

LITTLE HOOPERS BASKETBALL

Ages 3-5

Get off to a great sporting start with your preschooler! This co-ed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required. No class 5/30, 7/4.

Instructor: Sandra Jackson-James

4/4-5/9	Mon	6:15-7 p.m.	\$48
5/16-6/20	Mon	6:15-7 p.m.	\$40
6/27-7/25	Mon	6:15-7 p.m.	\$32
8/1-8/29	Mon	6:15-7 p.m.	\$40



CREATIVE MOVEMENT

Ages 3-5

This class includes elements of ballet, jazz, and modern, but from an open and creative platform. Class includes a lot of free dancing and imagination. Within a positive learning atmosphere, children are encouraged for their accomplishments as they begin their journey as dancers. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. No class 6/16, 6/23.

Instructor: Emmy Fansler

4/7-5/12	Thu	3-3:45 p.m.	\$48
5/19-6/9	Thu	3-3:45 p.m.	\$32
6/30-7/28	Thu	3-3:45 p.m.	\$40
8/4-9/1	Thu	3-3:45 p.m.	\$40
4/7-5/12	Thu	6-6:45 p.m.	\$48
5/19-6/9	Thu	6-6:45 p.m.	\$32
6/30-7/28	Thu	6-6:45 p.m.	\$40
8/4-9/1	Thu	6-6:45 p.m.	\$40

KINDER KICKERS

Ages 3-5

Develop your motor skills for dribbling, trapping, and kicking with an emphasis on ball control. Basics are introduced using games, obstacles, and mini-matches. Increase self-esteem and build a love for the game in a non-competitive environment with emphasis on cooperation and participation. Parental supervision required. No class 8/13.

Instructor: Sandra Jackson-James

4/9-5/14	Sat	9-9:45 a.m.	\$48
5/21-6/25	Sat	9-9:45 a.m.	\$48
7/2-7/30	Sat	9-9:45 a.m.	\$40
8/6-9/3	Sat	9-9:45 a.m.	\$40

➤ **YOUTH**

PERSONAL MUSIC LESSONS

Ages 5 and Older

Learn to play piano, drums, guitar, bass guitar, or all four!* Lessons are 30 minutes long and are offered on a monthly basis. Our instructor will tailor instruction to each student's needs and experience. Please note: payment is required prior to the start of a session. Time slots are guaranteed upon payment. No class 8/13.

Drum, guitar, and bass guitar are only available on Saturdays from 9 a.m.-2 p.m.

Instructor: Josh Meadows

4/6-4/27	Wed	2-8 p.m.	\$94
5/4-5/25	Wed	2-8 p.m.	\$94
6/1-6/29	Wed	2-8 p.m.	\$117

Instructor: Josh Meadows

4/8-4/29	Fri	2-6 p.m.	\$94
5/6-5/27	Fri	2-6 p.m.	\$94
6/3-6/24	Fri	2-6 p.m.	\$94

Instructor: Brian Goin

4/9-4/30	Sat	9 a.m.-5 p.m.	\$94
5/7-5/28	Sat	9 a.m.-5 p.m.	\$94
6/4-6/25	Sat	9 a.m.-5 p.m.	\$94

Instructor: Josh Meadows

7/6-7/27	Wed	2-8 p.m.	\$94
8/3-8/31	Wed	2-8 p.m.	\$117

Instructor: Brian Goin

7/1-7/29	Fri	2-6 p.m.	\$117
8/5-8/26	Fri	2-6 p.m.	\$94

Instructor: Josh Meadows

7/2-7/30	Sat	9 a.m.-5 p.m.	\$117
8/6-8/27	Sat	9 a.m.-5 p.m.	\$70.50



PLEASE REGISTER EARLY TO AVOID DISAPPOINTMENT.

SOMETIMES COURSES ARE CANCELED BECAUSE PEOPLE WAIT TOO LONG TO REGISTER!

TANG SOO DO

Ages 5 and Older

Tang Soo Do teaches us many things: self-defense, respect, focus, discipline, confidence, leadership, as well as how to accept our failures and discover the resolve to overcome greater challenges. Each student, be it child or adult, will take their own unique journey to black belt. Some must learn control—some, how to trust. Some will start their training shy then develop an understanding and desire to show their true strength. Some will learn to be less judgmental—starting with how they may judge themselves. Others will learn patience. All will learn perseverance and the deep satisfaction that comes from hard work and accomplishment. Everyone will improve their overall fitness. If you have ever thought of karate for yourself or for your child, there has never been a better time than right now to begin this amazing journey and to reap the benefits of this self-discovery, life skills improvement program. No class 7/5.

A one-time registration fee of \$15 is required for World Tang Soo Do Association membership.

Instructor: Tamela Thomas

Ages 5-7

4/5-5/10	Tue	6:30-7 p.m.	\$30
5/17-6/21	Tue	6:30-7 p.m.	\$30
6/28-7/26	Tue	6:30-7 p.m.	\$20
8/2-8/30	Tue	6:30-7 p.m.	\$25

Ages 8 and Older

4/5-5/10	Tue	7-8 p.m.	\$30
5/17-6/21	Tue	7-8 p.m.	\$30
6/28-7/26	Tue	7-8 p.m.	\$20
8/2-8/30	Tue	7-8 p.m.	\$25

JUNIOR HOOPERS BASKETBALL

Ages 6-7

Want to learn how to dribble, shoot, and play defense? Emphasis is placed on the fundamentals of ball handling, shooting techniques, and footwork while increasing endurance, flexibility, and strength. Teamwork and sportsmanship will be encouraged. Parental supervision required.

Instructor: Sandra Jackson-James

4/6-5/11	Wed	6:15-7 p.m.	\$48
5/18-6/22	Wed	6:15-7 p.m.	\$48
6/29-7/27	Wed	6:15-7 p.m.	\$40
8/3-8/31	Wed	6:15-7 p.m.	\$40

BALLET 1

Ages 6-10

Children learn basic ballet skills in a creative, fun environment. Boys and girls learn basic ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Dancers will learn warm up exercises, stretches, and across the floor movement. We will focus on enjoying movement while building a foundation that will help students move to the next level. Girls should wear a leotard, tights, and pink leather ballet slippers, Ballet skirts are allowed-tutus are not due to ease of damage. Boys should wear a plain t-shirt, black leggings, and ballet slippers. No class 6/16, 6/23.

Instructor: Emmy Fansler

4/7-5/12	Thu	6:45-7:45 p.m.	\$48
5/19-6/9	Thu	6:45-7:45 p.m.	\$32
6/30-7/28	Thu	6:45-7:45 p.m.	\$40
8/4-9/1	Thu	6:45-7:45 p.m.	\$40

DANCE SAMPLER

Ages 8-10

For those who want to try several styles of dance! We'll cover ballet, lyrical, jazz, hip hop, contemporary, musical theater, pop, and salsa! From slow to fast, serious to sassy, technical to interpretive, you'll experience them all and maybe have a favorite by the end! No class 6/16, 6/23.

Instructor: Emmy Fansler

4/7-5/12	Thu	4-4:45 p.m.	\$48
5/19-6/9	Thu	4-4:45 p.m.	\$32
6/30-7/28	Thu	4-4:45 p.m.	\$40
8/4-9/1	Thu	4-4:45 p.m.	\$40

HIP HOP DANCE

Ages 8-12

Rhythmic, grounded, and ever-changing, hip hop pushes dancers toward self-esteem, athleticism, and body awareness. Age appropriate music and moves make this class safe and fun for young learners! No class 6/16, 6/23.

Instructor: Emmy Fansler

4/7-5/12	Thu	5-5:45 p.m.	\$48
5/19-6/9	Thu	5-5:45 p.m.	\$32
6/30-7/28	Thu	5-5:45 p.m.	\$40
8/4-9/1	Thu	5-5:45 p.m.	\$40



GOJU RYU KARATE

Ages 7-17

Build self-confidence and stay fit while learning the basic skills and forms of this style of karate. Beginning and continuing students are welcome. The sessions are continuous throughout the year and taught by Sensei Paul Kurose, who along with family members has taught in our community for 20+ years. Check out his experience! No class 5/30, 7/4, 9/5.

Instructor: Paul Kurose

4/4-6/22	M/W	7:15-8:45 p.m.	\$15
6/27-8/31	M/W	7:15-8:45 p.m.	\$15

QUICKSTART TENNIS LEAGUE

Ages 7-10

QuickStart Tennis League is designed as a FUN play-based approach to tennis for kids 7-10 years old. They also provide the outlet to engage parents in practices/matches...the program is not designed as a drop off activity. We want parents to be engaged as much as possible. Two divisions that use age-appropriate courts and equipment (racquets, balls and court space) will be used guaranteeing success!! Kids will be active and learn important skills, while having FUN!! League and practice play included. Local league play on Wednesdays between 6-8 p.m. Volunteer Managers wanted! For more info on Quickstart go to 10andundertennis.com/parents.htm (Note: this is the National Site as is only for informational purposes). Matches start late July, rackets and balls provided, parents strongly encouraged to participate. Volunteers wanted. No class 7/4.

Ages 7-8

6/27-8/10	M/W	6-7 p.m.	\$40
-----------	-----	----------	------

Ages 9-10

6/27-8/10	M/W	7-8 p.m.	\$40
-----------	-----	----------	------

ADULTS

MIXXED FIT®

Ages 16 and Older

Are you tired of the same old work out? Try something NEW! MixedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and boot camp-inspired toning. The music selection is young, fresh, upbeat, and familiar. MixedFit® has repetitive moves that are easy to follow, maximizing workouts rather than focusing on complicated dance steps to help tone and sculpt the body. This program caters to all shapes, ages and skill levels. No class 5/30, 7/4, 9/5.

Instructors: Leilani Farr, Deidre Daymon

4/4-6/22 M/W 6-7 p.m.

6/27-8/31 M/W 6-7 p.m.

Drop-in: \$7

CHICAGO STYLE STEPPIN

Ages 16 and Older

T-Town Instructors will train youth and adults in the ballroom dance of Chicago Style Steppin and Soulful Line Dance routines. Students will learn the simple techniques of the basic eight count steps of the dance. As week as the proper etiquette of how to ask a lady to dance, how to show proper respect for one another, and how to dress. The students will learn how to engage in a partner dance equipped with turns, dips, footwork, timing, positions, and dancing together.

Instructors: Jeatonica Christian, Rodney Hams

4/23 Sat 2:30-4:30 p.m. \$12

5/28 Sat 2:30-4:30 p.m. \$12

6/25 Sat 2:30-4:30 p.m. \$12

7/23 Sat 2:30-4:30 p.m. \$12

8/27 Sat 2:30-4:30 p.m. \$12

ADULT TAI CHI

Ages 18 and Older

Come stretch and relax your mind, body, and spirit in our Tai Chi class. Suited for beginners and advanced students. Dress in comfortable clothing that allows you to stretch.

Instructor: Stan Hiserman

4/6-6/25 Wed 3-3:45 p.m.

Sat 9:30-10:15 a.m.

6/29-9/3 Wed 3-3:45 p.m.

Sat 9:30-10:15 a.m.

Drop-in: \$3

GOJU RYU KARATE

Ages 18 and Older

Build self-confidence and stay fit while learning the basic skills and forms of this style of karate. Beginning and continuing students are welcome. The sessions are continuous throughout the year and taught by Sensei Paul Kurose, who along with family members has taught in our community for 20+ years. Check out his experience! No class 5/30, 7/4, 9/5.

Instructor: Paul Kurose

4/4-6/22 M/W 7:15-8:45 p.m. \$15

6/27-8/31 M/W 7:15-8:45 p.m. \$15

CAPOEIRA

Ages 18 and Older

Capoeira (pronounced cap-oh-era) is an Afro-Brazilian martial art with elements of dance, music, and acrobatics (think Eddy Gordo from Tekken!). The jogo (game of Capoeira) is played by two Capoeiristas having a fluid conversation of kicks, sweeps, takedowns, flips, and movements. During the jogo, the Capoeiristas explore their strengths and weaknesses, fears and fatigue in a sometimes frustrating, but nevertheless enjoyable and challenging process of personal expression, self-reflection, and growth. Played to live music, Capoeira involves more than just the physical aspect of the art but also history, music, ritual, and culture. Taught by Alan Letran (Instructor Peritico), under the guidance of Mestre Acordeon, Mestra Suelly, and Mestre Ra.

Instructor: Alan Letran

4/7-6/23 Thu 7-8:30 p.m. \$48

6/30-9/1 Thu 7-8:30 p.m. \$40

Drop-in: \$9

KUNG FU EXERCISES

Ages 18 and Older

Shaolin Kung Fu exercises that develop strength, flexibility, coordination, balance, circulation and concentration. This is a no-contact class, suitable for all ages. Wear loose fitting clothes and non-traction flat-soled shoes or heavy socks.

Instructor: Stan Hiserman

4/6-6/24 W/F 9:15-10 a.m.

6/29-4/2 W/F 9:15-10 a.m.

Drop-in: \$2



**PLEASE REGISTER
EARLY TO AVOID
DISAPPOINTMENT.**

**SOMETIMES COURSES ARE
CANCELED BECAUSE PEOPLE
WAIT TOO LONG TO REGISTER!**

VOLUNTEER AND COMMUNITY SUPPORT NEEDED!

We are always looking for dedicated neighbors to assist us as we deliver great programs to our wonderful community. Volunteer at the Center, during Special Events, or serve on our Advisory Council. Get involved now and join us as we build a better future for our community! Call us for more details and other ways to offer your support.

Ask to speak with the Coordinator, (206) 386-1925.

RECTECH COMPUTER LAB

RecTech is guided by The RecTech Coalition (RTC), an alliance of staff, managers, and community advisory council members. The RecTech Coalition is committed to closing the digital divide and ensuring opportunity for all. Some of our partners include Adobe Youth Voices, Northwest African American Museum, Seattle University, Seattle International Film Festival, United Way of King County, Seattle Housing, and City of Seattle Department of Information Technology.

↘ MULTI-GENERATIONAL

DOODLE BUG AND ME

Ages 24 Months-4 Years

Doodle Bugs is geared toward helping children develop social and sensory skills while learning about color, texture, and experimenting with new materials. Each week the class will start with story time followed by an art project incorporating key characters or concepts straight from the story book. Dress for mess!

3/29-4/26	Tue	10-11 a.m.	\$50
5/3-6/14	Tue	10-11 a.m.	\$63
6/28-7/26	Tue	10-11 a.m.	\$50
8/2-8/30	Tue	10-11 a.m.	\$50

Sibling Rate: additional \$10

FAMILY YOGA

Ages 3 and Older

Namaste! This class is for families with children from 3 years and older. Family yoga classes are structured like kids yoga classes with emphasis on interactive and partner poses for kids and adults to do together. We'll do age-appropriate yoga poses, breathing, movement games, and relaxation. No yoga experience required.

3/31-4/28	Thu	11 a.m.-Noon	\$50
5/5-6/16	Thu	11 a.m.-Noon	\$70
7/7-7/28	Thu	11 a.m.-Noon	\$40
8/4-9/1	Thu	11 a.m.-Noon	\$50

BABY AND ME YOGA

Ages 6-Weeks Postpartum

For mom, we'll explore strength and flexibility while building postures, breathing exercises, and relaxation techniques. For baby, we'll share yoga-inspired movement, rhymes and songs, baby play, and massage with newborn to pre-crawling babies. Each class contains playful activities on backs, tummies, or held in adoring arms incorporating postures designed to support your baby's development, digestion, and sleep. Most appropriate from 6 weeks postpartum until baby is mobile. No previous yoga experience necessary. No class 2/17.

3/30-4/27	Wed	10-11 a.m.	\$55
5/4-5/25	Wed	10-11 a.m.	\$45
6/1-6/22	Wed	10-11 a.m.	\$45
6/29-7/27	Wed	10-11 a.m.	\$55
8/3-8/31	Wed	10-11 a.m.	\$55

FAMILY ZUMBA®

Ages 14 and Older

Founded in 2001, Zumba® Fitness is a global lifestyle brand that fuses fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Zumba® exercise classes are 'fitness parties' that blend upbeat world rhythms with easy-to-follow choreography, for a total body workout that feels like a celebration.

3/30-4/27	Wed	6-7 p.m.	\$20
5/4-5/25	Wed	6-7 p.m.	\$16*
6/1-6/15	Wed	6-7 p.m.	\$12**
6/29-7/27	Wed	6-7 p.m.	\$20
8/3-8/31	Wed	6-7 p.m.	\$20

Senior/Special Pops/Youth: \$15, *\$12, **\$9

FAMILY SPORTS FAN-ATICS – ROOKIES

Ages 3-5 with Parent Or Guardian

This class focuses on the basic concepts needed for basketball, soccer, tee-ball, kickball, and football. Participants learn to play together in a structured class setting with various obstacles and games. The class provides a foundation for children's growth and enjoyment in a variety of sports.

3/31-4/28	Thu	5-5:45 p.m.	\$45
5/5-6/16	Thu	5-5:45 p.m.	\$63
6/30-7/28	Thu	5-5:45 p.m.	\$45
8/4-9/1	Thu	5-5:45 p.m.	\$45

Sibling Rate: additional \$10

↘ YOUTH

KINDER KICKERS

Ages 3-5

Develop your motor skills for dribbling, trapping, and kicking with an emphasis on ball control. Basics are introduced using games, obstacles, and mini-matches. Increase self-esteem and build a love for the game in a non-competitive environment with emphasis on cooperation and participation. Parental supervision required.

3/29-4/26	Tue	6:15-7 p.m.	\$45
5/3-6/14	Tue	6:15-7 p.m.	\$54
6/28-7/26	Tue	6:15-7 p.m.	\$45
8/2-8/30	Tue	6:15-7 p.m.	\$45

LITTLE HOOPERS

Ages 3-5

Get off to a great sporting start with your preschooler! This coed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required.

4/1-4/29	Fri	5-5:45 p.m.	\$45
5/6-5/27	Fri	5-5:45 p.m.	\$36
6/3-6/24	Fri	5-5:45 p.m.	\$36
7/1-7/29	Fri	5-5:45 p.m.	\$45
8/5-8/26	Fri	5-5:45 p.m.	\$36

JUNIOR HOOPERS INSTRUCTIONAL BASKETBALL

Ages 6-7

Nothing but net! This fundamental course develops a strong skill foundation with appreciation for the game of basketball. This class emphasizes the fundamentals, including ball handling, shooting techniques, and footwork while increasing endurance, flexibility and strength while encouraging teamwork and sportsmanship. This course will include fun scrimmages at the end of the quarter. Parental supervision required.

4/1-4/29	Fri	6-7 p.m.	\$45
5/6-5/27	Fri	6-7 p.m.	\$36
6/3-6/24	Fri	6-7 p.m.	\$36
7/1-7/29	Fri	6-7 p.m.	\$45
8/5-8/26	Fri	6-7 p.m.	\$36

SYRF BASKETBALL SKILLS CLASS

Ages 8-16

Athletes will learn repetition of fundamentals, conditioning, ball handling and shooting. We will also introduce the benefits of eating healthy, fitness, and having fun at the same time. This class is good for all skill levels.

Girls Ages 8-11

3/28-6/9 M/Th 6-7 p.m. \$75*

Girls Ages 12-16

3/28-6/9 M/Th 7-8:15 p.m. \$75*

Boys Ages 8-11

3/28-6/8 M/W 6:15-7:15 p.m. \$75*

*SYRF Members \$50

FAMILY SPORTS FAN-ATICS – ALL STARS

Ages 5-6

This class focuses on improving basic motor skills needed for an array of sports and games. Children learn the basics of basketball, soccer, tee-ball, football, and kickball through different drills, obstacles, and games. Parental supervision required.

3/31-4/28	Thu	6-7 p.m.	\$45
5/5-6/16	Thu	6-7 p.m.	\$63
6/30-7/28	Thu	6-7 p.m.	\$45
8/4-9/1	Thu	6-7 p.m.	\$45

CREATIVE MOVEMENT AND TUMBLING

Ages 3-4

Boys and girls will learn the basic elements of movement and gymnastics. Class includes lots of free dancing and imagination. Using a positive learning atmosphere, children are encouraged for their accomplishments as they begin their journey as dancers. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. A \$5 annual nonrefundable insurance fee will be required prior to registration for all gymnastics and tumbling classes. Parental supervision required.

4/1-4/29	Fri	5-5:45 p.m.	\$45
5/6-5/27	Fri	5-5:45 p.m.	\$36
6/3-6/24	Fri	5-5:45 p.m.	\$36
7/1-7/29	Fri	5-5:45 p.m.	\$45
8/5-8/26	Fri	5-5:45 p.m.	\$36



LYRICAL FUSION

Ages 5-7

This class will introduce younger students to basic dance vocabulary and technique in a structured yet fun setting. Simple coordination, musicality, rhythm, and concentration will be emphasized. Students are encouraged to explore space and enjoy dancing. Class still includes lots of free dancing and imagination. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. Parental supervision required.

3/30-4/27	Wed	5:30-6:15 p.m.	\$55
5/4-5/25	Wed	5:30-6:15 p.m.	\$44
6/1-6/15	Wed	5:30-6:15 p.m.	\$33
6/29-7/27	Wed	5:30-6:15 p.m.	\$55
8/3-8/31	Wed	5:30-6:15 p.m.	\$55

LITTLE DANCE DIVAS

Ages 4-7

Boys and girls will explore the very basic techniques in jazz and hip hop. Discover exciting methods of movement using dance, activities, and games that work on coordination, flexibility, and rhythm along with body awareness. Parental supervision required. No class 5/30.

3/28-4/25	Mon	5:15-6 p.m.	\$45
5/2-5/23	Mon	5:15-6 p.m.	\$36
6/6-6/27	Mon	5:15-6 p.m.	\$36
7/11-8/1	Mon	5:15-6 p.m.	\$36
8/8-8/29	Mon	5:15-6 p.m.	\$36

HIP HOP DANCE

Ages 8-13

Koach T's dance classes will explore the skills and techniques that street-funk, jazz, isolations, and break dancing are founded upon. These classes are heavily influenced by contemporary rap and pop music. All experience levels will be able to enjoy this opportunity to express themselves through a diverse, urban, welcoming environment.

4/1-4/29	Fri	6-7 p.m.	\$45
5/6-6/10	Fri	6-7 p.m.	\$54

SHOTOKAN KARATE

Ages 6 and Older

Have fun learning traditional Japanese Shotokan karate. Martial arts training will improve your self-confidence and concentration in all parts of life. Open to all ages and all levels. Participants test for belt rank at their own pace.

3/31-4/28	Thu	6:15-7 p.m.	\$54
5/5-6/16	Thu	6:15-7 p.m.	\$63
6/30-7/28	Thu	6:15-7 p.m.	\$45
8/4-9/1	Thu	6:15-7 p.m.	\$45

ADULTS

FAMILY ZUMBA®

Ages 14 and Older

Founded in 2001, Zumba® Fitness is a global lifestyle brand that fuses fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Zumba® exercise classes are 'fitness parties' that blend upbeat world rhythms with easy-to-follow choreography, for a total body workout that feels like a celebration.

3/30-4/27	Wed	6-7 p.m.	\$20
5/4-5/25	Wed	6-7 p.m.	\$16*
6/1-6/15	Wed	6-7 p.m.	\$12**
6/29-7/27	Wed	6-7 p.m.	\$20
8/3-8/31	Wed	6-7 p.m.	\$20

Senior/Special Pops/Youth: \$15, *\$12, **\$9

AEROBICS

Ages 18 and Older

Get your all in one workout; cardio pumping, strength building, and muscle toning, while moving and grooving to booming beats. You'll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA, PFT, IFPA-certified. No class 4/12, 5/10, 7/12, 8/9.

3/29-4/28	T/Th	6-7 p.m.	\$45*
5/3-6/2	T/Th	6-7 p.m.	\$45*
6/7-7/7	T/Th	6-7 p.m.	\$45*
7/14-8/18	T/Th	6-7 p.m.	\$50
8/23-9/8	T/Th	6-7 p.m.	\$30**

Senior/Special Pops/Youth: \$40, *\$36, **\$28

➤ YOUTH

LITTLE DANCE DIVAS

Ages 4-7

Boys and girls will explore the very basic techniques in jazz and hip hop. Discover exciting methods of movement using dance, activities, and games that work on coordination, flexibility, and rhythm along with body awareness. Parental supervision required.

4/14-5/5	Thu	6-6:45 p.m.	\$32
5/12-6/16	Thu	6-6:45 p.m.	\$48
6/23-7/28	Thu	6-6:45 p.m.	\$48
8/4-9/1	Thu	6-6:45 p.m.	\$40

FAMILY FI-TASTICS

Ages 3-5 with Parent or Guardian

Come join us for an exercise program designed for moms, dads, and children who will benefit from Yoga poses, Pilates core work, cardio, stretching exercises, and basic gymnastics skills. A wonderful opportunity for the whole family to bond and feel good while getting fit! Adult participation required.

4/7-5/5	Thu	5-5:45 p.m.	\$40
5/12-6/16	Thu	5-5:45 p.m.	\$48
6/23-7/28	Thu	5-5:45 p.m.	\$48
8/4-9/1	Thu	5-5:45 p.m.	\$40

LITTLE HOOPERS

Ages 3-5

Get off to a great sporting start with your preschooler! This coed program eases your child into the world of basketball. Instructor focus will be on introductory skills such as dribbling while incorporating hand-eye coordination and agility. Parental supervision required.

4/4-4/28	Mon	4-4:45 p.m.	\$32
5/2-5/23	Mon	4-4:45 p.m.	\$24
6/6-6/27	Mon	4-4:45 p.m.	\$32
7/11-7/25	Mon	4-4:45 p.m.	\$24
8/1-8/29	Mon	4-4:45 p.m.	\$40

JUNIOR HOOPERS INSTRUCTIONAL BASKETBALL

Ages 6-7

Want to learn how to dribble, shoot, and play defense? Emphasis is placed on the fundamentals of ball handling, shooting techniques, and footwork while increasing endurance, flexibility, and strength all the while encouraging teamwork and sportsmanship. Parental supervision required.

4/4-4/25	Mon	5-5:45 p.m.	\$32
5/2-5/23	Mon	5-5:45 p.m.	\$32
6/6-6/27	Mon	5-5:45 p.m.	\$32
7/11-7/25	Mon	5-5:45 p.m.	\$24
8/1-8/29	Mon	5-5:45 p.m.	\$40

SELF DEFENSE

FREE!

Ages 5 and Up

Learn the basic self-defense techniques, come as you are street clothing allowed, we want to build the confidence motivation and skills to protect yourself in an ever changing world.

Beginning

4/6-4/27	Wed	6-7p.m.
5/4-5/25	Wed	6-7p.m.
6/1-6/29	Wed	6-7p.m.
7/6-7/27	Wed	6-7p.m.
8/3-8/31	Wed	6-7p.m.

Advanced

4/6-4/27	Wed	7-8:30 p.m.
5/4-5/25	Wed	7-8:30 p.m.
6/1-6/29	Wed	7-8:30 p.m.
7/6-7/27	Wed	7-8:30 p.m.
8/3-8/31	Wed	7-8:30 p.m.

AMERICAN KENPO

FREE!

Ages 5 and Up

American Kenpo is a highly sophisticated yet simple Martial Art System that is flexible in thought, as well as motion. Kenpo is tailored to an individual's needs, and is specifically designed as a self-defense system applicable to the streets of America. Kenpo will teach you long-lasting, articulate Self-Defense principles, and confidence while improving your self-discipline.

4/5-4/28	T/Th	6-7:30 p.m.
5/3-5/31	T/Th	6-7:30 p.m.
6/2-6/30	T/Th	6-7:30 p.m.
7/5-7/28	T/Th	6-7:30 p.m.
8/2-8/30	T/Th	6-7:30 p.m.



SEATTLE PARKS AND RECREATION AQUATICS INFORMATION



© Doug Mahugh



© Doug Mahugh

Lessons "Seattle Swims"

Swim for fun,
fitness, and safety!
All ages swimming
instruction by
certified lifeguards
and trained
instructors.



Class Information

Online registration
using the SPARC
system. Go to:
<http://class.seattle.gov/parks>



© jay dotson photography

Personal Lessons

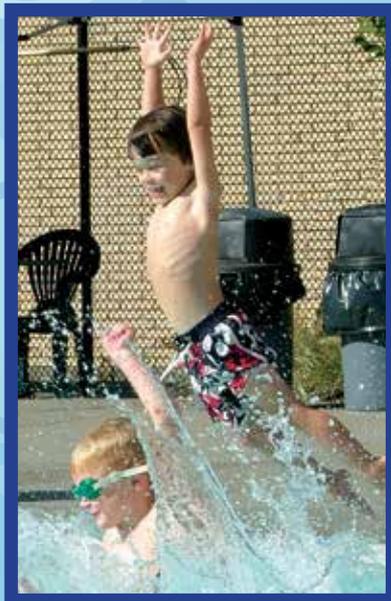
Quality
instruction
tailored to
fit individual
needs to achieve
your personal
swimming goals.



© Doug Mahugh

Fitness

Deep Water, Shallow Water, Masters, and other fitness opportunities available!



Recreation

Public Swim, Family Swim, Lap Pool and more!



Contact your local pool for more information!

BALLARD POOL

1471 NW 67th St • (206) 684-4094
seattle.gov/parks/aquatics/Ballardp.htm

EVANS POOL

7201 E Green Lake Drive N • (206) 684-4961
seattle.gov/parks/aquatics/Evanspool.htm

HELENE MADISON POOL

13401 Meridian Ave N • (206) 684-4979
seattle.gov/parks/aquatics/madisonpool.htm

MEADOWBROOK POOL

10515 35th Ave NE • (206) 684-4989
seattle.gov/parks/aquatics/meadowbrookpool.htm

MEDGAR EVERS POOL

500 23rd Ave • (206) 684-4766
seattle.gov/parks/aquatics/everpool.htm

QUEEN ANNE POOL

1920 1st Ave W • (206) 386-4282
seattle.gov/parks/aquatics/queenannepool.htm

RAINIER BEACH POOL

8825 Rainier Ave S • (206) 386-1925
seattle.gov/parks/aquatics/rainierbeachpool.htm

SOUTHWEST POOL

2801 SW Thistle St • (206) 684-7440
seattle.gov/parks/aquatics/swpool.htm

Summer Only

COLMAN POOL

8603 Fauntleroy Way SW • (206) 684-7494
seattle.gov/parks/aquatics/colman.htm

LOWERY C. "POP" MOUNGER POOL

2535 32nd Ave W • (206) 684-4708
seattle.gov/parks/aquatics/mounger.htm

Did You Know?
We have rental space!

Great for your next get together, birthday party, family reunion, school field trip, and more! Convenient weekend times available.

Call to book your party today!



RESERVATIONS AND CONFIRMATIONS

Room, pool, hangar and gym rentals are available on a first-come, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS

With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event

Damage Deposit \$500 • Staff fee \$50 per hour +1 additional hour • \$75 City of Seattle Alcohol Permit Fee • Banquet Permit purchased from the Liquor Control Board \$15

Liability insurance ranges \$200-\$400 or may be covered by some caterers or by your home owner's insurance policy.

Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

REFUNDS

Staff at the facility will review the complete refund policy with you when your rental is booked. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at www.seattle.gov/parks/reservations.

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. **Contact your community center for more information.**

HOURLY ROOM AND GYMNASIUM RENTAL FEES

NOTE: A non-refundable \$25 booking fee per site is required for ALL rentals in addition to the hourly rates. An additional charge is required for staff and the use of certain types of equipment, subject to availability at the facility.

ROOMS

- » \$35: Small Rooms (1-400 square feet), per hr
- » \$45: Medium Rooms (401-1,500 square feet), per hr
- » \$60: Large Rooms (1,500+ square feet), per hr
- » \$25: Small Kitchen (minimum of 2 hours), per hr
- » \$48: Large Kitchen (minimum of 2 hours), per hr
- » \$25: Staff fee (charged for rental hours + one hour). For all rentals on weekends or outside City operating hours a staff fee will be charged (staff fee increases 1½ times per hour on holidays). Number of staff will be determined based upon facility, nature of event, and anticipated attendance.
- » \$75: Additional fee for events with ALCOHOL (insurance also required)
- » \$250: Refundable rental and cleaning deposit (no alcohol), for rentals outside of normal operating hours
- » \$500: Refundable damage deposit for events with ALCOHOL
- » \$25-\$250: A non-refundable per hour maintenance fee may be charged and collected prior to the event as determined based upon event size and type.

COMMUNITY CENTERS/ROOMS AND CAPACITIES

SITE	SMALL	MED	LARGE	KITCHEN	GYM
Garfield 206-684-4788	15-35	35-45	145	35	442
International District/ Chinatown CC 206-233-0042	37	48	135	small	395
Jefferson 206-684-7481	20	(2)50	110	small	300
Rainier 206-386-1919	(2)20	(2)35	100	large	(2)350
Rainier Beach 206-386-1925	(3) 25-30	(3) 40-100	200	large	400
Van Asselt 206-386-1921		62	187	large	283

SOUTHEAST SEATTLE/SHELTERHOUSES AND CAPACITIES

SITE	SMALL	MED	LG
Pritchard Beach Bathhouse 206-684-7254		85	
Madonna Shelter House 206-684-4788	25		

REGISTER ONLINE!

READY – Please visit our web site at www.seattle.gov/parks and look for SPARC to see what classes and programs are available for registration.

SET – Contact us to obtain your barcode and PIN number. Take time to make sure all of your questions are answered.

GO – In order to make your online registration go as smoothly as possible, please set up an account 24 hours before the registration date at <http://www.seattle.gov/parks/> and click on the SPARC section.

Payment

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online at www.seattle.gov/parks click on the SPARC logo. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

Fees and charges

ARC—Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.

City—Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- A full refund will be issued for any program, activity, or reservation that is cancelled for any reason by the Department or the Associated Recreation Council. *Note: School-age care programs are subject to the following exceptions from the published refund policy:*
1) No refund/credit is given if program is canceled due to emergency or weather for the first two cancelled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.

- Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.

- Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

- A transfer from one class to another is permitted without cost if done on the same business day as the original registration, and is subject to space availability.

- No fee is charged for a transfer initiated by Seattle Parks and Recreation staff when done to correct an error in registration or allow for a better recreation opportunity.

For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here:

www.seattle.gov/parks/reservations/feesandcharges/refunds.htm.

Pool Personal Lesson Refund/Transfer Policy

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

Group Lesson Refund Policy

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10% or \$5, whichever is greater

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Scholarships

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call (206) 615-0140 or TDD (206) 684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Special Populations

For information on programs for youth/adults with disabilities, please call the Special Populations Office at (206) 684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.htm.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



Presented by Seattle Parks and Recreation's
Get Moving Initiative

BIG DAY OF PLAY



**AUGUST 13, 2016
NOON-6 P.M.**

**RAINIER CC
4600 38th Ave S
Seattle WA 98118**

**FREE FOR ALL AGES!
bigdayofplay.com**



To support a healthy environment, this is a zero-waste event.