

2009 Fall/Winter Skills Training



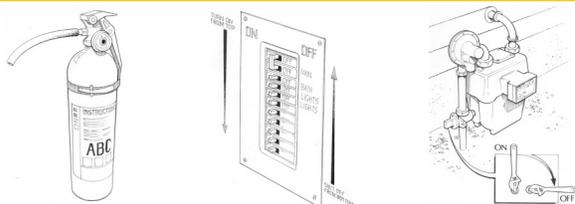
Seattle Office of Emergency Management

October 3:

Fire Extinguisher & Utility Control
9:00-11:00 a.m. or 12:00-2:00 p.m.

September 19 or November 21:
Disaster First Aid—8:30 a.m.-5:00 p.m.

September 12 or December 12:
Search & Rescue—8:30 a.m.-3:00 p.m.



**Pre-registration required
for all classes.**

Course Descriptions

Fire Extinguisher & Utility Control: Live fire training using small, portable fire extinguishers. Two-hour class also teaches participants how and when to control utilities such as natural gas, water and electricity.

Disaster First Aid: Eight-hour class includes standard First Aid/CPR certification valid for two years. Participants also learn how to care for and deal with multiple injuries after a major disaster when 9-1-1 is overwhelmed and unavailable.

Search and Rescue: Hands-on class provides instruction on safe, effective simple search and rescue methods. Learn basic rescuer safety, five stages of rescue, search methods and markings, basic construction practices, utility safety and control, safe lifting of heavy objects. Bring hard hat, leather gloves, flashlight. Wear comfortable clothing and sturdy shoes to practice on the floor.



- ◆ Enhance your ability to personally respond during disasters.
- ◆ Excellent training for organized community groups—neighbors, friends, co-workers.
- ◆ Learn essential life-saving skills.

**All classes are held on
Saturdays at this location:**

Warren G Magnuson Park
7400 Sand Point Way NE
(Building 406, the Brig)

Classes are free. Space is limited.

**To pre-register,
E-mail: snap@seattle.gov**



**Include your name, e-mail,
phone, course(s), and preferred
dates.**

Classes start promptly at the scheduled time. Late arrivals may forfeit their place to those on stand-by.