



CLASSES, ACTIVITIES, CAMPS, SPECIAL EVENTS, AND MORE!
SOUTHWEST COMMUNITY CENTERS
SPRING/SUMMER 2015

**COMMUNITY
CENTERS**

ALKI

DELRIDGE

HIAWATHA

HIGH POINT

SOUTH PARK

SOUTHWEST TEEN
LIFE CENTER

POOL

SOUTHWEST



REGISTER
SPRING: 3/10
SUMMER: 5/19

EXPLORE MORE!

register online:
seattle.gov/parks



Dear Friends,

Welcome to Spring, when the days are getting longer and brighter, and everyone seems to be more active and engaged preparing for Summer.

That is certainly true at Seattle Parks and Recreation. Spring and Summer bring a full slate of activities and events at our community centers and pools, including Spring Break camps, Summer Camps, April Pools Day, and seasonal programs aimed at children, teens, seniors and special populations. One of our most popular events in the spring are annual egg hunts at many of our community centers.

My heartfelt thanks for your patronage of Seattle Parks and Recreation this season and throughout the year. Whether you participate in our recreation programs, swim at our pools, play golf, tennis or other sports, or simply visit one of more than 400 parks, gardens. We appreciate your support!

Sincerely,

Christopher Williams
Acting Superintendent

For more information, please check out our website (www.seattle.gov/parks) and the Parkways blog (<http://parkways.seattle.gov/>).



REGISTER

3/10 (SPRING)
5/19 (SUMMER)

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.

Most community centers hours of operation were reduced in the 2013/14 budget process. Our staff will do their best to register you as quickly as possible, but we ask for your patience and understanding if we are not able to respond as quickly as you may expect from past experience. We have limited staff which may affect our response time. We highly encourage you to register for programs online when possible and available.

Thank you for your continued support of Seattle Parks and Recreation.



BEST CHOICE

Stop by your local recreation center to register for programs and meet the staff. Take a peek at the recreation center and the program space. Staff welcomes face-to-face interaction! *Please note hours of operation, as they vary across community centers.*



FIRST CHOICE

Online registration using the SPARC system by going to seattle.gov/parks and clicking on SPARC. Please note that you will need to set up an account prior to having access to the online SPARC system. This may take up to a week to process. We do our best to set up accounts for registration within 48 hours.



SECOND CHOICE

Call your local recreation center during our hours of operation at the phone number listed at: seattle.gov/parks/centers.asp. All staff can assist you with registration during their operating hours listed on their home page linked from the above web address.



THIRD CHOICE

Register by phone with our Business Service Center at 206-684-5177. The Business Service Center is open Monday through Friday between 8:30 am and 6 pm. Questions may be emailed to ParksBSC@seattle.gov.



FOURTH CHOICE

Mail in or drop off registration requests with payments and/or required forms to your local community center. For the address of your local community center, please visit: seattle.gov/parks/centers.asp.

IN THIS BROCHURE:

19

NEW PROGRAMS

82

FREE PROGRAMS

WE ALSO HAVE YOUR FAVORITE DANCE, TENNIS, POTTERY, BASKETBALL, KARATE, ART, SOCCER, YOGA, AND PIANO CLASSES AND SO MUCH MORE AT YOUR LOCAL COMMUNITY CENTER!



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SUMMER CAMPS!

33 LOCATIONS - HUNDREDS OF AMAZING CAMPS

SEE ALL OF OUR GREAT
SUMMER CAMPS IN
OUR SUMMER CAMP
BROCHURE AVAILABLE NOW!



WWW.SEATTLE.GOV/PARKS/CAMPS/FILES/2015SUMMERCAMP.PDF



ALKI CC

5817 SW Stevens St / Seattle, WA 98116
PH: 206-684-7430 **Fax:** 206-938-9549

SPRING / SUMMER HOURS

Mon-Thu 3-8 pm
 Friday 4-9 pm
 Sat/Sun Closed

STAFF

Marc Hoffman, Center Coordinator
 Jill Patterson, School-Age Care Director

DELRIDGE CC

4501 Delridge Way S / Seattle, WA 98106
PH: 206-684-7423 **Fax:** 206-684-7424

SPRING HOURS**FLOOR CLOSURE ON 3/28-4/5**

Mon/Wed 9 am-8 pm
 Tue/Thu 2-8 pm
 Friday 1-6 pm
 Saturday 9 am-3 pm
 Sunday Closed

SUMMER HOURS

Mon/Wed 9 am-8 pm
 Tue/Thu Noon-8 pm
 Friday 11 am-6 pm
 Sat/Sun Closed

STAFF

Angie Ramirez, Center Coordinator
 Mary McKinney, School-Age Care Director

HIAWATHA CC

2700 California Ave SW / Seattle, WA 98116
PH: 206-684-7441 **Fax:** 206-923-1691

SPRING HOURS

Mon/Thu 10 am-8 pm
 Tue/Wed 11 am-8 pm
 Friday Noon-7 pm
 Sat/Sun Closed

SUMMER HOURS

Mon-Fri 10 am-7 pm
 Sunday Closed

STAFF

Tiffani Melake, Center Coordinator
 Nicole Fitzgerald, Hiawatha SAC Director
 Kevin Robinson, Schmitz Park SAC Director

HIGH POINT CC

6920 34th Ave SW / Seattle, WA 98126
PH: 206-684-7422 **Fax:** 206-684-7402

SPRING / SUMMER HOURS

Mon-Thu 9 am-8 pm
 Fri/Sat 9 am-7 pm
 Sunday 2-8 pm

STAFF

Shari Watts, Center Coordinator
 Vicki Allgood, School-Age Care Director

SOUTH PARK CC

8319 8th Ave S / Seattle, WA 98108
PH: 206-684-7451 **Fax:** 206-684-7992

SPRING HOURS

Mon/Wed/Thu 1-9 pm
 Tuesday 11 am-9 pm
 Friday 2-7 pm
 Saturday 9 am-3 pm

SUMMER HOURS

Mon-Thu Noon-8 pm
 Friday Noon-7 pm
 Saturday 10 am-4 pm

STAFF

Jefri Peters, Center Coordinator
 Isabel Mireles, School-Age Care Director

**SOUTHWEST
TEEN LIFE CENTER**

2801 SW Thistle St/Seattle, WA 98126
 Entry is located on south side of building.
PH: 206-684-7438 **Fax:** 206-233-7295

HOURS OF OPERATION

Tue-Fri 2:30-8 pm
 Fri/Sat 7-Midnight (Late Night)
 Saturday 5-7 pm

STAFF

Mazvita Maraire, Sr. Recreation Specialist

***TEEN LATE NIGHT
7-MIDNIGHT (Ages 13-19)****Friday: High Point & South Park CC****Saturday: Delridge CC****Fri/Sat: Southwest Teen Life Center****PARKS MANAGEMENT**

Christopher Williams, Superintendent
 Kelly Guy, Recreation Director
 Katie Gray, Deputy Recreation Director
 Kathy Whitman, Aquatics Manager

PROFESSIONAL STAFF

Ronald Davis,
 Senior Coordinator
 Lakema Bell,
 Asst. Recreation Coordinator
 Giovannina Souers,
 Asst. Recreation Coordinator

CLOSURES

5/25 Memorial Day
 7/3 4th of July (Observed)
 7/4 4th of July
 9/7 Labor Day

ASSOCIATED RECREATION COUNCIL

 For 39 years, the Associated Recreation Council (ARC) has provided recreation, lifelong learning programs and community-driven leadership in partnership with Seattle Parks and Recreation. With a goal of providing equitable access to citywide programs for Seattle residents of all ages, ARC works through 37 volunteer Advisory Councils to fulfill its mission of "building community through citizen engagement and participation in recreation and lifelong learning programs." ARC is a 501c3 nonprofit organization. For more information, go to www.arcseattle.org.

DISCLAIMER NOTE

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors, and fees may change after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

- 1) ALKI CC
- 2) DELRIDGE CC
- 3) HIAWATHA CC
- 4) HIGH POINT CC
- 5) SOUTHWEST POOL & TLC
- 6) SOUTH PARK CC



➤ RECURRING EVENTS

FRIDAY NIGHT SKATE

Join us for a night of skating with your family and friends every Friday night. For more information please contact us at (206) 684-7430.

Location: Alki CC
Ends 6/19 **Fri** **6:30-8:30 pm** **\$3/skater**

SKATE NIGHT BIRTHDAY PARTY RENTALS

Need ideas for a birthday party? What about a skate rental? Call Alki Community Center for more details (206) 684-7430.

Location: Alki CC
Friday **6:30-8:30 pm**

MID-WEEK CONCERT SERIES AT ALKI BEACH

You are over the hump and it's time to party! Come down to Alki beach and listen to live music.

Location: Alki Bathhouse

7/8	Wed	6:30-7:30 pm	TBA
7/29	Wed	6:30-7:30 pm	TBA
8/5	Wed	6:30-7:30 pm	TBA

HIAWATHA SUMMER CONCERTS



All Ages

Sit back and relax with the family on the back lawn at Hiawatha! This series in partnership with the Admiral Neighborhood Association runs for 6 weeks on Thursdays during the summer.

BANDS WILL BE ANNOUNCED IN LATE SPRING OR EARLY SUMMER.

Location: Hiawatha East Lawn
7/23-8/27 **Thu** **6:30 pm**



YOUR ADVISORY COUNCIL

Most classes, workshops, sports and swim programs, special events and facility rentals are funded through the local advisory council, rather than from City of Seattle budgets. Revenues generated through program fees offset program costs to make these activities self-sustaining. We also rely on participation, donations, and contributions to maintain and upgrade equipment. Advisory council members create scholarship opportunities through grant writing and other fundraising activities.

JOIN US!

Citizen direction and participation is essential to our success. Monthly meetings are held to talk about programs, policies, and financial issues. Our advisory councils always are looking for new members. If you would like to get involved, please contact the facility staff for further information.

➤ MARCH 2015

DR. SEUSS BIRTHDAY READING PARTY

FREE!
IN PARTNERSHIP WITH READ ACROSS AMERICA

We are having a party! It's truer than true. We want to party and celebrate with you! You would not, could not, should not miss. A birthday party such as this. Games and crafts and lots of fun, ohhhh and birthday cupcakes by the Ton! Please come dressed in your silliest clothes, just make sure you cover your toes. The time for the party is four to six. It's a free event and you don't need tickets.

Location: South Park CC
3/2 Mon 4-6 pm

BUNNY BONANZA

All ages

Join Fopsy Lopsy and his 15-20 real bunny friends. You can pet and play with real rabbits for the hour. Come and join in the fun and have a hopping good time!

Location: Alki Bathhouse
3/31 Tue 6-7 pm \$5/person

➤ APRIL 2015

TODDLER EGGSTRAVAGANZA

Ages 0-5

Here comes Peter Cottontail...hopping through our event! Cookie decorating, bubbles, and balloons.

Location: High Point CC
4/2 10 am-Noon \$5

SPRING EGG HUNT

FREE!
Ages 0-12

Come grab a bag and gather all you can.

Locations: Delridge, Hiawatha, High Point and South Park
4/4 Sat Starts at 10 am Sharp

SPRING EGG HUNT

FREE!
Ages 11 and under
**BREAKFAST SNACKS AND REFRESHMENTS
AVAILABLE (DONATIONS ACCEPTED)**

It's that time of year to take pictures with life size bunnies and go hunting for their colorful eggs. Join us at Alki Community Center for all of this and much more. Egg hunts for ages 0 to 11. The rest of the morning will be fun for the entire family.

Location: Alki CC
4/4 Sat 9:30-11:30 am
Egg hunt starts at 10 am Sharp

MOONLIGHT HUNT & PINATA POUND

FREE!
Ages 11-19

Too old for egg hunts? Not this one! Pinata pound starts at 8 pm followed by a hunt for mass prizes in Hiawatha Park. Send inquiries and questions to John.Hasslinger@Seattle.gov. Upperclassmen and adult volunteers wanted.

Location: Hiawatha CC
4/17 Fri 8-9:30 pm

➤ MAY 2015

CINCO DE MAYO CELEBRATION/ HISPANIC CULTURE EVENT

FREE!

Learn about the Hispanic Culture through music, food and dance.

Location: Delridge CC
5/5 Tue 6-8 pm

TACO TUESDAY

All Ages

It's Cinco de Mayo! And it's Tuesday! Join us for a night of delicious Mexican food. There will be a Piñata, other fun activities and, of course, a choice of tacos (including vegetarian) along with salsa, rice, beans and snacks. \$5 fee includes tacos.

Location: Alki CC-Bathhouse
5/5 Tue 6-7:30 pm \$5
KIDS UNDER 3 EAT FREE

➤ JUNE 2015

OUT OF SCHOOL BASH

FREE!

Come celebrate the beginning of summer with High Point Community Center. BBQ, jumpy toys, and booths with information on neighborhood programs and events. Last opportunity for service hours.

Location: High Point CC
6/12 4-7:30 pm

FAMILY GAME NIGHT**FREE!**

Come enjoy and challenge your family to a friendly competition, board games, and card games for all ages. Enter one of our tournaments and win cool prizes. Light snacks and refreshments will be provided.

Location: Delridge CC**6/17 6-8 pm****OREGON SHADOW THEATRE PRESENTS****FREE!****"PECOS BILL, A TALL TALE"****Ages 5 and older**

In the folklore of the American West, Pecos Bill has been called the creator of the Rio Grande, the lasso, the rodeo, and the first cowboy songs. Oregon Shadow Theatre's production combines shadow figures and visual effects with hammered dulcimer, harmonica and sound effects to create a delightful rendition of this tall tale. Hosted by the South Park Public Library and South Park Community Center.

Location: South Park CC**6/24 Wed 11:15-12:30 pm****NEW****➤ JULY 2015****MOVIE NIGHT****FREE!**

Join us for a fun, family friendly movie night. We will be screening, The Sponge Bob Movie: Sponge Out of Water

Location: Delridge CC**7/16 6-8 pm****28TH ANNUAL MEDITERRANEAN FANTASY FESTIVAL****FREE!****All Ages**

Join us for fun and festivities! Dancing and vending both days.

Location: Hiawatha CC**7/18 Sat 11 am-7 pm****7/19 Sun 11 am-5 pm****➤ AUGUST 2015****NIGHT OUT AGAINST CRIME-NATIONAL****FREE!**

Designed to heighten crime prevention awareness, increase neighborhood support in anti-crime efforts, and unite our communities. It is a great chance to learn about crime prevention, while also celebrating your community and spending time with your neighbors. The event is a unique opportunity to bring your neighbors together, welcome new neighbors, talk about crime prevention, and Block Watch efforts, and mainly just have a great time with food, music, games - whatever you want. The creativity we've seen of what neighborhoods come up with is amazing. Some gatherings are just a few households; others expand into large block parties.

Location: South Park and High Point**8/4****ROOT BEER FLOAT DAY****FREE!**

Come enjoy a nice root beer float and meet some of your neighbors. Enjoys some fun art projects and games; brought to you by the Delridge Community Center Advisory Council.

Location: Delridge CC**8/6 6-7 pm****DELRIDGE DAY****FREE!**

Delridge Day! 2015 will be our 9th year, and we have a lot of fun events planned for the community that you won't want to miss! Come celebrate our neighborhood and all it has to offer! Fun for all the family.

Location: Delridge CC**8/8 10 am-4 pm****SCHOOL OF ROCK CONCERT AT ALKI BEACH****FREE!****All ages invited**

Here's a chance to hear and see future rock stars on the magnificent Alki Beach. Show will be in the Bathhouse if weather dictates.

Location: Alki Bathhouse**8/14 Fri 5-6 pm****BACK TO SCHOOL BBQ****FREE!**

It's almost time to get back to school but we still have a little more summer to celebrate with a BBQ, games, and much more.

Location: South Park CC**8/27 Thu 4-6 pm****➤ SEPTEMBER 2015****NEIGHBORHOOD APPRECIATION BBQ / ALKI SUMMER FUN FEST****FREE!****All ages**

We would like to thank all our neighbors and families who participate in our community by throwing you a BBQ with hot dogs, burgers, potato salad, fruit and all the fixin's that go along with it. On the Alki Field, we'll have bounce toys, carnival games for all ages, bubbleland and carnival treats. This is a great time to meet your neighbors and learn about community programs. A summer must! **Food is FREE!**

Location: Alki CC**9/1 Tue 5-7 pm**

Games and bounce houses: \$1 or \$10 unlimited bracelet
Snow Cones and cotton candy are sold separately

TODDLER INDOOR GYM

DOES YOUR CHILD NEED TO BURN OFF SOME ENERGY?

Your child will learn social skills, develop hand-eye coordination, and make new friends. *A parent or responsible caregiver (18 or older) must be present at all times. Registration is not required. Times and days may vary due to community center special events or summer camps.*

\$3 per child.

DELRIDGE COMMUNITY CENTER (ENDS 5/27)

Mon/Wed 1-4 pm

HIAWATHA COMMUNITY CENTER (ENDS 5/28)

Mon/Thu 10 am-1 pm

HIGH POINT COMMUNITY CENTER

Tue/Thu 10 am-2 pm

SOUTH PARK COMMUNITY CENTER (ENDS 6/18)

Tue 11 am-1 pm
Thu 1-3 pm

FRIDAY NIGHT SKATE

All Ages

Join us for a night of skating with your family and friends on Friday nights. For more information, call (206)684-7430. Last day until fall is 6/19.

Location: Alki CC

2/13-6/19 Fri 6:30-8:30 pm \$3

DROP-IN BRIDGE

Location: Delridge

Mon 9 am-Noon \$2

SAVE SOME CHANGE! WITH OUR DISCOUNT QUICK CARD – NEW OPTIONS AVAILABLE!

QUICK CARD IS A PREPAID DISCOUNT ADMISSION CARD THAT PROVIDES ACCESS TO MANY RECREATIONAL CHOICES AT SEATTLE PARKS AND RECREATION.

To purchase a discount quick card, visit any center. A photo is taken at the time of purchase. Cards are issued to individuals and are not transferable.

TODDLER PLAY 10 ADMISSIONS: \$24

DROP-IN GYM 10 ADMISSIONS: \$27 (Adults), \$18 (Seniors)

FITNESS ROOM 10 ADMISSIONS: \$27 (Adults), \$18 (Seniors)

Contact your community center for more information.



TEEN LATE NIGHT

TEEN LATE NIGHT

FREE!

Late Night is a safe and supportive environment for teens ages 13-19. This recreation based program is held on Fridays and Saturdays from 7pm-Midnight with a focus on Positive Teen interactions and engagement where all teens are welcomed. The Late Night program is aligned and supportive of the City's Race and Social Equity framework, including education and employment readiness programs. Come to your local Late Night and explore more of what we have to offer! Photo ID required.

Seattle Parks & Recreation Citywide Teen Programs' goal is to impact the life trajectories of teens, by providing opportunities for community involvement, building positive relationships, and learning experiences that build skills, while embracing stewardship to ensure confident leadership roles in society.

Contact your local neighborhood specialist for more information.

NORTH - (206) 684-7523

Meadowbrook Teen Life Center
Bitterlake Community Center

CENTRAL - (206) 684-4550

Garfield Teen Life Center

SOUTHEAST- (206) 551-7316

Ranier Community Center
Ranier Beach Community Center
Van Asselt Community Center

SOUTHWEST- (206) 684-7438

Southwest Teen Life Center
High Point Community Center
Delridge Community Center
South Park Community Center

TEEN DROP-IN ACTIVITIES

FREE!

Ages 11-19

Times and days for drop-in programs are subject to change depending on Basketball League practices.

Location: Southwest Teen Life Center (SWTLC)

BASKETBALL

Wed 3-6 pm

VOLLEYBALL

Tue 3-6 pm

PICKLE BALL/BADMINTON

Thu 5-8 pm

	Alki	Delridge	Hiawatha	High Point	South Park	
BASKETBALL	ADULT Wed 6-7:45 pm (3/25-8/26) FAMILY M/T/Th 6-8:45 pm (3/23-8/27) Fri 6-8:45 pm (6/26-8/28)	TEEN Mon/ Wed 4-6 pm Tue/Thu 2-6 pm Fri 1-6 pm			Mon/Wed/Fri 2:30-4 pm	M-F 1:30-5:30 pm
FITNESS ROOM		M/W 9 am-8 pm T/Th 2-8 pm Fri 1-6 pm	Mon/ Thu 12:30-8 pm Tue/Wed 11 am-8 pm			
PICKLE BALL		M/W 10 am-Noon T/Th Noon-2 pm SUMMER (starts 6/22) M/W 10:30-12:30 pm T/Th 12:30-2:30 pm	Friday 10 am-Noon	Wednesday 9:30 am-11:30 am		
ROLLER SKATING	Fri 6:30-8:30 pm 2/13-6/19					
VOLLEYBALL		T/Th 10 am-Noon SUMMER (starts 6/22) T/Th 10:30-12:30 pm			M/W 7-8:45 pm	

There is an Adult Sports drop-in fee during all operating hours. The fee is \$3 per session for adults and \$2 per session for seniors (ages 65+). Drop-in activities are subject to change, based on community center activities. Call the center within 48 hours prior to verify daily schedule.

TAI CHI FOR ARTHRITIS

FREE!

Are you 50 and older and looking for a way to get fit? Tai Chi for Arthritis is a great way to ease the pain, learn about weight distribution, power transformation, balance, stability, flexibility with increased range of motion, and proper breathing.

Location: South Park CC

Tuesday 1-2 pm

Thursday 11:30-12:30 pm



↘ SPRING YOUTH SPORTS

REGISTRATION BEGINS FEBRUARY 3, 2015
REGISTER ONLINE (SPARC) OR IN PERSON
AT YOUR COMMUNITY CENTER

Fee: \$35

BOYS VOLLEYBALL LEAGUE

Age Groups: 10-11, 12-13, and 14-17
(age as of August 31, 2014)

Minimum: 5 Boys per team

The Citywide Boys Volleyball League provides players the opportunity to develop and solidify fundamental skills, team play, and sportsmanship. Players may sign up online or at their local community center. For registration materials please go to <http://www.seattle.gov/parks/Athletics.htm>. Practices take place at the community center or nearby school gym and begin as early as the first week of March. Games are played on Saturdays and begin April 18 and conclude on June 6th. PRACTICE TIMES VARY...CHECK WITH YOUR LOCAL CENTER FOR SPECIFIC DATES AND TIMES. If your local community center does not have enough kids or a coach to form a full team, you will be given the option of transferring to a nearby center's team if a spot is available or withdrawing with a full refund. Register early for your best chance of securing a spot on a team.

Teams will be forming at the following Community Centers: Alki, Ballard, Bitter Lake, Delridge, Garfield, Green Lake, Hiawatha, High Point, Jefferson, Laurelhurst, Loyal Heights, Magnolia, Magnuson, Meadowbrook, Miller, Montlake, Northgate, Queen Anne, Rainier Beach, Ravenna-Eckstein, South Park, and Yesler.

TRACK AND FIELD (GIRLS AND BOYS)

Age Groups: 5-17 (Age is determined by birth year. For example: girls born in 2005 run against girls born in 2005)
Minimum: Approximately 10 kids

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Running events include the 50, 100, 200, 400, 800, and 1600 Meter races as well as the 400 Meter(4 X 100) Relay. Field events include Long Jump, Turbo Javelin, Softball Throw, and Shot Put. Runners register at their neighborhood community center and practices occur at their home track. Track meets will be held at Nathan Hale Stadium and West Seattle Stadium.

Track meets begin the week of April 21 and practices generally begin in late March.

If you need help finding a team call 684-7091.

*Please consider volunteering as a coach
or helping with recruitment of coaches.*

*Our low cost leagues can't operate without the
dedication of our awesome coaches!*

↘ FALL YOUTH SPORTS

REGISTRATION BEGINS MAY 19, 2015
REGISTER ONLINE (SPARC) OR IN PERSON
AT YOUR COMMUNITY CENTER

Fee: \$35

GIRLS VOLLEYBALL LEAGUE

Age Groups: 10-11, 12-13, and 14-17 (Age as of 8/31/15)
Minimum: 5 Girls per team

The Citywide Girls Volleyball League provides players the opportunity to develop and solidify fundamental skills, team play, and sportsmanship. Players may sign up online or at their local community center. For registration materials please go to <http://www.seattle.gov/parks/Athletics.htm>. Practices take place at the community center or nearby school gym and begin in early September. Games are played on weeknights and begin in mid-September and conclude with a weekend jamboree in mid-November. PRACTICE TIMES VARY...CHECK WITH YOUR LOCAL CENTER FOR SPECIFIC DATES AND TIMES. If your local community center does not have enough kids or a coach to form a full team, you will be given the option of transferring to a nearby center's team if a spot is available or withdrawing with a full refund. Register early for your best chance of securing a spot on a team.

Teams will be forming at the following Community Centers: Alki, Ballard, Bitter Lake, Delridge, Garfield, Green Lake, Hiawatha, High Point, IDCCC, Jefferson, Laurelhurst, Loyal Heights, Magnolia, Magnuson, Meadowbrook, Miller, Montlake, Northgate, Queen Anne, Rainier, Rainier Beach, Ravenna-Eckstein, SWTLC, South Park, Van Asselt, and Yesler.

YOUTH FLAG FOOTBALL LEAGUE (COED)

Age Groups: 6-7, 8-9, 10-11, 12-14
Minimum: 5 players per team

Players learn basic skills, team play, and sportsmanship in this citywide league. Players may sign up at their community center and are placed on teams. Games are played in accordance with NFL flag football rules and field dimensions. League play begins the last week in September and concludes in mid-November. Teams practice at their local community center.

YOUTH CROSS COUNTRY (GIRLS AND BOYS)

Age Group 8-17

Registration & more info: www.raincityflyers.com or
(206-523-4233).

Practices begin in early September at Woodland Park. Dress for the weather.

YOUTH SUMMER SPORTS CAMPS

Our low cost and **FREE** sport camps offer a fun and positive experience for your child's inner athlete. We will divide kids into groups based on age/ability level, and have a great time working on age-appropriate fundamentals that will incorporate fun competitions, games, races, and scrimmages. Our camps are designed for kids ranging from the very beginner to the seasoned athlete. All kids can expect to improve their skill level! Please bring a sack lunch, snacks, water bottle, sunscreen, and dress appropriately for the weather (layers). Space is limited in these camps so register early. E-13 and signed concussion form due at registration and must be sent to the Youth Athletics office.

YOUTH SPORTS GENERAL INFORMATION

I WANT TO PLAY...HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues (for basketball and volleyball, for example) **you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.** Call for more information. For some sports (Track & Field, for example) all you need to do is go into your community center to get registered.
2. **Get registered!** (Paperwork is at community centers).
3. **Start practices and get ready for fun** honing your skills and competing against other neighborhood community centers!

If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

See Summer Camp Brochure or go to www.seattle.gov/parks/athletics/youthsummer.htm for the summer camp lineup.

Register online at www.seattle.gov (using your SPARC account) beginning February 3, 2015 at noon or at your neighborhood community center.

ADULT SPORTS AND ACTIVITIES

SEATTLE PARKS AND RECREATION IS OFFERING AFFORDABLE AND FUN ADULT SPORTS AND ACTIVITIES!
 ENJOY BOWLING, ROLLER DERBY, WOMEN'S VOLLEYBALL, COED DODGEBALL, MEN'S BASKETBALL AND GET OUT AND GO GROUPS FOR FALL. MEET NEW FRIENDS, BOND WITH OLD FRIENDS AND GET MOVING TOGETHER!

GET MORE DETAILS AT
WWW.SEATTLE.GOV/PARKS/ATHLETICS
OR CALL 206 684-7092

LOVE THE SPORT? LOVE KIDS? WANT TO GIVE BACK TO YOUR COMMUNITY? BECOME A VOLUNTEER COACH!

Our low-cost leagues can't operate without the dedication of our awesome coaches!

I WANT TO COACH... HOW DO I GET STARTED?

1. Talk to community center staff about applying for a coaching position.
2. Fill out a Volunteer Packet.
3. Work with community center staff to form your team rosters.
4. Request practice times and confirm that all kids are registered prior to the first practice.
5. Attend coaches meeting/training and get ready for a rewarding experience!

↘ 2014-2015 PRESCHOOL

PRESCHOOL PROGRAM

Seattle Parks operates half-day preschool programs in 13 neighborhood community centers. Our school-readiness program meets the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills to prepare children for success in school and in life. Classrooms are set up with safe and nurturing environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

- » For children ages 3-5 years.
- » Low teacher-child ratio of 1:8.
- » Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling.
- » Children need to be fully potty trained (no diapers or pull-ups permitted).

During the school year, our Preschool Programs are based on *The Creative Curriculum for Preschool* from [Teaching Strategies](#). Children attending at least three days a week will be observed and assessed using The Creative Curriculum developmental objectives.

Register at your local community center. A non-refundable \$25 deposit is required to hold a space at the time of registration and the monthly fees are due by the 25th of the preceding month.

IMPORTANT DATES*

Spring Break**	4/13/15-4/17/15
Memorial Day	5/25/15
Last Day of Preschool	6/17/15
Independence Day (observed)	7/3/15

*Check with your community center preschool for any additional closures.

**Programs may or may not operate during Spring Break, depending on facility availability. Please see the Spring Break Camp information for details.

CHILD CARE HOTLINE: 206-684-4203.

This is a 24-hour line giving information about program closures due to extreme weather or emergencies. It is updated each day by 6 am and as needed.

Ages	Days	Time	Price/month
ALKI COMMUNITY CENTER			
3-5	T/Th	9:30-1 pm	\$205
3-5	M/W/F	9:30-1 pm	\$295
3-5	M-F	9:30-1 pm	\$435
DELRIDGE COMMUNITY CENTER			
3-5	T/Th	9-12:30 pm	\$205
3-5	M/W/F	9-12:30 pm	\$295
3-5	M-F	9-12:30 pm	\$435
HIAWATHA COMMUNITY CENTER			
3-5	T/Th	9:30-1 pm	\$205
3-5	M/W/F	9:30-1 pm	\$295
3-5	M-F	9:30-1 pm	\$435

\$2/day sibling discount can be applied. Details could be subject to change. Please contact your local community center if you have any questions.

SPRING BREAK DAY CAMP | 4/13-4/17

Ages 3-5			
Delridge	M-F	9 am-12:30 pm	\$120



FALL 2015 PRESCHOOL

REGISTRATION IS OPEN NOW!

A non-refundable \$25 deposit is required during registration, and the balance of fees is due August 1, 2015. The 2015-16 fee schedule is listed below.

Fee increases are based on an annual adjustment to ensure continued delivery of quality services. Also, some sites will now be offering program during the Seattle Public School (SPS) breaks and prescheduled all-day closures, which are also reflected in the new monthly fees (where applicable).

*Delridge will be offering program during SPS breaks and prescheduled all-day closures.

ALKI CC

Ages 3-5	T/Th (\$222)
	M/W/F (\$319)
	M-F (\$480)

DELRIDGE CC

Ages 3-5	T/Th (\$223)
	M/W/F (\$334)
	M-F (\$497)

HIAWATHA CC

Ages 3-5	T/Th (\$222)
	M/W/F (\$319)
	M-F (\$480)

➤ PRESCHOOL CAMPS

Preschool summer day camps meet the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills to prepare children for success in school and in life. Classrooms are set up with safe and nurturing environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

Preschool summer camps may be offered in weekly sessions for up to 8 weeks at certain locations. New themes each week! Visit <http://arcseattle.org/programs/programs-for-children-ages-3-5/break-camp/summer-break-camp/> and/or check with your local community center for more information on registering and a detailed description of the various offerings.

DETAILS:

- » **Ages 3-5 years.**
- » Low teacher-child ratio of 1:8.
- » Staff is trained in Early-Childhood curriculum, CPR/First Aid, and safe food handling practices.
- » Children need to be fully potty-trained (no diapers or pull-ups permitted).
- » Please speak with the program director regarding available food options. No refrigeration or microwave/oven will be available.
- » **Sibling discount:** \$15/week (\$12 for week of July 4).

REGISTRATION INFO:

- » Registration begins February 3. Register early, as camps will fill-up quickly!
- » Parents must complete all required registration forms including the medical release form (E-13).
- » At the time of registration, a \$15 non-refundable deposit per week will be collected that is applied to the balance. The balance of the fee, for all weeks, is due TWO weeks prior to the registered week.

	ALKI	DELRIDGE	HIAWATHA
Week	Mon-Fri / 9:30-1 pm \$131 per week (\$105 for 6/29-7/2)	Mon-Fri / 9-12:30 pm \$131 per week (\$105 for 6/29-7/2)	Mon-Fri / 9:30-1 pm \$131 per week (\$105 for 6/29-7/2)
6/29-7/2	HOW I BECAME A PIRATE	FUN IN THE SUN	STARS AND STRIPES
7/6-7/10	BLUEBERRIES FOR SAL	ALL ABOUT SEATTLE	A BUGS LIFE
7/13-7/17	THE GROUCHY LADYBUG	MINI CHEFS	OUT WEST
7/20-7/24	WHERE THE WILD THINGS ARE	OCEANS AND SEA LIFE	SUMMER OLYMPICS
7/27-7/31	MAKE WAY FOR DUCKLINGS	SPORTS WEEK	LIFE IN THE OCEAN
8/3-8/7	IF YOU GIVE A MOOSE A MUFFIN	THE WORLD OF ART	ROARING DINOSAURS
8/10-8/14	CAPS FOR SALE	SUPERHEROES AND FAIRYTALES	ERIC CARLE
8/17-8/21	BROWN BEAR, BROWN BEAR, WHAT DO YOU SEE?	MAD SCIENCE	CLOSED

Please note: Summer Day Camp programs, activities and themes could be subject to change.



↘ 2014-2015 SCHOOL YEAR

BEFORE AND AFTER SCHOOL PROGRAM

Do you want your child to have **fun, engaging opportunities that support continued learning and personal growth outside of school?** The focus of our program is to provide children with opportunities to develop socially, emotionally and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support and more.

- » For children 5 years through 12 years.
- » We ensure quality and consistent care with qualified staff.
- » We welcome all members of the community.
- » A morning and afternoon snack will be provided.
- » Scholarship applications may be picked up at your local community center. DSHS child care subsidies are also accepted.

SITE	BEFORE	AFTER	NO. OF DAYS
Alki	7-9 am	3-6 pm	5 days only
Delridge	7-9 am	3-6 pm	3, 4 & 5 days
Hiawatha	7-9:30 am	3:30-6 pm	5 days only
Hiawatha at Schmitz Park	6:30-8:30 am	3-6 pm	5 days only
High Point	7-9 am	3-6 pm	3, 4 & 5 days
South Park	7-9 am	3-6 pm	3, 4 & 5 days

Details could be subject to change. Please contact your local community center if you have any questions.

MONTHLY FEES

Register NOW at your local community center! A nonrefundable \$25 deposit for each program (before and after school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month. No service is provided if full payment is not made by the first program day of the month.

	5 Days/Wk	4 Days/Wk	3 Days/Wk
Before School	\$215*	\$194	\$183
After School	\$305*	\$275	\$260
Before & After	\$480*	n/a	n/a

**A Sibling Discount is offered for all FULL TIME participants from a single family in School-Age Care Before and After School programs. The 'per additional child/ per program month' discount is \$10 based on a 5-day-a-week registration.*

IMPORTANT DATES*

Spring Break**	4/13/15-4/17/15
Memorial Day	5/25/15
Independence Day (observed)	7/3/15

**Check with your local community center for any additional closures.*

***Please see Spring Break Day Camp information below for details.*

↘ CAMP INFORMATION

SPRING BREAK DAY CAMPS (7 AM-6 PM)

- » **4/13/15 – 4/17/15**
- » **Fees:** - \$175/week or \$40/day at select sites
- \$2/day sibling discount can be applied

EARLY DISMISSALS

- » **6/3/15: 2-hour early dismissal**
- » **Fees:** - Before & After School Combo & After School only participants: No additional fee.
- Before School only participants: \$20/day (1 hour), \$25/day (2 hours), \$30/day (3 hours).
- Not currently enrolled: \$24/day (1 hour), \$30/day (2 hours), \$36/day (3 hours).

Note: *Not all sites offer the camps mentioned above. Please check with your local community center for more details.*

TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS

Seattle Public Schools will transport children within the district's busing zones (see the Seattle school district web site for specific schools). If a child comes from outside the Seattle Schools' busing zones, or if a child will be coming from a private school, the family is responsible for transportation.

↘ 2015-2016 SCHOOL YEAR

REGISTRATION begins on May 5, 2015! A non-refundable \$25 deposit for each program (before and after-school) is required during registration, and the balance of September fees is due 2 weeks prior to first program day. The remaining monthly fees are due by the 25th of the preceding month. No service is provided if full payment is not made by the first program day of the month.

Days/week	5 Days	4 Days	3 Days	2 Days
Before School	\$230*	\$207	\$196	\$184
After School	\$320*	\$288	\$272	\$256
Before & After	\$500*	N/A	N/A	N/A

**A Sibling Discount is offered for all FULL TIME participants from a single family in School-Age Care Before and After School programs. The 'per additional child/ per program month' discount is \$15 based on a 5-day-a-week registration.*

↘ SUMMER DAY CAMP PROGRAM

Do you want your child to have fun, engaging opportunities that will support continued learning and personal growth over the summer months? The atmosphere at camp is one that emphasizes community relationships, but also recognizes individual achievement, creativity and original thinking. Our trained staff works daily to offer enrichment activities in areas such as: arts and culture, environmental stewardship, health and fitness, field trips, swimming and more.

Our summer day camps will be offered for up to 11 weeks, with new themes available each week! Visit <http://arcseattle.org/programs/programs-for-children-ages-5-12/break-camp/summer-break-camp/> and/or check with your local community center for more information on registering and a detailed description of the various offerings.

DETAILS:

- » **Ages 5 through 12 years.**
- » Operating Hours: 7 am to 6 pm.
- » **Cost:** \$190/week. (\$152 for 4-day week of July 4).
- » \$15 Sibling Discount (\$12 Sibling Discount week of July 4).
- » First day of Summer Day Camp: June 22, 2015.
- » A morning and afternoon snack will be provided daily. Parents are to provide a daily well-balanced lunch. No refrigeration or microwave/oven for lunches will be available.

REGISTRATION INFO:

- » Registration begins February 3rd. Register early as camps will fill-up quickly!
- » Participation requires submittal of the appropriate registration & waiver forms PRIOR to the start of program, including the medical release form (E-13). If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.
- » At the time of registration, a \$15 non-refundable deposit per week will be collected that is applied to the balance. The balance of the fee, for all weeks, is due TWO weeks prior to the registered week.
- » Scholarship applications may be picked up at your local community center. DSHS child care subsidies are also accepted.

Week	ALKI	DELRIDGE	HIAWATHA	HIGH POINT	SOUTH PARK
6/22-6/26	HAPPY	GETTING TO KNOW YOU	CAMP HIAWATHA "ROCKS"	FRIENDSHIP FRENZY	GET READY, GET SET, GO!
6/29-7/2*	FIREWORK	TRANSPORTATION STATION	PARTY IN THE USA!	AMERICA THE BEAUTIFUL	STARS-SPANGLED CELEBRATION
7/6-7/10	STRONGER	AMAZIN' ANIMALS	OUT OF THIS WORLD	MUSIC MANIA	MUSIC TO MY EARS
7/13-7/17	GOOD FEELING	WILD, WILD, WEST SEATTLE	UNDER THE BIG TOP	SPORTS OF ALL SORTS	KIDS CULINARY
7/20-7/24	HURRICANE	SPORTACULAR	WILD, WILD, WEST	ANIMAL SAFARI	WHERE IN THE WORLD
7/27-7/31	RATHER BE	CULTURE CONNECTIONS	ENCHANTED FOREST ADVENTURES	WHO'S GOT TALENT?	UNDER THE BIG TOP
8/3-8/7	WHAT MAKES YOU BEAUTIFUL	ARTFUL ANTICS	OUT ON THE OPEN SEA	MAGIC SCIENCE	MAD SCIENCE
8/10-8/14	SHAKE IT OFF	BTG BLOCK PARTY	TREASURE HUNTERS	WET, WILD, AND WACKY	OCEAN COMMOTION
8/17-8/21	BEST DAY OF MY LIFE	MAD SCIENCE	HIAWATHA SUMMER OLYMPICS	AROUND THE WORLD	IT'S A JUNGLE OUT HERE
8/24-8/28	LET IT GO	WET, WILD, AND WACKY	LIGHTS, CAMERA, HIAWATHA!	LET'S COOK IT UP	FINDING OUR PATH
8/31-9/4	HOME	FAREWELL TO FRIENDS	JOURNEY INTO THE TROPICS	BACK 2 SCHOOL BASH	FROM THE STAGE TO SCREEN

*Short week due to July 4 Please note: Preschool and Summer Day Camp programs, activities and themes could be subject to change.

Based on the last day of school, we will provide one day camps through June 17 at most locations. All sites will be closed on June 18 and 19. Please contact your center for additional information.

ARTS/CRAFTS

PARENT/CHILD POTTERY

Ages 4-14

Come discover pottery with your child. Learn about pinching, coiling, and slab construction. Play with texture, form, and various shapes. Make precious gifts that will last a lifetime. Clay and glazes provided. Call 684-7430 to register a second child.

Instructor: Aaron Murray

Location: Alki Bathhouse

MORNINGS

4/7-4/28	Tue	11:30-12:30 pm	\$70
5/5-5/26	Tue	11:30-12:30 pm	\$70
6/2-6/16	Tue	11:30-12:30 pm	\$55*

AFTERNOONS

4/7-4/28	Tue	1-2 pm	\$70
5/5-5/26	Tue	1-2pm	\$70
6/2-6/16	Tue	1-2 pm	\$55*

Second child \$30 (*\$25)

POTTERY ADULT BEGIN INTERMEDIATE WHEEL THROWING

Ages 18 and older

Students learn how to throw on the wheel in a relaxed and supportive environment. Students who have limited experience on the wheel but who want to work on specific challenges are welcome.

Location: Alki Bathhouse

4/6-4/27	Mon	9 am-Noon	\$135
5/4-5/18	Mon	9 am-Noon	\$100
6/1-6/15	Mon	9 am-Noon	\$100
4/7-4/28	Tue	9-11 am	\$100
5/5-5/26	Tue	9-11 am	\$100
6/2-6/16	Tue	9-11 am	\$75
4/1-4/29	Wed	6-9 pm	\$165
5/6-5/27	Wed	6-9 pm	\$135
6/3-6/24	Wed	6-9 pm	\$135
7/8-7/29	Wed	6-9 pm	\$135
8/5-8/26	Wed	6-9 pm	\$135

BASIC CERAMICS

Ages 18 +

You will learn the basic techniques to bring your ideas into reality. This course will teach you the pinch, coil, and slab methods of hand building. In addition, included is an introduction to wheel throwing. You will also be taught proper glazing techniques as well as kiln safety. Clay, glazes, and firings are included.

Location: Alki Bathhouse

4/7-4/28	Tue	6-8 pm	\$100
5/5-5/26	Tue	6-8 pm	\$100
6/2-6/30	Tue	6-8 pm	\$125
7/7-7/28	Tue	6-8 pm	\$100
8/4-8/25	Tue	6-8 pm	\$100

SPRING/SUMMER 2015 | register online at seattle.gov/parks

TABLEWARE WHEEL THROWING

Ages 18+

Learn how to create your own dining set! Learn basic techniques of wheel throwing. Create tableware basics like cups, bowls, and plates. Entertain kings with your own handmade goblet set! Clay, glazes, and firings included.

Location: Alki Bathhouse

4/9-4/30	Thu	6-8 pm	\$100
5/7-5/28	Thu	6-8 pm	\$100
6/4-6/25	Thu	6-8 pm	\$100
7/2-7/30	Thu	6-8 pm	\$125
8/6-8/27	Thu	6-8 pm	\$100

NEW

DID YOU KNOW?



Seattle Parks and Recreation has over 40 indoor venues, rental facilities and hundreds of beautiful parks and gardens available to rent for weddings, private functions or any special event!

If you're interested in reserving this community center for an event or any other within the city, please call the community center directly.

For more information on how to reserve a space for your event, please call:

Outdoor special events
206-684-4080

Picnics, weddings and ceremonies
206-684-4081

Indoor venues
206-684-7254

www.seattle.gov/parks/weddings



SEATTLE PARKS AND RECREATION

↘ ATHLETICS

QUICKSTART TENNIS LEAGUE

Ages 7-8 / 8-12

QuickStart Tennis League is designed as a FUN play based approach for beginner kids ages 7-10 years old. There are two divisions that use age appropriate courts and equipment that allow kids to learn a new sport while having a good time and being successful. Kids will learn fun drills and play fun games. Practices are Mondays and Wednesdays from 6-7 pm for 7-8 year olds and 7-8 pm for 9-10 year olds. Teams will also participate in matches against other centers beginning Wednesday, July 29. Volunteer coaches wanted!

AGES 7 - 8

6/22-8/12 M/W 6-7 pm \$35

AGES 9 - 10

6/22-8/12 M/W 7-8 pm \$35



LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+

Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.



NEW THIS YEAR!

Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia-Friendly Recreation opportunities!



Find out more at www.seattle.gov/parks/seniors/ where you can download the Lifelong Recreation brochure and sign up for our email newsletter. Contact us at (206) 684-4951.

↘ COOKING

THE LURE OF CHOCOLATE – CAN WE LOVE IT OR LEAVE IT?



All ages

What are the secrets that magnetically attract millions to the queen of comfort foods? In this workshop, you will learn fascinating FAQ's on chocolate's history, its health benefits, and strong cravings. We will also learn how to tame sugar binging. The best part is the workshop provides the opportunity to cultivate a taste by sampling distinctive qualities from the world of chocolate.

Instructor: Kris Shaw

4/2 Thu 6:15-8 pm \$12 Adults \$8 Under 16

↘ MARTIAL ARTS

SHOTOKAN KARATE WEST SEATTLE

Ages 7 and older

Join other beginning and advanced students to learn methods and attitudes that develop character and encourage conflict avoidance. Learn martial arts by perfecting kicks, strikes, blocks, and proper stances. Practice sparring with fellow students in a manner that avoids injury. Do workout exercises that increase your strength, flexibility, and aerobic capacity. No class 5/25.

Instructor: John Cheh

BEGINNER

4/1-4/29	M/W	6-7 pm	\$36
5/4-5/27	M/W	6-7 pm	\$36
6/1-6/29	M/W	6-7 pm	\$36
7/1-7/29	M/W	6-7 pm	\$36
8/3-8/31	M/W	6-7 pm	\$36

ADVANCED

4/1-4/29	M/W	6-7 pm	\$36
5/4-5/27	M/W	6-7 pm	\$36
6/1-6/29	M/W	6-7 pm	\$36
7/1-7/29	M/W	6-7 pm	\$36
8/3-8/31	M/W	6-7 pm	\$36

↘ FITNESS

HATHA YOGA

Ages 18 years and older

All levels yoga class. Classes vary depending on what students want to work on that day. Variations are on strengthening, stretching, and breathing. Strive to make it all feel good by the end of class and leave with a smile!

Instructor: Beverly Denny

Location: Alki Bathhouse

4/1-4/22	Wed	6:15-7:30 pm	\$55
4/29-5/20	Wed	6:15-7:30 pm	\$55
5/27-6/17	Wed	6:15-7:30 pm	\$55
6/24-7/15	Wed	6:15-7:30 pm	\$55
7/22-8/12	Wed	6:15-7:30 pm	\$55

ADULT AEROBICS WITH CHILDCARE OPTION

Ages 18 and older

Come work up a sweat and burn some calories in this integrated aerobics class. Childcare is provided for the class in an adjoining room. Children must be potty trained or parent will need to take a break from the class to change the child.

Instructor: Kate Gorenko

4/9-4/30	Thu	6:30-7:30 pm	\$25
5/7-5/28	Thu	6:30-7:30 pm	\$25
6/4-6/25	Thu	6:30-7:30 pm	\$25
Without Childcare \$20			

↘ TEEN PROGRAMS

MIDDLE SCHOOL NIGHT AT ALKI CC

FREE!

Ages 11-15

Come on down to Alki CC and hang out, play games, skate, eat, and more. The program is specifically designed for middle school kids.

3/27	Fri	6:30-8:50 pm
4/24	Fri	6:30-8:50 pm
5/22	Fri	6:30-8:50 pm
(\$3 for Skating)		



BALLARD POOL

1471 NW 67th, 98117
ph: 684-4094

COLMAN POOL (Outdoor)

8603 Fauntleroy Way SW, 98126
ph: 684-7494

EVANS POOL (Green Lake)

7201 E Green Lake Dr. N, 98115
ph: 684-4961

HELENE MADISON POOL

13401 Meridian Ave N, 98133
ph: 684-4979

MEADOWBROOK POOL

10515 35th NE, 98125
ph: 684-4989



MEDGAR EVERS POOL

500 23rd Ave, 98122
ph: 684-4766

MOUNGER POOL (Outdoor)

2535 32nd Ave W, 98199
ph: 684-4708

QUEEN ANNE POOL

1920 1st West, 98119
ph: 386-4282

RAINIER BEACH POOL

8825 Rainier Ave S, 98118
ph: 386-1925

SOUTHWEST POOL

2801 SW Thistle, 98126
ph: 684-7440



Lots of lessons and fun specialty camps available at the pool near you!

RecTech

ARC's technology access and education program, provides computer access and training to youth and adults, empowering them with the digital literacy skill-set to succeed in today's classroom and workplace. Currently offered at Delridge, Rainier, Rainier Beach, South Park and Yesler Community Centers, RecTech is a leading community resource building stronger, more engaged communities through quality technology programming.

In a RecTech lab, youth and adults can learn computer basics, internet navigation and usage, and a variety of advanced digital media skills – such as video and sound recording, editing and production, graphic design, website creation and digital animation. Youth and adults can also access the labs for afterschool assistance with homework, to prepare and submit a job application or to acquire more advanced computer and social media skills. Each RecTechlab offers both structured programs and open-lab opportunities.

INTERNSHIP OPPORTUNITY

RecTech Teen Internships combine job training, digital media skills, and personal development opportunities in a supportive professional environment. Guided by professional instructors and mentors, students engage in project-based learning and civic engagement, working with and for other community-based organizations. Interns who successfully complete the program are eligible to receive a stipend and service learning credits.

CONTACT YOUR LOCAL RECTECH LAB FOR MORE INFORMATION.

RAINIER BEACH - MARCUS GOODSSELL, 206-386-1925

RAINIER - JAYCEE COLEMAN, 206-386-1919

SOUTH PARK - TONY HATTEN, 206-684-7451



DELRIDGE - LESLIE HOWLE, 206-684-7423

YESLER - ASFAHALEMLEM, 206-386-1245

↘ ATHLETICS

SPORTBALL: PARENT & CHILD

Ages 2-3 years

Parents and caregivers can have a direct hand in a preschooler's development through our Multi-Sport program. Sportball teaches children important introductory physical skills associated with our eight core sports (hockey, soccer, tennis, baseball, basketball, volleyball, golf, and football) and helps them to develop confidence in their abilities. The programs also help adults understand proven teaching techniques that can be applied outside of Sportball classes. Classes focus on refining, rehearsing and repeating skills and playing games in a fun, creative, non-competitive environment.

4/22-6/10 Wed 12:30-1:15 pm \$120

SPORTBALL: MULTI SPORT

Ages 3-5 years

Sportball Multi-Sport skills development programs introduce preschool and primary school children to the concepts and skills involved in the eight core sports of the Sportball methodology including: hockey, soccer, tennis, baseball, basketball, volleyball, golf, and football. Classes are conducted once a week in one-hour sessions, using developmentally appropriate methods to introduce, practice and refine gross motor skills. The programs reinforce the benefits of teamwork and skills development rather than the importance of winning, enabling children to gain the confidence, and develop the social skills necessary to succeed in sport and life.

4/22-6/17 Wed 1:15-2:15 pm \$135

↘ COOKING

COOKING

Ages 16 and up

Join us in the kitchen to learn some fun new cooking techniques, recipes and more. You are sure to have a great time exploring the wonders of your palate in these fun classes. Bring your own apron and imagination. Space is limited to 12, so sign up today!

Instructor: Laura Licon

FROM BÉCHAMEL TO GRAVY

What's in a sauce? Killer mac'n'cheese and easy sausage gravy.

4/16 Thu 5:30-8 pm \$30

ELEGANT AND EASY DINNERS

Whole roasted chicken, perfect potatoes, beautiful vinaigrette, and a delicious pan sauce.

4/23 Thu 5:30-8 pm \$30

FISH!

Three easy ways to make an exciting filet or an entire fish for dinner.

5/7 Thu 5:30-8 pm \$30

EASY PASTRIES

Just because they are delicious, doesn't mean they have to be hard.

5/14 Thu 5:30-8 pm \$30

NEW



➤ FITNESS

BELLY DANCING FOR FUN AND FITNESS

Ages 13 and Up

Get a fun full body workout belly dancing! All levels of experience can join us and develop endurance and grace drilling the basic movements of slow undulations, body isolation's and the shimmy. Each week the class will begin with a warm-up focused on strengthening and we will revisit the basics step-by-step. We will incorporate rhythm, visualization, and layering moves into impressive combos that energize the body! Everyone is welcome! Wear yoga, workout attire and bring a yoga mat if you have one. Fuchsia Foxx has been teaching and performing bellydance around the world for over 15 years. No class on 4/1.

Instructor: Fuchsia Foxx (aka. Reanna Justice)

3/25-4/29	Wed	7:15-8:15 pm	\$60
5/6-6/10	Wed	7:15-8:15 pm	\$72
6/17-7/22	Wed	7:15-8:15 pm	\$72
7/29-9/2	Wed	7:15-8:15 pm	\$72

YOGA FOR LIFE

Ages 15 years and older

No matter your age, shape or size yoga can increase your energy, nourish your body and cultivate a lasting sense of calm. Class begins with a brief centering meditation. We continue on to a fun and fresh yoga practice for all levels. Ending with a small "yoga nap" which allows you to have a well rounded practice from the inside out. Come and explore the awesome power of YOU. Donations are gladly accepted to help subsidize this free class, buy new yoga equipment, and support other community special events.

Instructor: Rebekah Fielder

4/8-4/29	Wed	6-7 pm
5/6-5/27	Wed	6-7 pm
6/3-6/24	Wed	6-7 pm
7/1-7/29	Wed	6-7 pm
8/5-8/26	Wed	6-7 pm

ZUMBA DANCE AND FITNESS

Ages 16 and older

Zumba combines high energy and motivating Latin music with unique moves and combinations that allow you to dance away your worries. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Zumba uses the principles of fitness interval training and resistance training to maximize caloric output, fat burning and total body toning. It is a mixture of body sculpting movements with easy to follow dance steps.

Instructor: Michelle Grubb

4/7-4/30	T/Th	7:30-8:30 pm	\$45
5/5-5/28	T/Th	7:30-8:30 pm	\$45
6/2-6/25	T/Th	7:30-8:30 pm	\$45
7/7-7/30	T/Th	7:30-8:30 pm	\$45
8/4-8/27	T/Th	7:30-8:30 pm	\$45

➤ PERFORMING ARTS & DANCE

CREATIVE DANCE

Ages 2-4

Preschool children learn basic ballet skills in a creative, fun environment. Classes are designed for new dancers. Dancers are introduced to basic ballet movement. Using a positive learning atmosphere, children are encouraged for their accomplishments as they begin their journey as dancers. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. No class on 4/14.

Instructor: Emmy Fansler

4/7-5/12	Tue	4:45-5:30 pm	\$30
5/19-6/16	Tue	4:45-5:30 pm	\$30

PRE-BALLET

Ages 4-6

Dancers will begin to see a very basic ballet class with stretching, intro to basic ballet steps at the barre, and exercises center and across the floor. Class still includes lots of free dancing and imagination. Dancers should be ready to take class independently - we ask that parents remain outside the classroom. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. No class on 4/14.

Instructor: Emmy Fansler

4/7-5/12	Tue	5:30-6:15 pm	\$30
5/19-6/16	Tue	5:30-6:15 pm	\$30

BALLET I

Ages 5-7

Children learn basic ballet skills in a creative, fun environment. Boys and girls learn basic ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok. No class on 4/14.

Instructor: Emmy Fansler

4/7-5/12	Tue	6:15-7 pm	\$32
5/19-6/16	Tue	6:15-7 pm	\$32

PRE-BALLET/BALLET SUMMER FUN!

Ages 4-7

Summer is busy, but still a great time to stay active and keep your Ballet skills fresh. Children learn basic ballet skills in a creative, fun environment. Boys and girls learn basic ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are Ok.

Instructor: Emmy Fansler

6/23-7/21	Tue	6:15-7:15 pm	\$32
7/28-8/25	Tue	6:15-7:15 pm	\$32

FREE!

NEW

NEW



AFTER SCHOOL THEATER

Ages 6-10

Come have fun and create new friends through drama, play, improv, scene work, and more in this energetic theater group. Kids will engage their imagination while gaining skills in acting, problem-solving, and building confidence. No class on 4/15.

Instructor: Jenny Crooks

4/8-5/20 Wed 4:30-5:30 pm \$65

PIANO INSTRUCTION

Ages 5-12

We offer weekly private lessons to beginner, intermediate, and advanced students from age 5 through high school and beyond. The lesson plans include a balance of theory, ear training, sight reading, and repertoire appropriate to the student's level and musical ability. Each time slot is 30 minutes.

Instructor: Darrius Willrich

4/9-4/30	Thu	3:30-7 pm	\$80
5/7-5/28	Thu	3:30-7 pm	\$80
6/4-6/25	Thu	3:30-7 pm	\$80
7/2-7/30	Thu	3:30-7 pm	\$100
8/6-8/27	Thu	3:30-7 pm	\$80

↘ VISUAL ARTS

MIX IT UP! - PARENT/TOT ART CLASS

Ages 2-3 years

Come make art with us! We'll explore lines, shapes and colors through a variety of materials and art medium. We'll draw, paint, collage, sculpt, and print! Kids will be able to practice their fine motor skills while building critical thinking abilities. Bring your little ones for a artsy good time! Don't forget to dress for a mess! No class on 5/25.

Instructor: Lynn Chou

4/20-5/11	Mon	10:30-11:15 am	\$50
5/18-6/15	Mon	10:30-11:15 am	\$50

MIX IT UP! - TODDLER ART CLASS

Ages 4-5 years

Come make art with us! We'll explore lines, shapes, and colors through a variety of materials and art medium. We'll draw, paint, collage, sculpt, and print! Kids will be able to practice their fine motor skills while building critical thinking abilities. Bring your little ones for an artsy good time! Don't forget to dress for a mess! No class on 5/25.

Instructor: Lynn Chou

4/20-5/11	Mon	11:30 am-12:15 pm	\$50
5/18-6/15	Mon	11:30 am-12:15 pm	\$50

↘ SATURDAY SPRING WORKSHOP SERIES

NEW

NUTRITION: BAKING GLUTEN FREE - FOOD ALLERGIES AND NUTRITION

All ages

Are some of the foods you or your family eating making you sick? What are common foods that are the culprits and how are they hidden? Discover ways to help win this battle, learn some new strategies to avoid trigger foods and enjoy some gluten free baking and recipes.

Instructor: Kris Shaw

4/11 Sat 11 am-1 pm \$15

COOKING: THE ART OF HANDMADE PASTA

All ages

Learn how to make delicious handmade pasta and an easy Bolognese sauce that will never disappoint. Chefs of all ages and experience levels welcome! Don't forget your favorite apron!

Instructor: Laura Licona

4/25 Sat 11 am-1 pm \$27

NUTRITION: THE LURE OF CHOCOLATE

All ages

What are the secrets that magnetically attract millions to chocolate and other comfort foods? Hear fascinating FAQ's on chocolate's history, its health benefits and strong cravings along with strategies for how to tame cravings. Similar to a wine tasting class, samples will be provided of a variety of chocolate from around the world.

Instructor: Kris Shaw

5/2 Sat 11 am-1 pm \$15

ART: EXPLORING THE COLOR WHEEL

Parent/Tot and Child K-2nd grade

If your child loves art, crafts and all things colorful, this is the class for them! Children will explore the color wheel with a twist and test texture with unlikely tools. You will leave with a unique canvas creation. Allow your child to make memories with friends while creating original artwork. It's the perfect way to engage in a fun, safe, creative activity. This isn't your average instructional painting class! The relaxed teaching style of this class focuses on the child's inner artist, the more imaginative, the better! There's no "right" or "wrong" way to paint and this class will embrace the individuality of each student. *Instructor provides aprons for the kids, but it's recommended to dress for possible spills.

Instructor: Brittney Perreault

5/9 Sat 11 am-1 pm \$25

MUSIC: SCHOOL OF ROCK

Parent/Tot and Child K-2nd grade

Little Wing is School of Rock's answer to early childhood music education and is all about enabling creativity and confidence. Music is that magical avenue into untapped ideas, images and movement. Little Wing unearths that potential by letting little artists explore rhythm patterns, tonal processing and other basic elements of music. Classes include real Rock n' Roll music and participants will play a variety of instruments during the class.

Instructor: Daisy Deely

5/16 Sat 11 am-1 pm \$20

COOKING: A TASTE OF SPAIN

All ages

Tapas, Pinxtos and more! Learn how to cook up a delicious Spanish meal that will be a sure hit at your next party. Chefs of all ages and experience levels welcome! Don't forget your favorite apron!

Instructor: Laura Licona

5/30 Sat 11 am-1 pm \$27

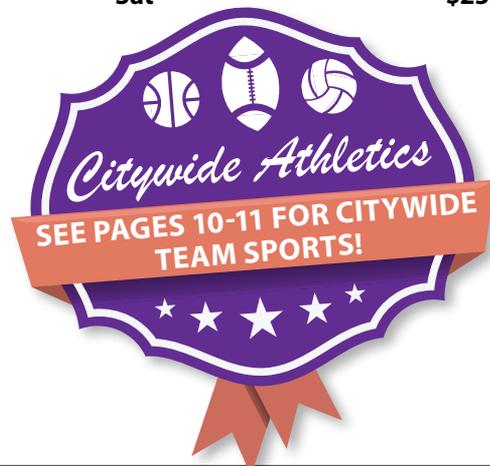
ART: TESTING TEXTURES

Parent/Tot and Child K-2nd grade

If your child loves art, crafts and all things colorful, this is the class for them! Children will explore the color wheel with a twist and test texture with unlikely tools. You will leave with a unique canvas creation. Allow your child to make memories with friends while creating original artwork. It's the perfect way to engage in a fun, safe, creative activity. This isn't your average instructional painting class! The relaxed teaching style of this class focuses on the child's inner artist, the more imaginative, the better! There's no "right" or "wrong" way to paint and this class will embrace the individuality of each student. *Instructor provides aprons for the kids, but it's recommended to dress for possible spills.

Instructor: Brittney Perreault

6/6 Sat \$25



↘ SPECIALTY CAMPS

PLEASE CONTACT US FOR MORE DETAILS ON THESE CAMPS OR VISIT WWW.SEATTLE.GOV/PARKS/CENTERS/HIAWATHA.HTM

ALL SPORTS

Children enjoy a wide variety of exciting alternative sports including Frisbee, capture the flag, soak'em and kickball.

BASEBALL

Play ball! Learn to play all positions; pitching, base running, hitting, and more.

CHEER

Cheerleading camp is a time to learn, bond, and have fun. Learn some chants, kicks, and stunts.

FLAG FOOTBALL

Add your 12th Man spirit to the field. Learn the basics and bring your friendly, tackle free Beast Mode.

NATURE CAMP

Explore the outdoors! Build your survival skills and commune with the planet.

OUTDOOR ART

Use the environment as your muse to create mixed media magic.

RACKET NET SPORTS

Racket? Check! Net? Check! Now all you need is something to hit. Explore the entertaining world of racket net sports!

SCIENCE CAMP

Conduct fun experiments. Learn the basics of physics. Science is fun and for everyone!

SOCCER

Build the skills on the field, scrimmage with peers and play teambuilding games.

STRATEGY GAMES

Challenge your brain with a variety of games for thinkers. Use planning and critical thinking to out maneuver your opponent.

SUMMER OLYMPICS

Celebrate the last week of camp with some fun competition! Individuals and groups can strut their stuff for gold, silver, or bronze. Every camper will taste success.

TENNIS

All skill levels are welcome. Bring your own racket if you have one.

THEATRE CAMP

Yes, this is thespianism in the park. To act or not to act? That is this summer's question!

ULTIMATE FRISBEE

Get to know a fantastic sport that is fun to learn and easy to play. Learn how to throw, catch, and play Ultimate Frisbee.

VOLLEYBALL

Bump. Set. Spike! It's time for some volleyball. Learn how to serve, volley, dig and even spike!



*Hiawatha CC has even
more Summer Camps!
Please visit the center and pick up a
flyer or download a copy at
[www.seattle.gov/parks/centers/
hiawatha.htm](http://www.seattle.gov/parks/centers/hiawatha.htm)*

ATHLETICS

KIDZ LOVE SOCCER MOMMY/DADDY & ME SOCCER

Ages 2-3.5

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Location: Hiawatha CC

4/25-6/13	Sat	5:15-5:45 pm	\$85
7/11-8/22	Sat	5:15-5:45 pm	\$85

KIDZ LOVE SOCCER TOT/PRE SOCCER

Ages 3.5-5

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Encourages large motor skill development through soccer fun games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids! Shin guards are required after the first meeting. NEW KLS rain-out hotline: 1-888-372-5803.

Location: Hiawatha CC

4/25-6/13	Sat	4:30-5:05 pm	\$85
7/11-8/22	Sat	4:30-5:05 pm	\$85

KIDZ LOVE SOCCER SOCCER 1: TECHNIQUES & TEAMWORK

Ages 5-6

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. NEW KLS rain-out hotline: 1-888-372-5803.

Location: Hiawatha CC

4/25-6/13	Sat	3:45-4:30 pm	\$85
7/11-8/22	Sat	3:45-4:30 pm	\$85

KIDZ LOVE SOCCER SOCCER 2: SKILLZ & SCRIMMAGES

Ages 7-10

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels of play are encouraged to come out and enjoy the soccer fun! Each participant will receive a soccer jersey. Shin guards are required. NEW KLS rain-out hotline: 1-888-372-5803.

Location: Hiawatha CC

4/25-6/13	Sat	3-3:45 pm	\$85
7/11-8/22	Sat	3-3:45 pm	\$85

SPORTBALL: JUNIOR

Ages 16-24 Months

This 45-minute program is a perfect introduction to Sportball. Children and parents participate in our eight core sports including: hockey, soccer, tennis, baseball, basketball, volleyball, golf, and football along with creative games, songs, rhymes, stories, bubble time, and much more. Although these programs focus more on exploration, children will be introduced to a different sport each week. Parents are encouraged to participate with their child and challenge them according to their skill level. No class 5/25.

Location: Dakota Place

4/20-6/15	Mon	9:30-10:15 am	\$120
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SPORTBALL: PARENT & CHILD

Ages 2-3

Parents and caregivers can have a direct hand in a preschoolers development through our Multi-Sport program. Sportball Junior, Parent & Child and Me & My Dad programs teach children important introductory physical skills associated with our eight core sports (hockey, soccer, tennis, baseball, basketball, volleyball, golf, and football) and helps them to develop confidence in their abilities. The programs also help adults understand proven teaching techniques that can be applied outside of Sportball classes. Classes focus on refining, rehearsing, and repeating skills and playing games in a fun, creative, non-competitive environment. No class 5/25.

Location: Dakota Place

4/20-6/15	Mon	10:15-11 am	\$120
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SPORTBALL: MULTI-SPORT

Ages 3-5

Sportball Multi-Sport skills development programs introduce preschool and primary school children to the concepts and skills involved in the eight core sports of the Sportball methodology including: hockey, soccer, tennis, baseball, basketball, volleyball, golf, and football. Classes are conducted once a week in one-hour sessions, using developmentally appropriate methods to introduce, practice and refine gross motor skills. The programs reinforce the benefits of teamwork and skills development rather than the importance of winning, enabling children to gain the confidence and develop the social skills necessary to succeed in sport and life. No class 5/25.

Location: Dakota Place

4/20-6/15 Mon 11 am-Noon \$120

SPORTBALL: SOCCER - PARENT & CHILD

Ages 2-3

Parents and caregivers can have a direct hand in a preschooler's development through our Sportball soccer classes. Children are taught the fundamental skills necessary to excel in soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more. Classes are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. *Optional fee paid on the field fee for soccer jersey.

Location: Dakota Place

6/2-6/23 Tue 4:45-5:30 pm \$60
7/7-8/25 Tue 4:45-5:30 pm \$120

SPORTBALL: SOCCER

Ages 4-5

Sportball coaches develop competence and confidence on the field in Sportball soccer classes. Children are taught the fundamental skills necessary to excel in soccer. These include throw-ins, dribbling, trapping, passing, goalie skills, and more. Classes are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. For safety reasons, parents are required to remain at the field during classes. *Optional fee paid on the field fee for soccer jersey.

Location: Dakota Place

6/2-6/23 Tue 5:30-6:30 pm \$60
7/7-8/25 Tue 5:30-6:30 pm \$120

TENNIS LESSONS

Beginning Tennis instruction. These programs will meet twice a week for 6 weeks. Please bring your own racquet to use in class.

Instructor: Richard Lewis

Location: Hiawatha Tennis Courts

YOUTH: AGES 8-12

6/9-7/16 T/Th 4-5 pm \$132
7/21-8/27 T/Th 4-5 pm \$132

TEEN: AGES 13-17

6/9-7/16 T/Th 5-6 pm \$132
7/21-8/27 T/Th 5-6 pm \$132

ADULT: AGES 18 AND UP

6/9-7/16 T/Th 6-7 pm \$132
7/21-8/27 T/Th 6-7 pm \$132

TENNIS FLIGHTS

Tennis flights are a great way to get involved in real match play with other players at your level. These flights will be at 2.5-3.0 level play. Each session is 75 minutes long and you will have the opportunity to play with different players every night. If you would like to get rated for free, the Amy Yee Tennis Center offers a rating session in May prior to the start of the flights.

Location: Hiawatha Tennis Courts

MENS

6/8-7/13 Mon 4:30-5:45 pm \$77
7/20-8/24 Mon 4:30-5:45 pm \$77

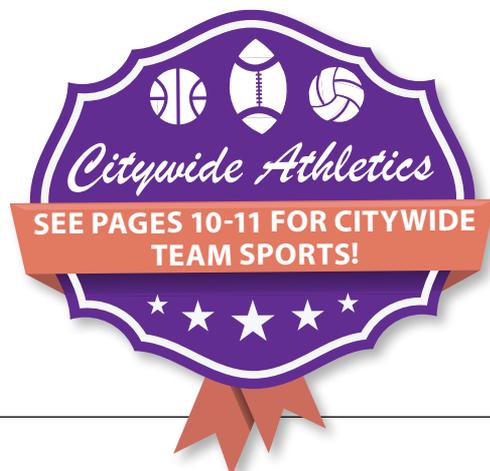
WOMENS

6/10-7/15 Wed 4:30-5:45 pm \$77
7/22-8/26 Wed 4:30-5:45 pm \$77

MIXED DOUBLES

6/8-7/13 Mon 5:45-7 pm \$62
7/20-8/24 Mon 5:45-7 pm \$62

6/10-7/15 Wed 5:45-7 pm \$62
7/22-8/26 Wed 5:45-7 pm \$62



➤ PERFORMING ARTS/DANCE

PRE-BALLET

Ages 4-6

Dancers will begin to see a very basic ballet class with stretching, intro to basic ballet steps at the barre, and exercises center and across the floor. Class still includes lots of free dancing and imagination. Girls should wear tights and a leotard of any color. Ballet skirts are allowed - tutus are not due to ease of damaging them. Pink LEATHER ballet shoes are required - "ballet slippers" are not allowed due to a slipping hazard. Dancers should be ready to take class independently - we ask that parents remain outside the classroom.

Instructor: Miss Sheryl

Location: Dakota Place

7/6-8/10	Mon	4:45-5:30 pm	\$39
7/8-8/12	Wed	4:45-5:30 pm	\$39
7/9-8/13	Thu	4:45-5:30 pm	\$39

BALLET I

Ages 5-7

Children learn basic ballet skills in a creative, fun environment. Boys and girls learn basic ballet positions and steps in a fun and encouraging environment that incorporates creative exploration as well as traditional ballet technique. Girls should wear a leotard, tights, and pink leather ballet slippers, Ballet skirts are allowed-tutus are not due to ease of damage. Boys should wear a plain t-shirt, black leggings, and ballet slippers. Hair should be secured back from face in a bun.

Instructor: Miss Sheryl

Location: Dakota Place

7/6-8/10	Mon	5:30-6:30 pm	\$54
7/9-8/13	Thu	5:30-6:30 pm	\$54

BALLET II AND UP

Ages 7-9

Courses that teach the basics of correct body alignment and proper ballet technique. Dancers continue their progression in the world of classical ballet and expand their knowledge of terminology, steps, and combinations across the floor. Girls should wear leotard and tights . Pink LEATHER ballet shoes are required - "ballet slippers" are not allowed due to a slipping hazard. Ballet skirts are allowed - tutus are not due to ease of damage. Hair should be pulled back from the face and long hair in a bun.

Instructor: Miss Sheryl

Location: Dakota Place

7/8-8/12	Wed	6-7:15 pm	\$60
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BALLET III AND UP

Ages 8-12

Courses that teach the basics of correct body alignment and proper ballet technique. For dancers who have taken at least a year of dance and tweens just beginning their journey as ballerinas. Dancers will be able to demonstrate the basic technique of a true ballerina such as posture, placement, and turnout. Dancers will begin to combine steps for basic combinations. Returning dancers will continue to add to their repertoire.

Instructor: Miss Sheryl

Location: Dakota Place

7/6-8/10	Mon	6:30-7:30 pm	\$96
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CREATIVE BALLET I

Ages 2-4

Preschool children learn basic ballet skills in a creative, fun environment. Classes are designed for new dancers. Dancers are introduced to basic ballet movement. Using a positive learning atmosphere, children are encouraged for their accomplishments as they begin their journey as dancers. Girls should wear tights and a leotard of any color. Ballet skirts are allowed - tutus are not due to ease of damaging them. Pink LEATHER ballet shoes are required - "ballet slippers" are not allowed due to a slipping hazard. Dancers should be ready to take class independently - we ask that parents remain outside the classroom.

Instructor: Miss Sheryl

Location: Dakota Place

7/6-8/10	Mon	4:15-4:45 pm	\$39
7/8-8/12	Wed	4:15-4:45 pm	\$39
7/9-8/13	Thu	4:15-4:45 pm	\$39

CREATIVE BALLET II

Ages 3-5

Pre-Requisite for Creative Ballet II is Creative Ballet I. Preschool children learn basic ballet skills in a creative, fun environment. Dancers expand on the listening skills and movements we learned in Creative Ballet I. Girls should wear tights and a leotard of any color. Ballet skirts are allowed - tutus are not due to ease of damaging them. Pink LEATHER ballet shoes are required - "ballet slippers" are not allowed due to a slipping hazard. Dancers should be ready to take class independently - we ask that parents remain outside the classroom. Must have taken Creative Ballet I.

Instructor: Miss Sheryl

Location: Dakota Place

7/9-8/13	Thu	4:15-4:45	\$39
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BEGINNING HIP HOP

Ages 6-12

Youth love HIP HOP! Come learn the basics of bop, break dance, and funk. Upbeat music and fun routines will keep you moving while having great fun!

Instructor: Anna Nagy

Location: Dakota Place

4/7-4/28	Tue	5-6 pm	\$48
5/5-5/26	Tue	5-6 pm	\$48
6/2-6/30	Tue	5-6 pm	\$60
7/7-7/28	Tue	5-6 pm	\$48
8/4-8/25	Tue	5-6 pm	\$48

HIP-HOP CONDITIONING FOR ADULTS

Ages 18 and older

A fantastic way to tone and get your cardio in without even realizing you're working out. In this class we will use some of the foundational grooves and movements of breakdancing, popping, and various social dances of the 80's and 90's to work up a sweat, strengthen and build endurance. This class is great for people who love to dance to good music, want to learn some basics in different dance styles, or who just want all the health benefits of being active while having fun. No experience is necessary and there will be variations offered to accommodate all levels.

Instructor: Anna Nagy

Location: Dakota Place

4/7-4/28	Tue	6-7 pm	\$52
5/5-5/26	Tue	6-7 pm	\$52
6/2-6/30	Tue	6-7 pm	\$65
7/7-7/28	Tue	6-7 pm	\$52
8/4-8/25	Tue	6-7 pm	\$52

SCHOOL OF ROCK: LITTLE WING MUSIC

Ages 2-3

Little Wing is School of Rock's answer to early childhood music education and is all about enabling creativity and confidence. Music is that magical avenue into untapped ideas, images, and movement. Little Wing unearths that potential by letting little artists explore rhythm patterns, tonal processing, and other basic elements of music. Classes include real Rock n' Roll music and participants will play a variety of instruments during the class. Parents are encouraged to join their child for this class, but it is not required. The one time, New Student registration fee includes a "Gig Bag" of instruments and accessories for the class. No class on 5/25

Instructor: Daisy Deely

4/20-6/8	Mon	10-11 am	\$150 (\$125 for returning students)
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SCHOOL OF ROCK: LITTLE WING MUSIC

Ages 4-5

Little Wing is School of Rock's answer to early childhood music education and is all about enabling creativity and confidence. Music is that magical avenue into untapped ideas, images and movement. Little Wing unearths that potential by letting little artists explore rhythm patterns, tonal processing and other basic elements of music. Classes include real Rock n' Roll music and participants will play a variety of instruments during the class. The one time, New Student registration fee includes a "Gig Bag" of instruments and accessories for the class. No class on 5/25.

Instructor: Daisy Deely

4/20-6/8	Mon	11 am-Noon	\$150 (\$125 for returning students)
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AMY YEE TENNIS CENTER
2800 MARTIN LUTHER KING, JR. WAY S / SEATTLE, 98144 | PH: 206-684-4764

SUMMER CAMPS

IMAGINE THIS SUMMER WHEN THEY ARE ALL FULL! ARE YOU IN?

ADULT SUMMER CAMPS
For 2.5-4.0 players
4 weeks | M-Th | 7-9:30 am or 6:45-9:15 pm

YOUTH SUMMER CAMPS
For 2.5+ players (Ages 8-16)
6 weeks | M-Th | 9 am-12:30 pm

www.seattle.gov/parks/athletics/tennisct.htm
www.facebook.com/amyweetenniscenter

TEEN PROGRAMS

HIAWATHA TEEN ADVISORY COUNCIL (TAC)

FREE!

OPEN MEETINGS

Ages 14-19

Teens in this council plan activities, special events and community service projects that focus on 6 core areas; 1) Sports, Health, & Fitness 2) Arts & Culture 3) Civic Engagement 4) Life Skills & Job Readiness 5) Social Recreation 6) Environmental Stewardship. Interested teens are encouraged to join the following open meetings: 4/8, 5/13, 6/10, 7/8, 8/12.

Location: Hiawatha CC

Wed 3 pm

AFTER SCHOOLTEEN DROP-IN

FREE!

Ages 12-19

Daily activities set up by teens for teens- volleyball, basketball, badminton, current music, crafts and more. Hiawatha also offers FREE dance studio space, a homework computer station and FREE Wi-Fi access.

Location: Hiawatha CC

4/1-6/15 M-F 2:20-4 pm

HIAWATHA JOB READINESS PROGRAM

FREE!

Ages 14-19

Join our team of community volunteers and interns! Earn service learning hours and gain skills that prepare you for work and college life. In addition to internship positions, staff also offers resume, job application, and interviewing assistance. For more information send your resume and/or inquiries to John.Hasslinger@Seattle.gov. The application period for summer internships begins April 6th.

Location: Hiawatha CC

4/1-6/15 Hours vary by position

"FLEX-FIT 2.0"- DROP IN

FREE!

Ages 13-19

Smash the scale and focus on what really counts- challenging your body to do tremendous things! Student-centered body-weight circuits, power yoga, core-fit training, and more.

Location: Hiawatha CC

4/1-6/15 T/Th 3-4 pm

FLEX-FIT OUTDOORS

FREE!

Ages 14-19

Get out of bed and get active this summer. Teens will get variety in their workouts and have each other for support- tennis, yoga, circuits, and more. For sign up, visit the Teen Room or email John.Hasslinger@Seattle.gov.

Mon 12:30-1:30 pm

TUTOR CONNECT

FREE!

Ages 11-19

Connect with a fellow teen who can help you succeed in the classroom. Volunteer tutors and those seeking help are asked to email John.Hasslinger@Seattle.gov. Exceptional volunteer tutors will be offered additional service opportunities in the Seattle Public Libraries' "Math Buddies" program.

Location: Hiawatha CC

4/1-6/15 M-F 3-7 pm

BY APPOINTMENT ONLY

CITY-WIDE BOYS VOLLEYBALL

Ages 14-17

Hiawatha is seeking players and adult volunteer coaches for the spring season. Registration begins February 3rd. Please send questions and inquiries to John.Hasslinger@Seattle.gov.

Location: Hiawatha CC

4/2-5/29 M-Th evenings \$35/person

SUMMER INTERN APPLICATION PERIOD- SAVE THE DATE!

FREE!

Ages 13-19

Intern with us at Seattle Parks and Recreation! Earn service hours, trainings and certifications, gain job skills, and have fun doing it! Pick up applications and detailed information for stipend intern opportunities. Stop in or email John.Hasslinger@Seattle.gov.

4/6-5/1 M-F

CREATE-A-COOK

FREE!

Ages 14-19

Share recipes and cook delicious foods. Space is limited to eight youth per event. Sign up in the teen room today!

Location: Hiawatha CC

4/1-6/30 Select Wed 3-5 pm

MAYOR'S TEEN TOWN HALL

FREE!

Ages 13-19

This is a rare opportunity for teens to share concerns, ask questions, and converse directly with the Mayor of Seattle. Please send inquiries regarding event details, including transportation options to John.Hasslinger@Seattle.gov.

Date, Location and Time: TBD

YAW KICKOFF BLOCK PARTY

FREE!
Ages 13-19

Don't miss the biggest teen party of the school year. Join teens from around the city to celebrate terrific city teen programming and the teens who make it possible. Drop-In youth welcome. Please send inquiries regarding event details, including transportation options to John.Hasslinger@Seattle.gov.

Location and Start Time TBD
4/10 Fri

FRIDAY NIGHT OUT

FREE!
Ages 14-19

Volunteers only! Serve your community and earn hours toward a "night out". For details how to earn qualifying service hours, please visit the Teen Room or email John.Hasslinger@Seattle.gov.

Location: Van leaves Hiawatha CC at 4 pm, returns at 8 pm
4/17, 5/29 Fri 4 pm

MOONLIGHT HUNT & PINATA POUND

FREE!
Ages 11-19

Too old for egg hunts?-- Not this one! Pinata pound starts at 8 pm followed by a hunt for mass prizes in Hiawatha Park. Send inquiries and questions to John.Hasslinger@Seattle.gov. Upperclassmen and adult volunteers wanted.

Location: Hiawatha CC
4/24 Fri 8-9:30 pm

BIG SCREEN MOVIE NIGHT

FREE!
Ages 14-19

Popcorn, themed food, and movie selected by teens via email. Please email your rate PG-13 vote to John.Hasslinger@Seattle.gov prior to May 15th. Themed best costume prize awarded at intermission!

5/22 Fri 6-9:30 pm

PING PONG BATTLE

FREE!
Ages 14-19

Players of all skill levels will be welcomed with music, food, prizes for division winners. Sign up in advance at John.Hasslinger@Seattle.gov or drop-in the day of event (early school dismissal).

Location: Hiawatha CC
6/3 Wed 12:30-2:30 pm

SCHOOLS OUT BBQ

FREE!
Ages 13-19

Hiawatha Staff will barbecue enough hot dogs to serve over 200 teens. Music, food, and drinks- FREE! Students are encouraged to use the Teen Room as a pre-funk spot prior to attending the 6 pm WSHS senior graduation ceremony next door.

Location: Hiawatha CC Park
6/8 Mon 2:30-4 pm

SENIOR GRADUATION AT SWAC

FREE!
Ages 13-19

Teens from Hiawatha will make signs and wish their senior friends good fortune in their post high school years.

Location: SWAC
Date/Time TBD

CITYWIDE TEEN & YOUNG ADULT PROGRAM
presents

GREAT NIGHT

AGES 18+ / SATURDAYS / 7 PM-12 AM
LEARN LIFE SKILLS THROUGH RECREATION
JEFFERSON COMMUNITY CENTER (ENDS 3/28)
MILLER COMMUNITY CENTER (STARTS 4/4)

**THIS PROGRAM PROVIDES:
WORKSHOPS | TRAININGS
CERTIFICATIONS | REGISTER TO VOTE**



POWER OF PLACE™
Parks Youth Violence Prevention Team

**FOR MORE INFO PLEASE CONTACT:
Shannon Anderson at
206.331.0395 or
shannon.anderson@seattle.gov**

WESTSIDE DRAMA MONTH

FREE!
Ages 14-19

Show your Westside Spirit and cheer on your talented 'WildCat' friends. Those who serve 15+ hours beginning April 1st earn FREE seats for a teen voted May performance! Pre-funk begins at 6 pm in the Center, show starts at 7 pm at the high school.

Location: Hiawatha CC
Date TBD Fri 6-10 pm

INVEST IN YOURSELF

FREE!
Ages 13-19

Check out real opportunities to earn tuition dollars, seek scholarship funds and raise your value to potential universities. Invest in yourself! Please send emails to John.Hasslinger@Seattle.gov to schedule an appointment.

Location: Hiawatha CC

BOATING & WATER SAFETY

FREE!
Ages 14-19

Navigate the waters of Lake Washington in canoes and personal water crafts. A completed Float Test Certification and a parental waiver are required to join. For sign up, visit the Teen Room or email John.Hasslinger@Seattle.gov. Limit 11.

Location: Van leaves Hiawatha CC at 2 pm, returns at 6 pm
Select Tue 2-6 pm

TEEN OUTDOOR SWIM & FLOAT TESTING

FREE!
Ages 14-19

Gain the required certification for Seattle Parks and Recreations summer beach and water park excursions. For sign up, visit the Teen Room or email John.Hasslinger@Seattle.gov. Limit 11.

Location: Van leaves Hiawatha CC at 1 pm, returns at 5 pm
7/8, 7/15, 7/22 Wed 1-5 pm

SEATTLE EXPLORE

FREE!
Ages 14-19

Hiawatha teen interns will plan these Friday outings on the town to include youth who've donated volunteer service through Center activities. For details and sign up, visit the Teen Room or email John.Hasslinger@Seattle.gov. Limit 11.

Location: Van leaves Hiawatha CC at 4 pm, returns at 8 pm
Select Fri 4-8 pm

NORTH BEND ROCK CLIMB

FREE!
Ages 14-19

O2 Program leads will instruct a group rock climbing at "the face" of North Bend... All supplies, picnic lunch, and provisions provided. Sign up requires 20+ hours of summer service. Limit 11.

Location: Van leaves Hiawatha CC at 9 am, returns at 4 pm
TBD Thu 9 am

WILD WAVES INTERN CELEBRATION

FREE!
Ages 14-19

Hiawatha CC staff will honor the summer service of the top 11 Hiawatha teen volunteers by taking this group to an all-expense paid trip to Wild Waves. Learn how to earn qualifying service hours by visiting our Center or sending email to John.Hasslinger@Seattle.gov. Limit 11.

Location: Van leaves Hiawatha CC at 10 am, returns at 7 pm
8/14 Fri 10 am

RATTLESNAKE LEDGE HIKE

FREE!
Ages 14-19

Awesome views and a physical challenge! Hike four miles through the Snoqualmie forest with views of the Cedar River watershed, Mt. Si, Mt. Washington, Rattlesnake Lake, and Chester Morse Lake. All supplies and provisions provided. Regular participation in "Flex-Fit Outdoors" is required to join. Limit 11.

Location: Van leaves Hiawatha CC at 10 am, returns at 6 pm
8/21 Fri 10 am-6 pm

INVEST IN YOURSELF

FREE!
Ages 13-19

Check out real opportunities to earn tuition dollars, seek scholarship funds and raise your value to potential universities. Invest in yourself! Please send emails to John.Hasslinger@Seattle.gov to schedule an appointment.

Location: Hiawatha CC

SUMMER SERVICE LEARNING

FREE!
Ages 14-19

Earn service learning hours and gain skills that will prepare you for work and university life. Make an impact! Please send emails to John.Hasslinger@Seattle.gov to sign up.

Location: Hiawatha CC

ATHLETICS

PRE-K SPORTS

Ages 2-5

Your little stars will learn the basics of basketball, soccer, t-ball, track, and more in a fun and safe environment! This program is designed to build coordination and self-esteem in your child. Please sign up quickly, as space is limited. Parents are required to participate in the class.

Instructor: Mr. Hop

4/8-4/29	Wed	10:15-11:15 am	\$35
5/6-5/27	Wed	10:15-11:15 am	\$35
6/3-6/24	Wed	10:15-11:15 am	\$35

QUICKSTART TENNIS LEAGUE

QuickStart Tennis League is designed as a FUN play based approach for beginner kids ages 7-10 years old. There are two divisions that use age appropriate courts and equipment that allow kids to learn a new sport while having a good time and being successful. Kids will learn fun drills and play fun games. Practices are Mondays and Wednesdays from 6-7 pm for 7-8 year olds and 7-8 pm for 9-10 year olds. Teams will also participate in matches against other centers beginning Wednesday, July 29th. Volunteers coaches wanted! For more information on QuickStart Tennis go to www.10andundertennis.com/parents (Note: this is a national site for informational purposes) All equipment is provided, and parent participation is highly encouraged.

Location: High Point Tennis Courts

AGES 7-8

6/22-8/12	T/Th	6-7 pm	\$35
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AGES 9-10

6/22-8/12	T/Th	7-8 pm	\$35
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TENNIS LESSONS

Beginning Tennis instruction. These programs will meet twice a week for 6 weeks. Please bring your own racquet to use in class.

Instructor: Jared Storz

Location: High Point Tennis Courts

AGES 7-8

6/22-7/30	T/Th	5-6 pm	\$120
8/4-8/27	T/Th	5-6 pm	\$80

AGES 9-12

6/22-7/30	T/Th	6-7 pm	\$120
8/4-8/27	T/Th	6-7 pm	\$80

FITNESS

YOGALATES

Ages 18 and older

Combine two terrific workouts into one, Yoga and Pilates! Yogalates works your abdominal and pelvic floor muscles which help to protect and strengthen the lower back, tone the belly, trim the waist, and assist with core stability. It is excellent for developing general tone and fitness in the body while also creating a sense of inner calm, relaxation and overall well-being. Beginners and intermediates are welcome. No class on 7/8.

Instructor: Barbara Rose-Leigh

4/8-4/29	Wed	6:30-7:30 pm	\$42
5/6-5/27	Wed	6:30-7:30 pm	\$42
6/3-6/24	Wed	6:30-7:30 pm	\$42
7/1-7/29	Wed	6:30-7:30 pm	\$42
8/5-8/26	Wed	6:30-7:30 pm	\$42

WOMEN'S ONLY ZUMBA W/CHILDCARE

Ages 8 and older

Zumba blends upbeat world rhythms with easy-to-follow choreography, for a total-body workout that feels like a celebration. Free for Girls 8-18. Free child care for ages 3-10. Please note: This class is highly subsidized, donations are welcome at the time of registration to keep the program affordable. No class on 4/5, 5/22, 5/24.

Instructor: Cindy House

4/3-4/24	Fri	5:30-6:30 pm	\$4
5/1-5/29	Fri	5:30-6:30 pm	\$4
6/5-6/26	Fri	5:30-6:30 pm	\$4
4/12-4/26	Sun	5:30-6:30 pm	\$4
5/3-5/31	Sun	5:30-6:30 pm	\$4
6/7-6-28	Sun	5:30-6:30 pm	\$4



↘ MARTIAL ARTS

WEST SEATTLE TAE KWON DO CLUB

Ages 18 and older

Learn Tae Kwon Do, a Korean martial art known primarily for its fast sparring techniques, dynamic forms, and strong kicks. Our club is focused on self-improvement in a non-competitive atmosphere that promotes unity, respect, and indomitable spirit. Improve physical abilities such as strength, speed, endurance, flexibility, and coordination; as well as mental attributes such as confidence, focus, self-control, and willpower. Taught by Darin Smith, 3rd dan black belt and certified personal trainer. No class on 5/25, 7/4.

Instructor: Darin Smith

4/6-5/2	M/Th	6:30-8 pm	
	Sat	10 am-Noon	\$35
5/4-5/30	M/Th	6:30-8 pm	
	Sat	10 am-Noon	\$32
6/1-6/27	M/Th	6:30-8 pm	
	Sat	10 am-Noon	\$35
6/29-8/1	M/Th	6:30-8 pm	
	Sat	10 am-Noon	\$44
8/3-8/29	M/Th	6:30-8 pm	
	Sat	10 am-Noon	\$35

↘ PERFORMING ARTS/DANCE

CREATIVE BALLET – NEW DANCER

Ages 2.5-4

These classes are designed for new dancers. Dancers are introduced to basic ballet steps, posture, and placement. Using a positive learning atmosphere, children are encouraged for their accomplishments as they begin their journey as dancers. Dancers should be ready to take class independently and this class is best suited for dancers over 2.5 years old.

Instructor: Anna Zemke

4/7-4/28	Tue	9:15-9:45 am	\$28
5/5-5/26	Tue	9:15-9:45 am	\$28
6/2-6/16	Tue	9:15-9:45 am	\$21

CREATIVE BALLET – RETURNING DANCER

Ages 3-4

Children continue to learn ballet vocabulary and add new ballet steps to their repertoire as they improve. Dancers should be ready to take class independently as parents are asked to remain outside.

Instructor: Anna Zemke

4/7-4/28	Tue	10:30-11 am	\$28
5/5-5/26	Tue	10:30-11 am	\$28
6/2-6/16	Tue	10:30-11 am	\$21

PRE DANCE

Age 2

Children will learn ballet, tap and creative movement basics in a fun, exciting class that engages their imagination. Class is taught by an experienced children's dance instructor, with movement and music geared especially for 2 year olds.

Instructor: Anna Zemke

4/7-4/28	Tue	11:45-12:15 pm	\$28
5/5-5/26	Tue	11:45-12:15 pm	\$28
6/2-6/16	Tue	11:45-12:15 pm	\$21

BALLET I

Ages 3-5

Children learn basic ballet skills and vocabulary in a creative, fun environment. This class has a classic "ballet class" structure and encourages children to both explore the artistry and discipline of Ballet, as well as utilize their imaginations and creativity throughout class. Children with dance experience (unless 5).

Instructor: Anna Zemke

4/7-4/28	Tue	9:50-10:25 am	\$32
5/5-5/26	Tue	9:50-10:25 am	\$32
6/2-6/16	Tue	9:50-10:25 am	\$24

BALLET II

Ages 3-5

For children that have already experienced at least 1 year of classic ballet, this class will give students an opportunity to expand upon their ballet vocabulary and technique. This class has a classic "ballet class" structure with creativity mixed in during the class. Children with dance experience.

Instructor: Anna Zemke

4/7-4/28	Tue	11:05-11:40 am	\$39
5/5-5/26	Tue	11:05-11:40 am	\$39
6/2-6/16	Tue	11:05-11:40 am	\$30

SCHOOL OF ROCK: LITTLE WING MUSIC

Ages 2-3

Little Wing is School of Rock's answer to early childhood music education and is all about enabling creativity and confidence. Music is that magical avenue into untapped ideas, images, and movement. Little Wing unearths that potential by letting little artists explore rhythm patterns, tonal processing, and other basic elements of music. Classes include real Rock n' Roll music and participants will play a variety of instruments during the class. Parents are encouraged to join their child for this class, but it is not required. An optional purchase of a Gig Bag of instruments and accessories is available for a one-time fee of \$25 and may be purchased via check or CC at the class. No class on 4/16.

Instructor: Daisy Deely

4/2-4/30	Thu	10-11 am	\$45
5/7-5/28	Thu	10-11 am	\$45
6/4-6/18	Thu	10-11 am	\$34

SCHOOL OF ROCK: LITTLE WING MUSIC

Ages 4-5

Little Wing is School of Rock's answer to early childhood music education and is all about enabling creativity and confidence. Music is that magical avenue into untapped ideas, images, and movement. Little Wing unearths that potential by letting little artists explore rhythm patterns, tonal processing, and other basic elements of music. Classes include real Rock n' Roll music and participants will play a variety of instruments during the class. An optional purchase of a Gig Bag of instruments and accessories is available for a one-time fee of \$25 and may be purchased via check or CC at the class. No class on 4/16.

Instructor: Daisy Deely

4/2-4/30	Thu	11 am-Noon	\$45
5/7-5/28	Thu	11 am-Noon	\$45
6/4-6/18	Thu	11 am-Noon	\$34

RHYTHM CLASS – BEGINNER 1

Ages 5 and up

Students learn to tap and do crazy things with plastic cups and more to produce great basic rhythmic sounds. Basic note values and "passing" cup feature in a group of 4 students.

Instructor: Nancy Carr

7/8-7/29	Wed	6-6:45 pm	\$50
8/5-8/26	Wed	6-6:45 pm	\$50



RHYTHM CLASS – BEGINNER 2

Ages 5 and up

Individuals who have had experience with basic Rhythms are a great fit for this class. Students will tap and do more complex rhythmic sounds. More variations on "passing" cup feature in a group of 4 students.

Instructor: Nancy Carr

7/9-7/29	Wed	7-7:45 pm	\$50
8/5-8/26	Wed	7-7:45 pm	\$50



PIANO INSTRUCTION

Ages 5 and up

Piano instruction for all ages, these lessons are one-on-one with a qualified instructor. Each lesson is 30 minutes long and has a fee of \$20. Class prices listed below depend on the number of lessons per month. No class on 4/11-4/16 (Spring Break), 5/23, 6/17, 6/18, 6/20, 6/24, 6/25, 6/27, 6/30, 7/1, 7/2 and 7/4.

Instructors: Darna Bedwell and Nancy Carr

	Tuesday	Wednesday	Thursday	Saturday
April	4/7-4/20 3:30-7 pm \$80 Instructor Darna	4/1-4/29 3-7:30 pm \$80 Instructor Nancy	4/2-4/30 4-7:30 pm \$80 Instructor Nancy	4/4-4/25 10 am-4:30 pm \$60 Instructor Nancy
May	5/5-5/26 3:30-7 pm \$80 Instructor Darna	5/6-5/27 3-7:30pm \$80 Instructor Nancy	5/7-5/28 4-7:30pm \$80 Instructor Nancy	5/2-5/30 10am-4:30pm \$80 Instructor Nancy
June	6/2-6/23 3:30-7 pm \$80 Instructor Darna	6/3-6/10 3-7:30pm \$40 Instructor Nancy	6/4-6/11 4-7:30pm \$40 Instructor Nancy	6/6-6/13 10am-4:30pm \$40 Instructor Nancy
July	7/7-7/28 3:30-7 pm \$80 Instructor Darna	7/8-7/29 2-5 pm \$80 Instructor Nancy	7/9-7/30 4-7 pm \$80 Instructor Nancy	7/11-7/25 10am-4:30pm \$60 Instructor Darna
August	8/4-8/25 3:30-7 pm \$80 Instructor Darna	8/5-8/26 2-5 pm \$80 Instructor Nancy	8/6-8/27 4-7 pm \$80 Instructor Nancy	8/1-8/29 10am-4:30pm \$100 Instructor Darna

TEEN PROGRAMS

All programs are on the schedule but may be subject to change due to staffing and participation levels. We are a drop in program. E-13's are required for participation and for any Field Trips. Teen program ages are 11-19 years old. For more information please call (206) 684-7422 and speak with Johnnie Williams or Laura Wilburn.

POPCORN & MOVIE

FREE!

This program is for kids who participate in one or more of our programs. The youth will be able to choose the Red Box movie and choices will be discussed in our Teen Talk sessions.

Spring Program Days: 4/9, 4/23, 5/7, 5/21, 6/4, 6/18

Summer Program Days: 7/2, 7/16, 7/30, 8/13, 8/27

Every other Thursday 5-8 pm

TEEN ADVISORY COUNCIL (HIGH POINT)

FREE!

Teen Activity Council- Our council gets together to discuss what programs the youth would like to see their community center engage in. Our council arranges and helps with events and event planning. Learn about civic engagement and how to strengthen our community through youth expression and discussions. We also discuss community service hours, projects, events, and availability. Youth earn community service hours for participation.

Spring Program Dates: 4/29, 5/27, 6/24

Summer Program Dates: 7/29, 8/26

Last Wed/month 5-6 pm

TEEN ART PROGRAM

FREE!

Youth will create different kinds of crafts. Some of the crafts include: jewelry making, crochet, duct-tape crafts, and seasonal crafts. This class will be offered every other Friday.

Spring Program Dates: 4/10, 4/24, 5/8, 5/22, 6/26

Every other Friday 5-7 pm

TEEN GRUB CLUB

FREE!

This class explores healthy eating and cooking habits. We cook from scratch. No mixes and or packaged sauces. Real whole foods are cooked and served by youth and for youth. Food is for participating youth. If you have recipe ideas or if you can cook please come out and share your ideas and thoughts.

Spring Program Dates: 4/7, 4/21, 5/5, 5/19, 6/2, 6/16

Summer Program Dates: 6/30, 7/14, 7/28, 8/11, 8/25

Every other Tuesday 4-6 pm

TEEN TALK

FREE!

This time is for Teens to get together socially and discuss their ideas and thoughts about all subjects. It gives them the time to identify community issues, youth issues, and personal issues in a safe and open environment. Presenters are welcome to speak to the youth as well. Information and discussion about education, health, law, justice, jobs, internships, resumes, lifestyles, these are some of the many topics for discussion. If you would like to join us, please speak with Laura Wilburn to set up a presentation day. (206)684-7422.

Spring Program Dates: 4/8, 5/6, 6/3

Summer Program Dates: 7/1, 8/12

Selected Wednesdays 4-5 pm

TEEN BAKING

FREE!

On those off Wednesdays the kids here like to bake some fun stuff. It started out with cookies but some of the kids are interested in baking other things. We bake everything from scratch. No cake mixes allowed in this place. The youth are experimenting with using whole food choices and healthy recipes.

Spring Program Dates: 4/1, 4/15, 4/29, 5/13, 5/27, 6/10, 6/24

Every other Wednesday 4-6 pm

COLLEGE PREPARATION

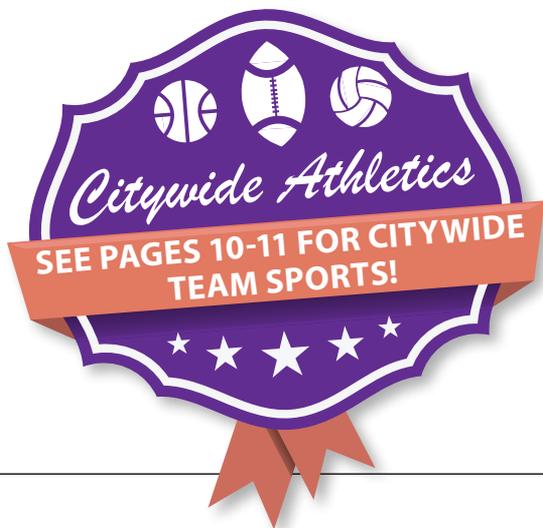
FREE!

College... need help with applications, scholarships, budgets, grades, financial aid? Are they oh so confusing? This program is for youth who are looking to further their educational goals. Learn what colleges are looking for from youth, grades, and extracurricular activities. Learn how to apply for scholarships and financial Aid. How to realistically budget for books, tuitions, and fees to avoid the credit card trap.

Spring Program Dates: 4/22, 5/20, 6/17

Summer Program Dates: 7/15, 8/12

Selected Wednesdays 4-5 pm



FUN AND GAMES

FREE!

These afternoons are for those games you don't get to play that often, games like Monopoly (life size version), Charades, Dominos, Boggle and all kinds of card games. The card game "13" has become the popular favorite of our teens so come learn how to play or challenge others to interactive games. Xbox tournaments FIFA 15 and Madden 15.

Spring Program Dates: 4/2, 4/16, 4/30, 5/14, 5/28, 6/11, 6/25

Every other Thursday 4-6 pm

TEEN TACO THURSDAYS

FREE!

This program will go along with our fun and games day. Tacos, nachos, salads... its light and its healthy.

Spring Program Dates: 4/2, 4/16, 4/30, 5/14, 5/28, 6/11, 6/25

Every other Thursday 4-6 pm

FIRST FRIDAY-TEEN CHOICE

FREE!

Teen Choice... this day is decided by the TAC. It can be a field trip, a treat, a game, or movie...it's all up to the teen participants. Let your voice be heard at our TAC meetings.

Spring Program Dates: 4/3, 5/1, 6/5

First Fri/month 4-7 pm

ICE CREAM SOCIALS

FREE!

Everybody knows that everything tastes better with ice cream. Youth make and serve ice cream to their peers. This program is for participants in youth programs here at High Point. The youth that make and serve ice cream will receive community service hours.

Spring Program Dates: 4/17, 5/15, 6/19

Summer Program Dates: 7/17, 8/14

Third Fri/month 4-7 pm

YOUTH APPRECIATION WEEK

FREE!

APRIL 13-17

Youth Appreciation week is celebrated during Spring Break all across the city. Teen/Youth programs combine all week to encourage and celebrate youth experiences and participation in Parks programming.

Programs will be decided and posted on the Teen Board at the center.



EXPLORE THE WILD SIDE OF SEATTLE THROUGH YOUR ENVIRONMENTAL LEARNING CENTERS!

Many Seattle parks now have programs for adults and families focusing on the natural and cultural history of Puget Sound and your role in that history. Contact an environmental learning center to learn more about these unique programs.



SEATTLE PARKS AND RECREATION

DISCOVERY PARK

206-386-4236

3801 Discovery Park Blvd.

discover@seattle.gov

- » located 5 miles northwest of downtown Seattle
- » 8 miles of trails
- » ponds, saltwater beaches, forests, and meadows

CAMP LONG

206-684-7434

5200 35th Ave SW

camplong@seattle.gov

- » located in West Seattle
- » 68-acre forested park with hiking trails
- » climbing rock with instructors
- » rustic cabins for rent
- » wetlands loaded with frogs and salamanders
- » campfire programs

CARKEEK PARK

206-684-0877

950 NW Carkeek Park Road

carkeek.park@seattle.gov

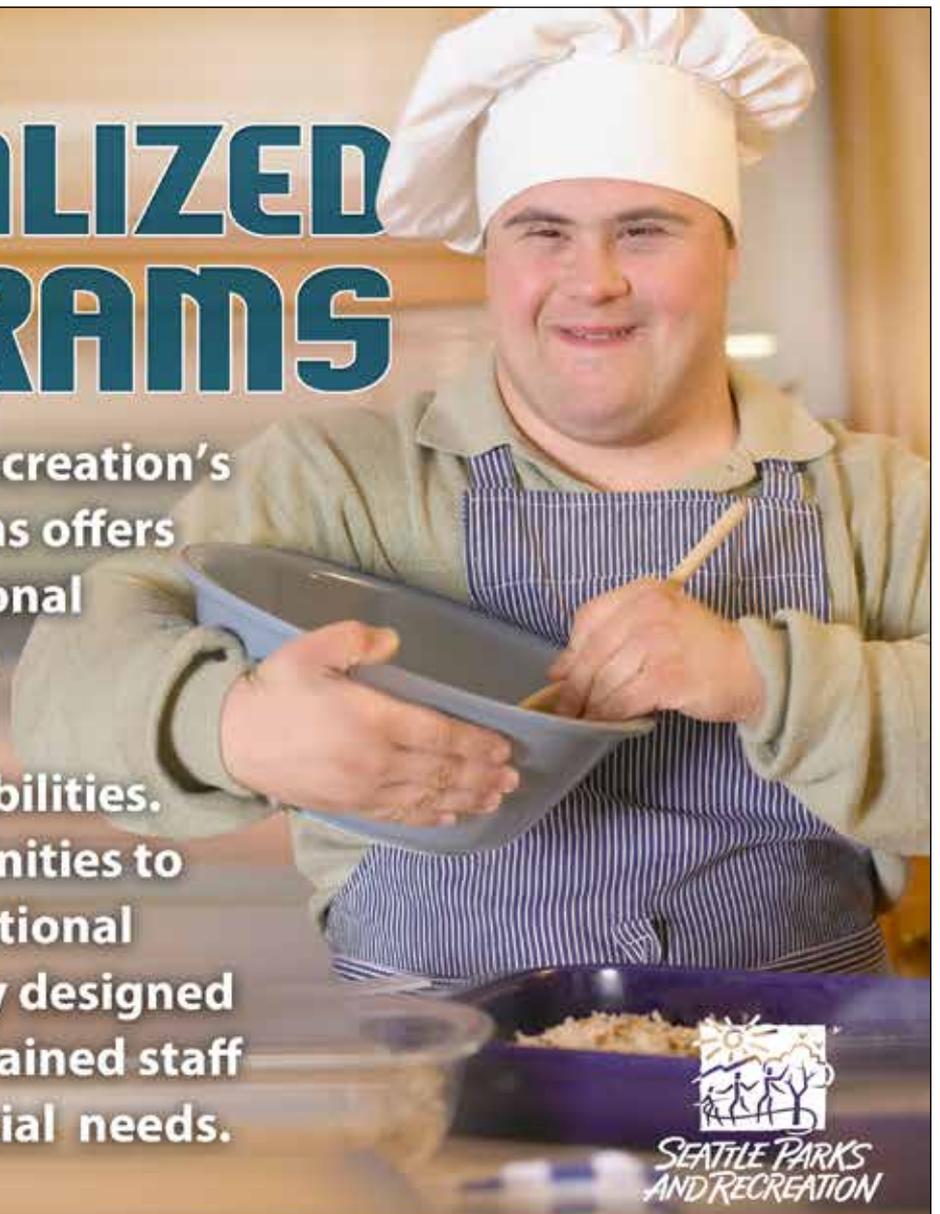
- » located in North Seattle
- » roam the trails
- » play at the playground
- » explore the historic Piper's Orchard



Learn about and sign up for programs on SPARC, an online registration service. Each park also has its own web page at www.seattle.gov/parks.
Click on the Environmental Learning link.

SPECIALIZED PROGRAMS

Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with special needs.



We provide recreation programs for all ages including cooking, fitness, social gatherings, drama, crafts, games, and after school activities. Also offered are weekend outings, special events, a variety of Special Olympics sports competitions, and both day and overnight summer camps. Our partner Seattle Adaptive Sports hosts a variety of wheelchair and adaptive sports programs.

View an on-line brochure by going to:
seattle.gov/parks (select the link to Specialized Programs under Popular Links) or contact our office at 206-684-4950.

↘ ATHLETICS

BUSY BEE SOCCER

Ages 4-5

Boys and girls will learn the fundamentals of soccer skills and drills in a fun and nurturing environment.

4/1-4/29	Wed	5:45-6:30 pm	\$25
5/7-5/28	Wed	5:45-6:30 pm	\$20
6/3-6/17	Wed	5:45-6:30 pm	\$15
8/5-8/19	Wed	5:45-6:30 pm	\$15

MARTIAL ARTS

Ages 7 and older

Come and learn the basics of Martial Arts in a fun safe environment. No class on 5/25.

Instructor: Tyron Asphy

4/2-4/30	M/Th	6:45-8:30 pm	\$36
5/4-5/28	M/Th	6:45-8:30 pm	\$28
6/1-6/29	M/Th	6:45-8:30 pm	\$36
7/2-7/30	M/Th	6:45-8:30 pm	\$36
8/3-8/31	M/Th	6:45-8:30 pm	\$36

SOCCER LEAGUE AT SOUTH PARK

Ages 5-6 / 6-7 / 8-9

Teams will be divided by ages 5-6, 6-7, 8-9, and 10-12. Registration packets are available at the Center and registration must be done in-person. Practices will be once a week for one hour. Games will be on Friday evenings. Practices and games are on are Wednesdays. Practices start on April 1. Games start on May 6. T-shirt included. Volunteer coaches needed.

4/1-6/3	Wed	5:30-6:30 pm	\$25	\$25,
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Activity Fee 2nd Child Discount \$20

T-BALL / COACH PITCH

CO-ED

Ages 5-7 / 7-9

T-Ball / Coach Pitch program features structured learning highlighted by one practice and one game per week. Over the course of the season, coaches and parents will engage in a series of lessons utilizing up to 40 activities that include skills, drills, and plenty of physical activity.

4/7-6/11	T-Th	6-8 pm	\$25, Activity
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Fee 2nd Child Discount \$20

↘ COOKING

COOKING IN SPANISH

Ages 16+

Here is a chance to learn cooking techniques from around the world. The instructor is a graduate of Le Cordon Bleu Culinary Academy and will teach the class in Spanish. English speakers are also welcome. If you sign up for more than one workshop you receive a discount.

CHINESE

3/10	Tue	6:30-8:30 pm	\$35/\$30
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FOODS OF THE PACIFIC NORTHWEST

4/8	Tue	6:30-8:30 pm	\$35/\$30
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INDIAN

5/13	Tue	6:30-8:30 pm	\$35/\$30
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LOCAL HARVEST WITH MARRA FARM

Ages 16 and older

Local Harvest with Marra Farm Community Kitchen brings people together to prepare food and share it. Everyone gets involved in the food preparation, cooking and cleaning, and then we all eat a meal together. In addition to leaving a community kitchen with a full belly, participants gain cooking skills, fresh ideas, nutrition awareness, and perhaps best of all, new friends. Space is limited to 12 participants, please reserve your spot by calling the front desk at 684-7451 or sign up online.

4/15	Wed	5:30-8 pm
5/20	Wed	5:30-8 pm
6/17	Wed	5:30-8 pm
7/15	Wed	5:30-8 pm
8/19	Wed	5:30-8 pm



➤ **PERFORMING ARTS**

CREATIVE DRAMATICS

Ages 5-8

Let's play some games!! Did you know that children learn better and more deeply when they are having fun in the process? In this non-competitive, process-oriented class the children will explore the building blocks of theatre allowing them to create a strong foundation. Students will be exposed to fun activities that enhance social skills, active listening and problem solving as well as developing their imaginations, self-confidence, and communication skills using dramatic play, creative movement, theatre games, story enactment, and beginning improvisation.

4/7-4/28	Tue	4-4:45 pm	\$25
5/5-5/26	Tue	4-4:45 pm	\$25

DRAMA WORKSHOP - CREATURE FEATURE

Ages 9-14

In this class students will be immersed in theatre games and exercises that will allow them to explore the creative process of developing an enchanted, fictional character. How would they move? How would they talk? What would they say? We will fine-tune this process as students decide on a single distinguishing physical characteristic that will give their creature that finishing touch. Students will learn and practice the fundamentals of theatre makeup to create a final "look" for their character. This class will stimulate the imagination, heighten team building and re-enforce positive social interactions as students collaborate to create their own performance piece. Showcase will be held on the last day of class.

4/7-5/19	Tue	5-6:30 pm	\$65
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CREATIVE DANCE

Ages 2-4

Boys and girls learn basic ballet skills in a creative, fun environment. Classes are designed for new dancers learning basic movements. Using a positive learning atmosphere, children are encouraged for their accomplishments as they begin their journey as dancers. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are OK.

Instructor: Emily Smith

4/6-4/27	Mon	5-5:45 pm	\$36
5/4-5/18	Mon	5-5:45 pm	\$27
6/1-6/15	Mon	5-5:45 pm	\$27
7/6-7/27	Mon	5-5:45 pm	\$36
8/3-8/24	Mon	5-5:45 pm	\$36



BALLET

Ages 4-8

Boys and girls will learn ballet in a fun, exciting class that engages their imagination. Class is taught by an experienced children's dance instructor, with movement geared especially for your child's age group. Feel free to wear any clothes that are comfortable for movement; ballet slippers or bare feet are OK.

Instructor: Emily Smith

4/6-4/27	Mon	6-6:45 pm	\$36
5/4-5/18	Mon	6-6:45 pm	\$27
6/1-6/15	Mon	6-6:45 pm	\$27
7/6-7/27	Mon	6-6:45 pm	\$36
8/3-8/24	Mon	6-6:45 pm	\$36

ACROBATICS AND CIRCUS ARTS CLASS

This beginning circus class will keep you moving! Instructors from the School of Acrobatic & New Circus Arts will teach tumbling, wire walking, juggling, trampoline, rolling globe, aerial arts, and acrobatics. Don't miss out on the fun and sign up now. *An additional \$5 annual insurance fee will be required prior to registration for all gymnastics, tumbling and cheerleading classes at Seattle Parks and Recreation facilities. This non-refundable fee covers a child's participation for one year from the date purchased. This fee is not available for online purchase at this time. Please contact your local recreation center to purchase this insurance if you are registering on-line.*

AGES 8-11

3/9-4/6	Mon	4-5 pm	\$25
4/20-5/18	Mon	4-5 pm	\$25

AGES 12-15

3/9-4/6	Mon	5:15-6:45 pm	\$25
4/20-5/18	Mon	5:15-6:45 pm	\$25



YOU CAN BE A
SUPER HERO
TOO!



AS PART OF OUR COMMITMENT TO WATER SAFETY, Seattle Parks and Recreation – in partnership with Seattle Children’s Hospital, Tulalip Tribes and the support of many caring individuals – is offering Learn to Swim Scholarships to offset the cost of swim lessons for youth ages 4 to 16.

HOW TO DONATE: To make a contribution to the Learn to Swim Scholarship Fund, visit any Seattle Parks and Recreation pool or donate online to <https://donatenow.networkforgood.org/learntoswim>. For more information, call your local pool or 206-684-7185. Be a hero and help every child become a super swimmer!

DO YOU KNOW A CHILD WHO NEEDS A SCHOLARSHIP?

For more information on applying or to receive a low-income scholarship application, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16) and Advanced Swimmer lessons (ages 6 to 16).



<https://donatenow.networkforgood.org/learntoswim>



➤ FITNESS

YOGA FOR REAL

Ages 15 and older

No matter your age, shape or size yoga can increase your energy, nourish your body and cultivate a lasting sense of calm. Class begins with a brief centering meditation. We continue on to a fun and fresh yoga practice for all levels. Ending with a small “yoga nap” which allows you to have a well rounded practice from the inside out. Come and explore the awesome power of YOU. Donations are gladly accepted to help subsidize this free class, buy new yoga equipment, and support other community special events.

FREE!

NEW

4/1-4/29	Wed	6:30-7:30 pm
5/6-5/27	Wed	6:30-7:30 pm
6/3-6/24	Wed	6:30-7:30 pm
7/1-7/29	Wed	6:30-7:30 pm
8/4-8/25	Wed	6:30-7:30 pm

YOUNG TO YANG STYLE TAI CHI

Ages 50+

In addition to our chair exercises, we will include breathing exercises (chi gong), chair and standing stretches, chair Tai Chi warm ups and memory exercises for dementia. Exercises are designed from Dr. Lam and Young Tai Chi styles and focus on whole body health, Four things to remember ... Breathing, Balance, Movement and Memory.

4/7-6/16	Tue	1-2:30 pm
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CHAIR EXERCISE

Ages 50+

Dr. Lam style Tai Chi for arthritis along with chair exercises both sitting and standing stretches, warm ups, and breathing exercises to keep your muscles loose and relax. Additional memory exercises for a sound body and mind. We work the whole body while having fun.

4/9-6/18	Thu	11-12:30 pm
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↘ VISUAL ARTS

MIX IT UP: LITTLE ARTIST! - PARENT/TOT

Ages 2-3 years

Come make art with us! We'll explore lines, shapes and colors through a variety of materials and art medium. We'll draw, paint, collage, sculpt, and print! Kids will be able to practice their fine motor skills while building critical thinking abilities. Bring your little ones for an artsy good time! Be sure to dress for the mess. Parent/caregiver should plan on attending this course with your little one.

Instructor: Lynn Chou

4/6-4/27	Mon	1:30-2:30 pm	\$85
5/4-5/18	Mon	1:30-2:30 pm	\$50
6/1-6/15	Mon	1:30-2:30 pm	\$50

MIX IT UP: LITTLE ARTIST! - TODDLER

Ages 4-5 years

Come make art with us! We'll explore lines, shapes and colors through a variety of materials and art medium. We'll draw, paint, collage, sculpt, and print! Kids will be able to practice their fine motor skills while building critical thinking abilities. Bring your little ones for an artsy good time! Be sure to dress for the mess!

Instructor: Lynn Chou

4/6-4/27	Mon	2:30-3:30 pm	\$85
5/4-5/18	Mon	2:30-3:30 pm	\$50
6/1-6/15	Mon	2:30-3:30 pm	\$50



↘ RECTECH LAB: TEENS

Be sure to register for the workshop before March 20th to reserve your spot. E13 is required to submit before joining RecTech program.

STEP PROGRAM INFORMATION

Contact Tony Hatten, 206-615-0981

GAME DESIGN

FREE!

Learn how to build 2D games from scratch using your own graphic art and resources. You will learn how to design levels and characters, basic but comprehensive programming using a game engine that will enable you to publish via web, mobile, and computers. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/23-5/18 Mon 4:30-6 pm

CREATIVE WRITING

FREE!

Writing a poem, reviews, documentary, column, speech, screen or stage play, short story, or even a novel? Join the Creative Writers workshop at the RecTech lab at South Park Community Center. All levels of writing skills is accepted as you will learn to expand your creativity or learn how to tap into your creative mind. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/26-5/21 Thu 11 am-12:30 pm

STORY BOOK MAKERS WORKSHOP

FREE!

Ever dream of creating your own story book? Now heres your chance. At the RecTech lab at South Park Community Center you will learn the fundamentals of creating an illustrative story book. You will using your drawing skills to create illustrative pages, you will learn to plan your story and imaginative plot. (Creative Writing Workshop will go well with this workshop). Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/24-5/19 Tue 4:30-6:30 pm

ANIMATION

FREE!

Interested in learning how to make your own cartoon? In this super fun workshop you will produce your very own cartoon short to post on the web. You will learn the fundamentals of animation. Join now for this free and fun workshop to kick start your journey to become a great cartoonist. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/26-5/21 Thu 4:30-6 pm

↘ RECTECH LAB: ADULTS

RESUME, READY!

FREE!

Attention all job seekers! Need assistance in resume help, job search, and interviews preparation? The RecTech Lab at the South Park Community Center can help you prepare for the job of your interests. You will be assisted with email set up, resume writing, interview tactics, to job searching and contacts. Workshops will be held Mondays 11 am to 12:30 pm. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info.

3/23-5/18 Mon 11 am-12:30 pm

INTRO TO PC

FREE!

Ever say to yourself (or someone else), "I will never touch a computer," "I am too scared to touch a computer," "I am too old, or it's too late for me to learn how to use a computer," or "My daughter/son/friend/spouse will look that up on the computer for me," then this workshop is for you. Intro to Personal Computer is a fun and easy going workshop to learn all there is to know about basic computers. Workshops will be held Tuesdays & Thursdays from 11:30 AM to 1 PM. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info. Be sure to register for the workshop before March 20th and reserve to spot.

3/24-5/21 T/Th 1:30 am-1 pm

PC CLUB MEETS

FREE!

Get together for a friendly and social group to discuss topics about how-to's and all-about computers. In this social group we will also work on fun projects from organizing your desktop computers, to graphic design and much much more. Join us for a fun chat social computer technology club to not only learn more about computers, but also meet others just like yourselves. PC Club meets every Wednesday from 11 am to 12:30 pm. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up.

3/25-5/20 Wed 11 am-12:30 pm



CREATIVE WRITING

FREE!

Writing a poem, reviews, documentary, column, speech, screen or stage play, short story, or even a novel? Join the Creative Writers workshop at the RecTech lab at South Park Community Center. All levels of writing skills is accepted as you will learn to expand your creativity or learn how to tap into your creative mind. Creative Writers workshop every Thursdays 1 pm to 3:30 pm. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up. Be sure to register for the workshop before March 20th to reserve your spot.

3/26-5/21 Thu 11 am-12:30 pm
3/26-5/21 Thu 12:30-2 pm

DIGITAL ART

FREE!

Find a new hobby (or embrace your known knowledge) with the Digital Art workshop. You will learn how to create artwork using using ground breaking software or you will improve your own technique. Digital Art workshop will run every Fridays from 11:30 am to 1 pm. Contact site lead Tony J. Hatten at 206-615-0981 or email me at tony.hatten@seattle.gov for more info and to sign up. Be sure to register for the workshop before March 20th to reserve your spot.

3/27-5/22 Fri 11:30 am-1 pm

ONE-ON-ONE

FREE!

Want to attend a specific workshop but can't make the time. No problem! One-on-one session is a private, one-on-one workshop to catch up on missed sessions of the season. To set up an appointment contact RecTech Site Lead at 206-615-0981 or email me at tony.hatten@seattle.gov. One-on-one sessions are FREE, but be sure to register and set up an appointment before March 20th.

CHAMP OF THE WEEK**FREE!****Ages 11-19**

Compete weekly, after school, in all kinds of challenges. Based on a point system of number of participants, winners will get a small prize. Each month there will be a small grand prize for the one with the most point's total.

3/31-6/12 T-F 3:30-4:30 pm
6/22-9/4 T-F 3:30-4:30 pm

GRUB CLUB**FREE!****Ages 11-19**

Are you hungry after school? Do you like to cook? Do you like to eat yummy food? If you answered yes to any of the previous questions, then this club is for YOU!! Learn how to cook delicious meals! The best part about this class is YOU GET TO EAT ALL THE FOOD YOU COOK!! Have a favorite recipe? Bring it with you and we will make it the following week!

4/2-6/11 Thu 3:30-5:30 pm
6/25-9/3 Thu 3:30-5:30 pm

THURSDAY SPORTS AND GRUB**FREE!****Ages 13-19**

Come try the food Grub Club made that day while participating in, and watching a sporting event.

4/2-6/11 Thu 5:45-7 pm
6/25-9/3 Thu 5:45-7 pm

REAL TALK GIRLS GROUP**FREE!****Ages 12-18**

LADIES!! Looking for a place to talk? Have questions about boys, relationships, friendships, school, your future, or life in general? Real Talk Girls group is the place for you. Feel free to sit in on conversations in an all-female / non-judgmental setting. Participants who attend the weekly discussion may attend the bi-weekly field trips. E-13 forms are required for participation and occasional field trips. No class on 4/22 and 6/3.

4/1-6/10 Wed 4:45-5:45 pm
6/24-9/2 Wed 2:30-3:30 pm

LEFTOVER TUESDAYS**FREE!****Ages 11-18**

Play board or card games while enjoying the weekend's leftovers.

3/31-6/9 Tue 4:30-6 pm
6/23-9/1 Tue 4:30-6 pm

MODEL BUILDING**FREE!****Ages 11-19**

Learn how to build models from picking one out to displaying them to all of your friends. E-13 Form required for all participants.

4/1-6/12 Wed 3:30-5 pm
6/24-9/2 Wed 3:30-5 pm

XBOX LEAGUES**FREE!****Ages 11-19**

Join a league, play your friends in a division, and go on to win the championship. Games will be sports related and you will be part of designing the details of the league.

4/1-6/10 Wed 5:30-7 pm
6/24-9/2 Wed 5:30-7 pm

BAKING**FREE!****Ages 11-19**

Learn how to make cookies, breads, and pastries; maybe even more. Come create a list of what you would like to try.

4/3-6/12 Fri 3-5 pm
6/26-9/4 Fri 3-5 pm

TRAVELIN' TUESDAYS**FREE!****Ages 11-19**

Every Tuesday is a new journey! We will be taking field trips to various beaches, community centers and teen life centers. Special field trips include but are not limited to; Wild Waves, Family Fun Center, Movies, and Game Works. Space is limited on all trips and are a first come first serve basis. Special trips are earned through participation/volunteering in special events and programs. Contact Stephanie Berry for more information! Current E-13 form is required for all participants.

6/23-9/1 Tue Times TBD

TEEN GARDENING**FREE!****Ages 11-19**

Get dirty, have fun, plant food to eat, and go on cool field trips to learn about gardening in Seattle. Seeds, gloves, and tools provided! Please dress according to the weather.

6/24-9/2 Wed 3:30-5:30 pm



SEATTLE PARKS AND RECREATION AQUATICS INFORMATION



© Doug Mahugh



© Doug Mahugh

Lessons "Seattle Swims"

Swim for fun,
fitness, and safety!
All ages swimming
instruction by
certified lifeguards
and trained
instructors.



Class Information

Online registration
using the SPARC
system. Go to:
<http://class.seattle.gov/parks>



© jay dotson photography

Personal Lessons

Quality
instruction
tailored to
fit individual
needs to achieve
your personal
swimming goals.



© Doug Mahugh

Fitness

Deep Water, Shallow Water, Masters, and other fitness opportunities available!



Recreation

Public Swim, Family Swim, Lap Pool and more!



Contact your local pool for more information!

BALLARD POOL

1471 NW 67th St • (206) 684-4094
seattle.gov/parks/aquatics/Ballardp.htm

EVANS POOL

7201 E Green Lake Drive N • (206) 684-4961
seattle.gov/parks/aquatics/Evanspool.htm

HELENE MADISON POOL

13401 Meridian Ave N • (206) 684-4979
seattle.gov/parks/aquatics/madisonpool.htm

MEADOWBROOK POOL

10515 35th Ave NE • (206) 684-4989
seattle.gov/parks/aquatics/meadowbrookpool.htm

MEDGAR EVERS POOL

500 23rd Ave • (206) 684-4766
seattle.gov/parks/aquatics/EVERSPool.htm

QUEEN ANNE POOL

1920 1st Ave W • (206) 386-4282
seattle.gov/parks/aquatics/queenannepool.htm

RAINIER BEACH POOL

8825 Rainier Ave S • (206) 386-1925
seattle.gov/parks/aquatics/rainierbeachpool.htm

SOUTHWEST POOL

2801 SW Thistle St • (206) 684-7440
seattle.gov/parks/aquatics/swpool.htm

Summer Only

COLMAN POOL

8603 Fauntleroy Way SW • (206) 684-7494
seattle.gov/parks/aquatics/colman.htm

LOWERY C. "POP" MOUNGER POOL

2535 32nd Ave W • (206) 684-4708
seattle.gov/parks/aquatics/mounger.htm

**Did You Know?
We have rental space!**

Great for your next get together, birthday party, family reunion, school field trip, and more! Convenient weekend times available.

Call to book your party today!

DAKOTA PLACE PARK

4304 SW DAKOTA, SEATTLE

- » **Capacity:** 140 seated inside, additional seating outside for 25 people
- » **Chairs:** 75
- » **Tables:** 7 Rectangular (2.5 x 6);
9 Round (40 inch diameter)
- » Separate and private restrooms for men and women.
- » **Amenities:** Refrigerator, A/V, Ice maker, kitchenette (no additional fee)

Tours: Saturday 8:30-10:30 am**Please call Hiawatha CC for Monday-Thursday rentals and event scheduling for Friday-Sunday.****RESERVATIONS AND CONFIRMATIONS**

Room, pool, hangar and gym rentals are available on a first-come, first-served basis. All reservations must be made in advance, particularly if staff is needed outside of operational hours. Rental spaces are not confirmed until payment has been received in full and the Facility and Rental Agreement forms are completed and signed. You will be given a copy of these forms.

RENTAL RATES WITH ALCOHOL AT COMMUNITY CENTERS

With advance approval, rental groups may serve alcohol when a community center is closed to the public. Groups are required to submit a letter requesting to serve alcohol at their event

Damage Deposit \$500 • Staff fee \$50 per hour +1 additional hour • \$75 City of Seattle Alcohol Permit Fee • Banquet Permit purchased from the Liquor Control Board \$15

Liability insurance ranges \$200-\$400 or may be covered by some caterers or by your home owner's insurance policy.

Other conditions outlined in Seattle Parks Alcohol Policy and Guidelines page. This will be provided to you at the time of your reservation.

REFUNDS

Staff at the facility will review the complete refund policy with you when your rental is booked. Refunds, minus non-refundable charges and penalty fees, will be granted if proper notification is given at least 14 days before the rental. Cancellations made less than 14 days will be assessed greater fees, with the condition that the space is rented to someone else. This statement does not include all elements of the refund policy. Please make sure you discuss this with the staff person booking your rental. Full text of the refund policy is available at www.seattle.gov/parks/reservations.

If you have any questions, please contact the staff at the facility where the rental will take place. Rental rates are subject to change. **Contact your community center for more information.**

HOURLY ROOM AND GYMNASIUM RENTAL FEES

NOTE: A non-refundable \$25 booking fee per site is required for ALL rentals in addition to the hourly rates. An additional charge is required for staff and the use of certain types of equipment, subject to availability at the facility.

ROOMS

- » \$35: Small Rooms (1-400 square feet), per hr
- » \$45: Medium Rooms (401-1,500 square feet), per hr
- » \$60: Large Rooms (1,500+ square feet), per hr
- » \$25: Small Kitchen (minimum of 2 hours), per hr
- » \$48: Large Kitchen (minimum of 2 hours), per hr
- » \$25: Staff fee (charged for rental hours + one hour). For all rentals on weekends or outside City operating hours a staff fee will be charged (staff fee increases 1½ times per hour on holidays). Number of staff will be determined based upon nature of event and anticipated attendance.
- » \$75: Additional fee for events with ALCOHOL (insurance also required)
- » \$250: Refundable rental and cleaning deposit (no alcohol), for rentals outside of normal operating hours
- » \$500: Refundable damage deposit for events with ALCOHOL
- » \$25-\$250: A non-refundable per hour maintenance fee may be charged and collected prior to the event as determined based upon event size and type.

COMMUNITY CENTERS/ROOMS AND CAPACITIES

SITE	SMALL	MED	LARGE	KITCHEN	GYM
Alki	40/45	75	150	large	
Delridge		(2)52	103	large	435
Hiawatha	(3)10		150	small	275
High Point	10/29	49	184	large	376
South Park	(2)49	85	134	large	376
Southwest TLC	15	50		large	438

WEST SEATTLE/SHELTERHOUSES AND CAPACITIES

SITE	LARGE
Alki Beach Bathhouse	100
Dakota Place Park Building 4304 SW Dakota, Seattle	212

REGISTER ONLINE!

READY – Please visit our web site at www.seattle.gov/parks and look for SPARC to see what classes and programs are available for registration.

SET – Contact us to obtain your barcode and PIN number. Take time to make sure all of your questions are answered.

GO – In order to make your online registration go as smoothly as possible, please set up an account 24 hours before the registration date at <http://www.seattle.gov/parks/> and click on the SPARC section.

Payment

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online at www.seattle.gov/parks click on the SPARC logo. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

Fees and charges

ARC—Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable.

City—Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

Refunds

Refunds: It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

-Anyone who registers for a class, camp, and special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.

-Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund, minus a service charge of \$5 or 10% of the class fee (whichever is greater).

-Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.

-A transfer from one class to another is permitted without cost if done on the same business day as the original registration, and is subject to space availability.

-No fee is charged for a transfer initiated by Seattle Parks and Recreation staff when done to correct an error in registration or allow for a better recreation opportunity.

For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16. The policy has changed but is not yet available at print time. Please check with your recreation center staff for details regarding the changes.

Pool Personal Lesson Refund/Transfer Policy

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

Group Lesson Refund Policy

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10% or \$5, whichever is greater

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Scholarships

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call (206) 615-0140 or TDD (206) 684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Special Populations

For information on programs for youth/adults with disabilities, please call the Special Populations Office at (206) 684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.htm.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

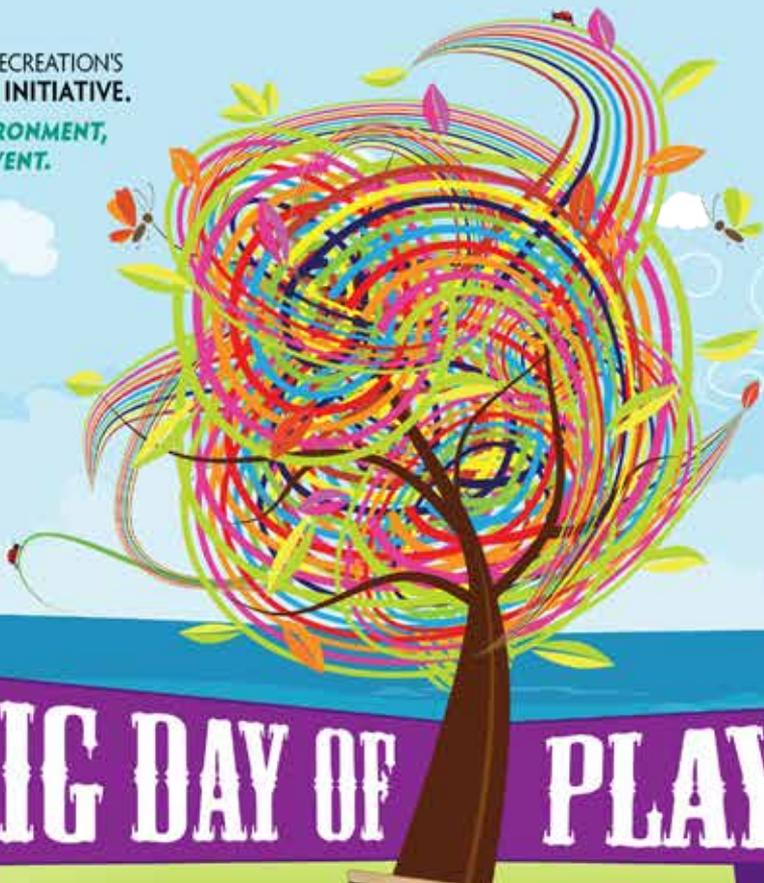
More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



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